



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting

Tuesday, July 19th, 2022

2:00 PM – 3:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (29)	<p><u>Chair:</u> Leyanee Perez, American Healthy Weight Alliance</p> <p><u>Co-Chair:</u> Teri Arvesu, Community Member</p> <p>Allyssa Gonzalez, YMCA South Florida</p> <p>Amber Graham, Miami-Dade County Public Schools</p> <p>Beth Ruhmann, Baptist Health South Florida</p> <p>Carl Alonso, Epilepsy Alliance Florida</p> <p>Carmen Teixeira, Alliance for Aging</p> <p>Catherine M. Wilhelm, Baptist Health South Florida</p> <p>Edeline Mondestin, Florida Department of Health in Miami-Dade County</p> <p>Franchine Peters, Roxcy Bolton Rape Treatment Center</p> <p>Gloria Orlandi-Kass, Alzheimer's Association</p> <p>Ibamnha De la Cruz, Alliance for Aging</p> <p>Jair Espinoza, City of Miami</p> <p>Jeanette Colwell, Gang Alternative</p> <p>Jessica Mulroy, Florida Department of Health in Miami-Dade County</p> <p>Kamal Kanahan, Florida Department of Health in Miami-Dade County</p> <p>Kathleen Azor, Florida Department of Health in Miami-Dade County</p> <p>Krystal Burkeybile, CLT Business Solutions, LLC.</p> <p>Luis Ferrer, Florida Department of Health in Miami-Dade County</p> <p>Luz Moncada, Florida Department of Health in Miami-Dade County</p> <p>Marie-Carmelle Lindley, Arts A L</p> <p>Mayra Garcia, Florida Department of Health in Miami-Dade County</p> <p>Melissa Maytin, Florida Department of Health in Miami-Dade County</p> <p>Natouchka Murray, Florida Department of Health in Miami-Dade County</p> <p>Sandra Echeverry-Varona, Florida Department of Health in Miami-Dade County</p> <p>Saradjine Batrony, SB Pro Writing Services, LLC</p> <p>Susan Holtzman, Office of the Mayor, Miami-Dade County</p> <p>Virginia Munoz, Florida Department of Health in Miami-Dade County</p>	

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	Yarislevy Silva, Miami-Dade AHEC	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm.	
Approval of Minutes	There was a motion to approve the June 2022 Health Promotion and Disease Prevention minutes by Amber Graham; the motion was seconded by Ibamnha De la Cruz.	
Executive Board Update	<ul style="list-style-type: none"> ▪ The Executive Board continues to discuss the Consortium's Mental Health Summit. The event will take place on Friday, September 16th, 2022, and the Save the Date has been sent out. ▪ The Board also discussed Covid-19 rates. There was an update on the number of hospitalizations which increased 4% from the week before. The death rates have increased 12% from the week before. Meningitis and Monkeypox are also a concern. 	
Workplan Discussion	<ul style="list-style-type: none"> ▪ The committee will not be meeting in September to support the Mental Health Summit. ▪ By September 30, 2024, the committee will work to encourage increased physical activity through messaging. <ul style="list-style-type: none"> ○ Committee members had the opportunity to sign-up for a month and topic of their choosing. Committee members will be responsible for submitting an article or social media message related to physical activity. Submissions should be sent to Melissa.Maytin@flhealth.gov. The Consortium's social media handles are: <ul style="list-style-type: none"> ▪ Twitter - @MakeHealthyHppn ▪ Instagram - @ConsortiumMiamiDade ▪ Facebook- @MakeHealthyHppn ▪ Facebook- @ConsortiumMiamiDade ▪ By September 30, 2024, the committee will work to host an annual health fair for the community. <ul style="list-style-type: none"> ○ Bounty of Health Summer Bash on Saturday, August 27th, 2022, at Miami-Homestead Speedway. Vendor registration: https://www.surveymonkey.com/r/JLH6VGv ▪ By September 30, 2024, the committee will work to partner with local law enforcement departments to learn about antiviolence initiatives. <ul style="list-style-type: none"> ○ Committee members Susan Holtzman and Ibamnha de la Cruz will reach out to their contacts in the MDPD and Broward Sheriff's Office to request a presentation and more 	

