CONSORTIUM FOR A HEALTHIER MIAMI~DADE



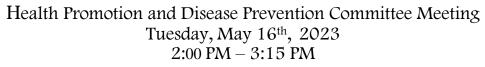
Health Promotion and Disease Prevention Committee Meeting Tuesday, May 16th, 2023 2:00 PM – 3:15 PM



TOPIC	DISCUSSION	ACTION
		NEEDED
Membership Total		
(37)	Aixa Ortiz, Larkin Community Hospital	
	Amber Graham, Miami-Dade County Public Schools	
	Beth Ruhmann, Baptist Health South Florida	
	Dennise Nicola, FL PACE Center	
	Dipak Joshi, Dental Clinique	
	Franchine Peters, Roxcy Bolton Rape Treatment Center	
	Indiana Lanzas, United Way Miami	
	Jair Espinoza, City of Miami	
	Jesus E. Medina, Galatea Bio and The Biobank of the Americas	
	Kathleen Azor Desables, Florida Department of Health	
	Kaydean Brown, YMCA South Florida	
	Kindra Johnson, Arts a L	
	Krystal Burkeybile, CLT Business Solutions, LLC	
	Lauren Quiros, My Psychiatrist	
	Louisenie Remy, Jackson Health Memorial	
	Lucy Pena, My Psychiatrist	
	Luis Ferrer, Florida Department of Health in Miami-Dade County	
	Lynne Kunins, Flipany	
	Mayra Garcia, Florida Department of Health in Miami-Dade County	
	Melissa Maytin, Florida Department of Health in Miami-Dade County	
	Michelle Fundora, Health Choice Network	
	Michelle Mejia, Baptist Health South Florida	
	Nicole Crooks, Catalyst Miami	
	Olatokunbo Osibogun, Florida International University	
	Omy Llaneras, Caring for Miami	
	Pearl James-Isler, Jessie Trice Community Health System	
	Ramon Pena, Dr. Brandt Foundation	



CONSORTIUM FOR A HEALTHIER MIAMI~DADE





	Rebeca Capogreco, WellMed Charitable Foundation	
	Sandra Echeverry, Florida Department of Health in Miami-Dade County	
	Saradjine Batrony, SB Pro Writing Services, LLC	
	Susan Holtzman, NAMI Miami-Dade	
	Tamia Medina, University of Miami	
	Tiffinie Bratcher, Aetna/CVS Health	
	Virginia Munoz, Florida Department of Health	
	Xavier Panchana, The American Healthy Weight Alliance	
	Yeny Jones, Larkin Community Hospital	
	Zuzer Calero, University of Miami	
Welcome and	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention	
Introductions	Committee meeting was brought to order by Catherine Wilhelm at 2:00 PM. New members had an	
	opportunity to introduce themselves.	
Approval of	There was a motion to approve the April 2023 Health Promotion and Disease Prevention minutes	
Minutes	by Mayra Garcia; the motion was seconded by Susan Holtzman.	
Executive Board	The Executive Board had a Member Spotlight from Common Threads, a nonprofit with the	
Update	philosophy that food is medicine. They shared the work they're doing and the relationships	
-	they're building with Miami-Dade County Public schools and the education they're providing	
	to families on how to cook in a healthier way.	
Member Spotlight	Caring for Miami by Omy Llaneras, Food Programs Director. Caring for Miami's mission is	
	to bring basic and critical resources to families and underserved communities in Miami-Dade	
	County. Their focus is access to dental care and food security, and they do this through three of	
	their programs. One of them is their Mobile Dental Unit that goes across Miami-Dade County,	
	Monday through Friday, seeing patients that do not have dental insurance. They also partner	
	with Baptist Miami Cancer Institute and see their cancer patients. Many individuals do not	
	know that before you get a treatment of cancer radiation, you must see the dentist and bills are	
	very expensive. Their other program is the Backpack Program. These are weekend meals.	
	They partnered this school year with eighteen Title One schools in Miami-Dade County and	
	were feeding 400 children. They hope to have 500 children for the new school year. Their	
	newest project is the Mobile Market Unit with a launch date of October 15th. Miami-Dade	

CONSORTIUM FOR A HEALTHIER MIAMI~DADE



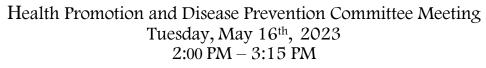
Health Promotion and Disease Prevention Committee Meeting Tuesday, May 16th, 2023 2:00 PM – 3:15 PM



