



Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, July 7, 2022  
 9:30 a.m. to 11:00 a.m.

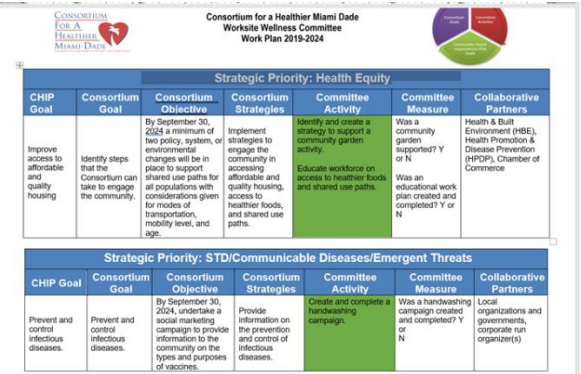


TOPIC	DISCUSSION	ACTION NEEDED
Members Present (15)	1. Jeannie Cidel - Aetna 2. Sara Botrony - SB Pro Writing Services 3. Jair Espinoza - City of Miami, Risk Management Dept. 4. Rosa Novo - Miami Dade County Public Schools 5. Sharrice Lane - City of Hollywood, Benefits Analyst 6. Kim Sandmaier - Aetna 7. Micheal Parker - OrthoNow 8. Fatima Samana - City of Hollywood 9. Amber Graham - Miami Dade County Public Schools 10. Stacey Bazile - SB PRO Writing Services 11. Franchine Peters - Roxcy Bolton Rape Treatment Center 12. Nikki Chuck - Florida Department of Health in Miami-Dade 13. Witson Faustin - Florida Department of Health in Miami-Dade 14. Daria Sims - Florida Department of Health in Miami-Dade 15. Islamiyat Adebisi - Florida Department of Health in Miami-Dade	
Welcome and Introductions	The meeting was called to order by Jeannie Cidel at 9:30am. Committee members and guests introduced themselves.	
Minutes	Members reviewed the meeting minutes for May 5, 2022. Jeannie Cidel made a motion to approve the minutes. Daria Sims seconded the motion.	

Consortium for a Healthier Miami-Dade  
Worksite Wellness Committee  
Meeting Minutes  
Thursday, July 7, 2022  
9:30 a.m. to 11:00 a.m.

Executive Board Updates	<p>Jeannie Cidel updated the committee members of the following:</p> <ul style="list-style-type: none"> <li>• The Executive Board continues to strategize ways to educate the community on COVID-19 vaccine, booster shots, and testing sites.</li> <li>• The Executive Board met on Monday, June 13th, 2022, and reviewed the draft breakout room with speaker list for the Mental Health Virtual Summit that will be hosted on Friday, September 16th, 2022, from 9 a.m. to 12:45 p.m. Registration is now open. Please visit here to register. (Link) <a href="#">Meeting Registration - Zoom</a></li> </ul>	
Topics Selected by Chair	<ul style="list-style-type: none"> <li>• During the meeting, the Committee liaison and chair briefly shared articles and posts are needed for the Worksite Wellness Newsletter &amp; social media. Members were reminded about the shared responsibility for article/social media post submission. <ul style="list-style-type: none"> <li>○ If anyone is interested in submitting an article or post they can contact Daria Sims at <a href="mailto:daria.sims@flhealth.gov">daria.sims@flhealth.gov</a>.</li> <li>○ Due by the 15<sup>th</sup> of the prior month.</li> </ul> </li> <li>• Worksite Wellness Committee Updates <ul style="list-style-type: none"> <li>○ Based on the committee vote, members were informed the meeting frequency will now be bimonthly.</li> </ul> </li> </ul>	

Consortium for a Healthier Miami-Dade  
Worksite Wellness Committee  
Meeting Minutes  
Thursday, July 7, 2022  
9:30 a.m. to 11:00 a.m.

	<ul style="list-style-type: none"> <li>○ The committee was informed Chair Nathan Burandt stepped down from his position. Elections are slated to be held in November 2022 for a new committee Chair and Vice Chairs for the Consortium. Additional information will be shared regarding the roles and responsibilities at a later date.</li> <li>○ The member spotlight template was shared with the committee. Members were asked to complete and send to the committee liaison. Each meeting, a member will be spotlighted to learn more about them and their worksite.</li> </ul>	
Performance Measures in Need of improvement	<p>Committee members discussed strategies on completing the incomplete workplan activities:</p> <ul style="list-style-type: none"> <li>• The committee selected high priority committee activity to complete for each strategic priority area. (See images below)</li> </ul> 	

Consortium for a Healthier Miami-Dade  
Worksite Wellness Committee  
Meeting Minutes  
Thursday, July 7, 2022  
9:30 a.m. to 11:00 a.m.