	<p>information on anti-violence initiatives.</p> <ul style="list-style-type: none"> By September 30, 2024, the committee will work to identify evidence-based practices and share with the community. <ul style="list-style-type: none"> The chair of the committee is currently working on a food resource toolkit. Through the Food Pantry initiative one food pantry has been opened in YMCA Allapattah. A second food pantry will be opening in October in Opa Locka. The food pantry will be located inside a convent, more information to follow. Other food pantries in the areas of Hialeah and Homestead are currently being discussed. 	
Partner Updates	<ul style="list-style-type: none"> The Journey to Wellness Rx is a non-pharmaceutical prescription that encourages physical activity and healthy living to help with weight and chronic disease management. Established in 2016 by the Florida Department of Health in Miami-Dade, Office of Community Health & Planning, the prescriptions are designed for use with the public; providers can administer a prescription to any client who is receiving a direct service. For additional information, visit: https://www.healthymiamidade.org/journey-to-wellness-rx/. To request a free supply of prescription pads, visit: https://www.healthymiamidade.org/journey-to-wellness-rx-green-prescription-request-form/. The Florida Department of Health in Miami-Dade County, Office of Community Health and Planning invites you to partner with us through our free program Faithful Families Thriving Communities. This nine-lesson curriculum program provides individuals, families, and the community with the skills to be able to eat more meals at home, move more in their everyday routine, and help their communities lead healthier lives. Communities of faith are important health advocates, particularly in communities affected by health disparities or lacking access to crucial resources. That's why we are seeking to partner with your organization! For more information, contact: Natouchka.Murray@flhealth.gov. Access promotional program resources online: https://faithfulfamilies.com/tools-videos/tools/. Gang Alternative's substance use/misuse prevention program looks at different opportunities and identify different issues within the community. Their main focus is making sure that children don't get access to substance use/misuse alcohol and such. Right now they are working with an a contracted epidemiologist. They have identified different nonprofit organizations & for-profit organizations that have data and has allowed them to combine this data from local communities to identify what the issues are. Right now for substance 	

use/misuse data is found at the state level or you can sometimes get it at the county level, but what is missed is the community level identification. It's really great because they are going to be able to see that community data and it will allow them to see what are some of the confounding factors that that really impacts substance abuse and misuse among youth. They really want to do prevention. If anyone is interested in either supplying them with additional data, contact Jeanette Collwell.

- Alliance for Aging's Veteran Program helps disabled war veterans live more independent lives through caregiving services. They also teach a class called Savvy Caregiver that helps empower caretakers of people with dementia. The goal of the Alliance is Aging in Place.
- Miami-Dade County, Office of the Mayor, has been working with the Dementia Care Initiative. They have been trying to get training for police officers for dementia training. They are partnering with the University of Miami and Jewish Health Services to create an online training program for police officers to improve interactions with people with dementia.
- Miami-Dade County is in the process of developing the budget for the next year. There is actually a vote today on the Mayor's proposed tax rate reduction. Then, they are going to be having budget workshops where they go out to various locations in the county or people can log on to zoom and hear what is in the budget for next year and how that was developed. A lot of that obviously has impact on the work we do on this committee and the other committees because it's funding for programs and funding for parks and fundings for transportation, etcetera. They want to encourage civic interaction. The people that you're interacting with, if they can log in, pay attention, get a better understanding of how things happen within their county. A lot of times people feel that they don't have a voice, but this is an opportunity to learn the budget process and also to be able to express their feelings and opinions on what's being funded and what isn't.
- Miami-Dade County is also working on Elder Abuse and Vulnerable adults workgroup with the State Attorneys Office. September is Suicide Prevention Awareness Month. So the County is partnering with the Doctor Brant Foundation on a Suicide Prevention Awareness Campaign that's going to be pretty broad. The federal government's Suicide Prevention Line, the 988 helpline launched this weekend. So now instead of calling the various suicide help hotlines that there were people can just call 988. That's answered locally to our 211 number Jewish Community services and they have had funding from the federal government to ramp up their

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	<p>services to be able to answer those calls. The county has connected with them very closely because they anticipate that there will hopefully be increased calls. Not because people are in trouble, but because people know where to call now. Also, the 911 line and Fire Rescue Emergency Response lines are on alert for a potential increase in suicide prevention calls.</p> <ul style="list-style-type: none"> ▪ The Alzheimer's Association has the 24 hour helpline 800-272-3900. It could be for family caregivers, professional caregivers, even law enforcement or first responders. You know, they can call anytime. They have information and referrals, but we have also care consultations. This service is free. Visit www.alc.org for more information on services. They also have a Brain Bus in which they provide information. ▪ For more information on Monkeypox or Meningitidis, visit: https://www.cdc.gov/poxvirus/monkeypox/index.html & https://www.cdc.gov/meningococcal/index.html ▪ If you are interested in learning more about Epilepsy Alliance Florida's Services, contact Carl Alonso at: calonso@epilepsyfl.org. 	
Adjournment	<ul style="list-style-type: none"> ▪ The next meeting will be held on Tuesday, August 16th, 2022, virtually. The meeting was adjourned at 3:05 PM. 	