	Transit donated a few months back, a 40-foot metro bus. It's being retrofitted to be a grocery store on wheels. They would like to go to at least 36 communities in Miami-Dade County providing free produce and fresh fruit. They will have nutritional classes, counseling, recipe cards, and anything else clients may need. It'll be on the bus free of charge, from groceries to little things that they may need that maybe they cannot afford. They would like to partner with any organization that wants to provide their services. If you would like to partner with Caring for Miami, contact Omy Llaneras at: omy@caringformiami.org.	
W7 - 11-11 - 12		
Workplan	By September 30, 2024, the committee will work to host an annual health fair for the	
Discussion	 community. Members were updated on previous health fairs hosted by the committee and the Consortium. This year's health fair, Bounty of Health, will take place in the fall as a drive-thru food distribution. More information will be made available once a date and location have been decided. 	
	 By September 30, 2024, the committee will work to identify health needs to share at the HPDP 	
	health resource fair.	
	 Members had the opportunity to sign-up to participate in the next Bounty of Health event. Once more details are available, they will be contacted with the details and confirm participation. 	
Partner Updates	 COVID-19 and Health Equity Grant Food Pantry Initiative update by Xavier Panchana: 	
Tariner Opuaies	 There are currently three food pantries: YMCA in the Village of Allapattah, Las Marianitas Sisters in Opa Locka, and inside Iglesia Rescate in Hialeah. The current food pantries are receiving donations from different supermarkets in the area. They are looking for a fourth location for a food pantry in Homestead. If anyone knows of a location or would like to partner, contact Leyanee Perez at: <u>lp7777@msn.com</u>. NAMI offers education and programs for the community around mental health. They have a helpline if you are experiencing a mental health challenge or someone in your family. If you 	
	need to get information, you can call their warm line at 305-665-2540 (9am-5pm). They also offer support groups online for people living with mental illness. There are peer-to-peer groups where people can talk to each other about their challenges and their experiences. They also have family support groups, so people who have family members who are living with mental health conditions can talk to each other and get support. They also have a program called	

Consortium For A Healthier Miami-Dade

CONSORTIUM FOR A HEALTHIER MIAMI~DADE





	Family to Family. Their program Ending the Silence goes to youth organizations and schools and talk to them about understanding mental illness and recognizing the signs of what is, and what is not mental illness. They always have a young person who shares their own experience	
	to help people find resources and encourage people to talk and to reduce stigma. They also have a Suicide Awareness and Prevention Program with presenters that will come to your	
	organization and present on recognizing signs of mental illness and potential signs of suicidal thoughts. All their programing is free of charge.	
	NAMI's Walk the Walk for Awareness is on Saturday, May 20th, 2023, at the Home Deport	
	Park, Marlins Stadium at 8 AM. They are expecting approximately 2,000 people. More information can be found at: <u>NAMIWalks</u> . If you have any questions, contact Susan Holtzman at: <u>susan.holtzman@namimiami.org</u> .	
	 Arts a L is nonprofit group that provides after-school program dance education. They also do the dance education mixed with nutrition to help kids stay active and living and leading 	
	healthy lifestyles. This Saturday they are doing their dance showcase, which is going to be at Ludovici Park Amphitheatre. All their after-school programs will present everything that	
	 they've done over the course of their school year. Roxy Bolton Rape Treatment Center offers a 24/7 crisis, sexual assault helpline where the 	
	victim can call any time. They also offer free services to sexual assault victims. They also have support groups and are available to do any presentations on sexual assault prevention. For more information contact Louisenie Remy at: Louisenie.remy@jhsmiami.org.	
	 CLT Business Solutions offers a free Health Equity Training as well as a Cultural Competency Training. For more information contact Krystal Burkeybile, at: <u>admin@cltbsolutions.com</u>. 	
	The FL PACE Center, Medicaid funded program, provides resources for the elderly at home	
	 for more information contact Denise Nicola at: <u>DNicola@miamijewishhealth.org</u>. FLIPANY offers community education and access to healthy meals for kids contact Lynne Kunins for more information at: <u>Lkunins@flipany.org</u> or <u>meals@flipany.org</u>. 	
Adjournment	 The next meeting will take place on Tuesday, June 20th, 2023. The meeting was adjourned at 2:45 PM. 	