



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting

Tuesday, June 21st, 2022

2:00 PM – 3:15 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (31)	<p><u>Chair:</u> Leyanee Perez, American Healthy Weight Alliance</p> <p><u>Co-Chair:</u> Teri Arvesu, Community Member</p> <p>Amber Graham, Miami-Dade County Public Schools</p> <p>Beth Ruhmann, Baptist Health South Florida</p> <p>Carl Alonso, Epilepsy Alliance Florida</p> <p>Catherine M. Wilhelm, Baptist Health South Florida</p> <p>Clara Garcia, United Way Miami</p> <p>Franchine Peters, Roxcy Bolton Rape Treatment Center</p> <p>Gloria Orlandi-Kass, Alzheimer's Association</p> <p>Jessica Alfonso, UF/IFAS Extension</p> <p>Jessica Mulroy, Florida Department of Health</p> <p>Jose Gonzalez, Century Risk Advisor</p> <p>Kamal Kanahan, Florida Department of Health in Miami-Dade County</p> <p>Kathleen Azores, Florida Department of Health in Miami-Dade County</p> <p>Keith Gibson, Alzheimer's Association</p> <p>Krystal Burkeybile, CLT Business Solutions, LLC.</p> <p>Laurie Varona, Florida Department of Health in Miami-Dade County</p> <p>Luis Ferrer, Florida Department of Health Magda Campoamor, WellMed</p> <p>Marie-Carmelle Lindley, Arts A L</p> <p>Martine Charles, Alliance for Aging</p> <p>Mayra Garcia, Florida Department of Health in Miami-Dade County</p> <p>Melissa Maytin, Florida Department of Health in Miami-Dade County</p> <p>Natouchka Murray, Florida Department of Health in Miami-Dade County</p> <p>Raquel Ofir, Seek the Beauty</p> <p>Sandra Echeverry-Varona, Florida Department of Health in Miami-Dade County</p> <p>Saradjine Batrony, SB Pro Writing Services, LLC</p> <p>Susan Holtzman, Office of the Mayor, Miami-Dade County</p> <p>Tiffinie Bratcher, Urban Health Partnerships</p>	

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	Wendy Blair Stephan, Florida Poison Information Center Yarisleivy Silva, Miami-Dade AHEC	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm.	
Approval of Minutes	There was a motion to approve the May 2022 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Clara Garcia.	
Executive Board Update	<ul style="list-style-type: none"> ▪ The Executive Board continues to discuss the Consortium's Mental Health Summit. The event will take place on Friday, September 16th, 2022, and the Save the Date has been sent out. ▪ The Board also discussed Covid-19 rates. Last week, the county was at a level red. The chair of the committee encouraged members to continue using safety precautions. ▪ The CDC Covid-19 Health Equity grant has 28 contracted providers as of last week. That means 28 different organizations are doing an amazing job in our community to better the health of our community. 	
Presentation	<ul style="list-style-type: none"> ▪ Presentation: <i>2022 Alzheimer's Disease Facts and Figures Report</i> by Keith E. Gibson, Director for Diversity, Equity, and Inclusion, Alzheimer's Association. The presentation focused on the Alzheimer's Association 2022 Facts and Figures Report, highlighting the findings from the general and special report. 	
Workplan Discussion	<p>By September 30, 2024, the committee will work to identify evidence-based practices and share with the community.</p> <ul style="list-style-type: none"> ▪ The Food Pantry Initiative continues to make great progress. A food pantry was opened in YMCA Center in the Village of Allapattah. The initiative to open two more food pantries is available. If your organization is interested in partnering to open a food pantry in your location, reach out to Leyanee Perez. ▪ The chair of the committee is creating a Food Resource Guide and will share with the committee later. <p>By September 30, 2024, the committee will work to encourage increased physical activity through messaging.</p> <ul style="list-style-type: none"> ▪ Committee members had the opportunity to sign-up for a month and topic of their choosing. Committee members will be responsible for submitting an article or social media message related to physical activity. Submissions should be sent to 	

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	<p>Melissa.Maytin@flhealth.gov. The Consortium's social media handles are:</p> <ul style="list-style-type: none"> ▪ Twitter - @MakeHealthyHppn ▪ Instagram - @ConsortiumMiamiDade ▪ Facebook- @MakeHealthyHppn ▪ Facebook- @ConsortiumMiamiDade 	
Partner Updates	<ul style="list-style-type: none"> ▪ UF IFAS Ext. Program offer series-based nutrition education classes. They now have classes available in Haitian Creole. ▪ Seek the Beauty is a private chef and catering company that respects ingredients and aims to reduce waste. When food is left over from events, all the ingredients are cooked into meals and distributed to houseless people. Sometimes those ingredients get donated to other partners like Buddy System MIA. The company will work with anyone or take anything that would otherwise get thrown out and turn it into a free nutritious meal. If any organization is hosting an event or is interested in partnering contact: raquelofir@gmail.com or seekthebeauty305@gmail.com. ▪ José González, an employee benefits consultant at Century Risk Advisors has consulted for 23 years on mitigating risks when it comes to employee benefits and healthcare claims. He shared information about a company who is providing video mental health services for employers and employees. He will have recommended the Consortium to this company. ▪ The Journey to Wellness Rx is a non-pharmaceutical prescription that encourages physical activity and healthy living to help with weight and chronic disease management. Established in 2016 by the Florida Department of Health in Miami-Dade, Office of Community Health & Planning, the prescriptions are designed for use with the public; providers can administer a prescription to any client who is receiving a direct service. For additional information, visit: https://www.healthymiamidade.org/journey-to-wellness-rx/. To request a free supply of prescription pads, visit: https://www.healthymiamidade.org/journey-to-wellness-rx-green-prescription-request-form/. 	
Adjournment	<ul style="list-style-type: none"> ▪ The next meeting will be held on Tuesday, July 19th, 2022, virtually. The meeting was adjourned at 3:15 PM. 	