Strategic Priority: Access to Care						
CHIP Goal	Consortium Goal	Consortium Objective	Consortium Strategies	Committee Activity	Committee Measure	Collaborative Partners
Improve access to community services that promote improvement in social and mental health, opioid treatment and early linkage to address cognitive disorders.	Identify ways to increase awareness and local services that treat and serve mental health, opioid abuse and cognitive disorders in a culturally appropriate manner.	By September 30, 2024, identify the number of trained mental health providers in Miami-Dade County for both adults and children.	Implement partnerships that will facilitate policy, systems, and environmental changes in a way that supports improvement with social, mental health, and opioid abuse.	Partner with EAP and insurance companies to support improvements in social, mental health, and opioid abuse.  Identify best practices and programs on social, mental health, and opioid abuse and it's relationship to workplaces.	# of partners identified  # of best practices identified	Florida International University (FIU) (Kognito), insurance agencies, Thriving Minds, Citrus, local mental health providers

Strategic Priority: Chronic Disease						
CHIP Goal	Consortium Goal	Consortium Objective	Consortium Strategies	Committee Activity	Committee Measure	Collaborative Partners
Increase the percentage of children and adults who are at a healthy weight.	Increase access to resources and information promoting the adoption of healthy lifestyles by Miami-Dade County residents.	By September 30, 2024, work with local stakeholders to identify three best practices that encourage connectivity to parks, public transportation systems, and walking paths.	Increase access to resources and information promoting the adoption of healthy lifestyles by Miami-Dade County residents.	Utilize social media campaigns to increase park use and healthy lifestyles.	# of social media posts	WWC, Marketing & Membership Committee (MMC), South FL Parks Foundation, Miami Dade Parks, Rec, and Open Spaces (MDPROS)

Strategic Priority: Maternal Child Health						
CHIP Goal	Consortium Goal	Consortium Objective	Consortium Strategies	Committee Activity	Committee Measure	Collaborative Partners
Generational and family support in maternal child health	Determine the Consortium for a Healthier Miami-Dade's role in providing familial and generational support.	By September 30, 2024 work to provide a minimum of two culturally competent educational materials to families including grandparents related to the benefits of breastfeeding, safe sleep practices, and other best practices that contribute to a reduction of infant mortality.	Determine the Consortium for a Healthier Miami-Dade's role in providing familial and generational support.	Partner with the Healthy Baby Taskforce and Children's Issues Committee to support the development of and implementation of worksite policies related to breastfeeding	Did the committee collaborate with the CI and HBT committees? Y or N	CI, HBT

Strategic Priority: Injury, Safety, and Violence						
CHIP Goal	Consortium Goal	Consortium Objective	Consortium Strategies	Committee Activity	Committee Measure	Collaborative Partners
Prevent and reduce illness, injury, and death related to environmental factors.	Support policy, systems, and environmental changes that prevent and reduce illness, injury, and death related to environmental factors.	By September 30, 2024, annually ensure that 90% of illness and outbreaks associated with a regulated facility have an environmental assessment or inspection done within 48 hours of the initial outbreak report.	Support policy, systems, and environmental changes that prevent and reduce illness, injury, and death related to environmental factors.	Host a presentation(s) on workplace safety.  Identify activities and goals based on these presentation(s).	# of Presentation(s)  # of activities	Miami Occupational Research Group, Occupational Safety and Health Administration (OSHA), NIAASH

Consortium for a Healthier Miami-Dade  
Worksite Wellness Committee  
Meeting Minutes  
Thursday, July 7, 2022  
9:30 a.m. to 11:00 a.m.

	<ul style="list-style-type: none"> <li>• The committee will create a subcommittee list for each high priority committee activity. Members will volunteer or sign-up for the strategic area they feel most comfortable supporting.</li> <li>• A template list will be created with the high priority workplan activities. <ul style="list-style-type: none"> <li>○ Document will be emailed to committee members to sign-up.</li> <li>○ The goal is to have at least 3 people in each group.</li> </ul> </li> </ul>	
Partner Updates	<ul style="list-style-type: none"> <li>• <b>Journey to Wellness Rx-</b> For more information, please visit <a href="https://www.healthymiamidade.org/journey-to-wellness-rx/">https://www.healthymiamidade.org/journey-to-wellness-rx/</a> or <b>Contact Natouchka Murray</b> - <a href="mailto:Natouchka.murray@flhealth.gov">Natouchka.murray@flhealth.gov</a></li> <li>• Are you a Faith-Based Organization? Do you work with Faith-Based Organizations? <b>The Florida Department of Health in Miami-Dade County, Office of Community Health and Planning</b> invites you to partner with us through our free program Faithful Families Thriving Communities. This nine-lesson curriculum program provides individuals, families, and the community with the skills to be able to eat more meals at home, move more in their everyday routine, and help their communities lead healthier lives. Communities of faith are important health advocates, particularly in communities affected by health disparities or lacking access to crucial resources. That's why we are seeking to partner with your organization! <b>For more information,</b></li> </ul>	

Consortium for a Healthier Miami-Dade  
Worksite Wellness Committee  
Meeting Minutes  
Thursday, July 7, 2022  
9:30 a.m. to 11:00 a.m.

	<p><b>contact: Witson Faustin at:</b> <a href="mailto:Witson.Faustin@flhealth.gov">Witson.Faustin@flhealth.gov</a> , 786-732-8863. Access promotional program resources: <a href="https://faithfulfamilies.com/tools-videos/tools/">https://faithfulfamilies.com/tools-videos/tools/</a> .</p> <ul style="list-style-type: none"> <li>• <b>Micheal Parker- OrthoNow-</b> Discussed the full resources and commitment level to the community they serve to help contain the overall cost while providing the highest quality care. Mr. Parker mentioned he can possibly invite Dr. Badia onsite to discuss the occupational and individual healthcare needs and help facilitate a health fair to include a full scope of programs designed to promote health and wellness Shared <b>contact number 972-757-6854.</b></li> </ul>	
Next Meeting	<ul style="list-style-type: none"> <li>• The committee will continue to brainstorm workplan timeline for incomplete activities. <ul style="list-style-type: none"> <li>▪ Assign WWC members to activities.</li> <li>▪ Distribute task(s).</li> <li>▪ Create timeline.</li> </ul> </li> </ul>	
Adjournment	Jeannie Cidel adjourned the meeting at 10:32am.	