



Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, November 3, 2022
 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (8)	1. Kim Sandmaier - Gallagher 2. Franchine Peters- Roxcy Bolton Rape Treatment Center (RTC) 3. Amanda Nicole – Opioid South Florida 4. Kelly March- Fellowship RCO 5. Wendy Stephan- Poison Control 6. Nikki Chuck - Florida Department of Health in Miami-Dade 7. Daria Sims - Florida Department of Health in Miami-Dade 8. Islamiyat Adebisi - Florida Department of Health in Miami-Dade	
Welcome and Introductions	The meeting was called to order by Islamiyat Adebisi at 9:39am. Committee members and guests introduced themselves.	
Minutes	Members reviewed the meeting minutes for September 1, 2022. Nikki Chuck made a motion to approve the minutes. Franchine Peters seconded the motion.	

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Executive Board Updates	<p>Islamiyat Adebisi updated the committee members of the following:</p> <ul style="list-style-type: none"> • Executive Board last met on Monday, September 12th, 2022. The October meeting was cancelled due to Hurricane Ian storm efforts. The Board will meet on Monday, November 14th, 2022. • The Mental Health Virtual Summit was hosted on Friday, September 16th, 2022. We had a total of 62 participants present on the day of the summit. There were 83 views on the recordings. This is a total of 145 people reached through the summit. • More updates will be shared on the food pantry initiative and the Homestead site in the future. The Board at the September meeting reviewed the “Food Pantry Donation” flyer that is being created to share at the local supermarkets part of the National Supermarket Association Board partnership with the food pantry initiative. This partnership is to establish a route of donations that is going to go to the different food pantries and potentially share with other organizations to support their food pantries too. • We wanted to share a friendly reminder the Consortium elections will be coming up in November. We will first host nominations for one week. Then, will follow-up and confirm the nominees they would like to be part of elections and to also share a bio with us to include in the survey. The following week we will host elections. This will be held online via a Survey Monkey link. Please stay tuned for more details via email. 	
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Topics Selected by Chair	<ul style="list-style-type: none"> During the meeting, the Committee liaison and chair briefly shared articles and posts are needed for the Worksite Wellness Newsletter & social media. Members were reminded about the shared responsibility for article/social media post submission. <ul style="list-style-type: none"> If anyone is interested in submitting an article or post they can contact Daria Sims at daria.sims@flhealth.gov. Due by the 15th of the prior month. Worksite Wellness Committee Updates <ul style="list-style-type: none"> Elections will take place this November. Nominations are going to be via Survey Monkey link. Additional information will be shared regarding the roles and responsibilities at a later date. Winner announced in December 2022. More information to come. The chair and vice chair term will last 2 years; Beginning January 2023. 	
Performance Measures in Need of improvement	<p>Committee members discussed strategies on completing the incomplete workplan activities:</p> <ul style="list-style-type: none"> Members provided updates for subcommittee groups <ul style="list-style-type: none"> Health Equity Committee STD/Communicable Diseases/Emergent Threats Committee Access to Care Committee Chronic Disease Committee Maternal Child Health Committee 	

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	<ul style="list-style-type: none"> ○ Injury, Safety, and Violence Committee ● Health Equity Committee <p>Kim Sandmaier provided updates for Health Equity Committee</p> <ul style="list-style-type: none"> ○ Identify and Create a Strategy to Support a Community Garden Activity <ul style="list-style-type: none"> ▪ City of Miami Gardens ○ Educate workforce on access to healthier foods and shared use paths. <ul style="list-style-type: none"> ▪ US Food Systems Pathway ▪ Healthy Food Environment (CDC Resources) ○ Applying nutrition standards in childcare facilities, schools, hospitals, and worksites. ○ Providing incentives for supermarkets or farmers' markets to establish their businesses in underserved areas. ○ Having nutrition information and caloric content on restaurant and fast-food menus. ○ Other- <ul style="list-style-type: none"> ▪ Findhelp.org Search and connect to support. Find financial assistance, food pantries, medical care, and other free or reduced-cost help in your area, anywhere in the US. Find by zip code. ▪ Freefood.org The listed free food resources in Miami such as food pantries, food banks, soup kitchens, etc. ▪ 211.org 211 connects you to expert, caring help. 	
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	<ul style="list-style-type: none"> • Consortium Membership Directory <ul style="list-style-type: none"> ○ Register or update contact information 	
Partner Updates	<ul style="list-style-type: none"> • Member Spotlight- Islamiyat Adebisi • Franchine Peters- If you are looking for a speaker or free resources from the Roxcy Bolton Rape Treatment Center please reach out. Please contact Franchine Peters: franchine.peters@jhs-miami.org • Natouchka Murray- Link to learn more about the Journey to Wellness Rx Prescription https://www.healthymiamidade.org/journey-to-wellness-rx/ or contact Natouchka Murray for additional questions at Natouchka.Murray@flhealth.gov • Nikki Chuck- <i>Great American Smoke Out</i> event will be held on November 17, 2022. If you need any educational materials, they are available via email or U.S mail. Please contact Nikki Chuck: nikki.chuck@flhealth.gov 	
Next Meeting	<ul style="list-style-type: none"> • The committee rescheduled the presentation with Amanda Nicol, <i>Project Opioid South Florida and the Employee Supportive Workplace</i>. for January 5th, 2023 • Updates for WWC Chair and Vice chair nominations 	
Adjournment	Islamiyat Adebisi adjourned the meeting at 10:04am.	