



Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, May 5, 2022
 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (11)	1. Nathan Burandt - FIU 2. Franchine Peters - Jackson Memorial Hospital 3. Jeanette Martin - BankUnited, N.A. 4. Wendy Stephan - Florida Poison Information Center-Miami 5. Joel Palau- ChenMed Healthcare 6. Jose Gonzalez- Century Risk Advisors 7. Joshua Huddleston- On The Go Wellness Chiropractic 8. Nikki Chuck - Florida Department of Health in Miami-Dade 9. Witson Faustin - Florida Department of Health in Miami-Dade 10. Daria Sims - Florida Department of Health in Miami-Dade 11. Islamiyat Adebisi - Florida Department of Health in Miami-Dade	
Welcome and Introductions	The meeting was called to order by Nathan Burandt at 9:30am. Committee members and guests introduced themselves.	
Minutes	Members reviewed the meeting minutes for March 3, 2022. Nathan Burandt made a motion to approve the minutes. Islamiyat Adebisi seconded the motion.	

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<p>Executive Board Updates</p>	<p>Nathan Burandt updated the committee members of the following:</p> <ul style="list-style-type: none"> • The Executive Board continues to strategize ways to educate the community on COVID-19 vaccine and booster shots. • The Executive Board had a Q2 Business Review presentation by Mrs. Weller. The presentation included updates on the status of each of the Consortium's committee work plan objectives which represent the committee activities. Other updates were shared on the Consortium Performance Measures, the Sustainability Plan, and the CDC COVID-19 and Health Equity Grant. The work plan and Consortium performance measure updates were included for the reporting period October 1 – December 31, 2021. • The Board continues to discuss the planning stages of the virtual mental health forum. The Worksite Wellness breakout topic was shared from the last committee meeting. The Board decided they would like to host a half-day 4-hour event based on the committee feedback received. An event date is currently being selected for the Fall and at the April Board meeting a review of the draft agenda will be shared. 	
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Topics Selected by Chair	<p>During the meeting, the Committee liaison briefly shared articles and posts are needed for the Worksite Wellness Newsletter & social media.</p> <ul style="list-style-type: none"> Members were reminded this is shared responsibility for article/post submission. If anyone is interested in submitting an article or post they can contact Daria Simms at daria.sims@flhealth.gov. Topic Examples: Workplace injuries, Active shooter, Red Cross & CPR 	
Performance Measures in Need of improvement	<p>Committee members discussed strategies on completing the incomplete workplan activities:</p> <ul style="list-style-type: none"> The committee discussed setting deadlines to complete workplan activities that are in progress that have not yet been completed. The committee reviewed the Survey Monkey workplan survey results and discussed choosing 3-5 high priority workplan activities to complete for the year 2022. <ul style="list-style-type: none"> The committee agreed to narrow down the activities to 2-3 high priority workplan activities after reviewing and discussing Survey Monkey results and WWC workplan (Please see image below). The committee will revamp the Survey Monkey poll to include other workplan activities suggested by the committee members. The committee will then choose 1 workplan activity to complete first. 	<p>Workplan Suggestions</p> <p><u>Wendy Stephan</u></p> <ul style="list-style-type: none"> As I mentioned, I would like to see injury prevention, specifically overdose prevention, prioritized given that it's the leading cause of injury death among working age adults but remains off many employers' radar -- until they lose an employee. Overdose prevention Workplace wellness is a great way to reach men, so we should consider that as we choose goals for workplace wellness activities.

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Strategic Priority: Chronic Disease						
CHIP Goal	Consortium Goal	Consortium Objective	Consortium Strategies	Committee Activity	Committee Measure	Collaborative Partners
Increase access to resources that promote healthy behaviors including access to transportation, healthy food options and smoke and nicotine free environments.	Increase adoption and implementation of policy, systems, and environmental changes in creating healthy communities.	By September 30, 2024, expand opportunities to purchase healthy food for users of WIC and SNAP through the implementation of ten policy, systems, or environmental changes.	Support the adoption and implementation of policy, systems, or environmental changes in creating healthy communities.	Complete and implement WW toolkit. Partner with organizations that have existing policies and work to guide them in identifying best practices.	Was the WW toolkit completed? Y or N # of organization collaborations.	Local worksite wellness offices, WWC
Increase the percentage of children and adults who are at a healthy weight.	Increase access to resources and information promoting the adoption of healthy lifestyles by Miami-Dade County residents.	By September 30, 2024, work with local stakeholders to identify three best practices that encourage connectivity to parks, public transportation systems, and walking paths.	Increase access to resources and information promoting the adoption of healthy lifestyles by Miami-Dade County residents.	Utilize social media campaigns to increase park use and healthy lifestyles.	# of social media posts	WWC, Marketing & Membership Committee (MMC), South FL Parks Foundation, Miami Dade Parks, Rec, and Open Spaces (MDPROS)
Injury, Safety, and Violence						
CHIP Goal	Consortium Goal	Consortium Objective	Consortium Strategies	Committee Activity	Committee Measure	Collaborative Partners
Prevent and reduce illness, injury, and death related to environmental factors.	Support policy, systems, and environmental changes that prevent and reduce illness, injury, and death related to environmental factors.	By September 30, 2024, annually ensure that 90% of illness and outbreaks associated with a regulated facility have an environmental assessment or inspection done within 48 hours of the initial outbreak report.	Support policy, systems, and environmental changes that prevent and reduce illness, injury, and death related to environmental factors.	Host a presentation on workplace safety from a local office. Identify activities and goals based on these presentations.	# of presentations # of activities	Miami Occupational Research Group, Occupational Safety and Health Administration (OSHA), NIAASH
Build and revitalize communities so that people have access to safer and healthier neighborhoods	Identify and support strategies encouraging community residents access to safer and healthier neighborhoods.	By September 30, 2024, assist in identifying at least three best practices that can be utilized at the local level to educate the community on the importance of the built environment and its linkage to health status.	Identify and support strategies that encourage community residents access to safer and healthier neighborhoods.	Organize a corporate event to engage organizations to create safer and healthier neighborhoods.	Was a corporate event held? Y or N	United Way, Consortium committees
Minimize loss	Minimize loss of life, illness, and injury	By September 30, 2024, increase the number of	Minimize loss of life, illness, and	Host a forum for speakers on CPR,	Was a forum held? Y or N	American Red Cross, local law

Franchine Peters

- The last item will be a great area for us to address sexual violence prevention as well.

Joel Palau

- What if we did something like two overall focuses - safe communities and healthy families and within those two choose very specific initiatives that target each of the areas and set goals within those two categories based on what's realistic for this group to accomplish

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Partner Updates	<ul style="list-style-type: none"> ▪ Franchine Peters – Roxcy Bolton Rape Treatment Center (RTC) can provide presentations on sexual assault, sexual harassment, dealing with trauma, and healthy boundaries. If you are interested in having us provide a presentation to your team, please email franchine.peters@jhsmiami.org. ▪ Nikki Chuck- Tobacco Free Florida Week is May 8-14, 2022. The theme this year is Mental Health equals Mental Wealth: Overcoming the Influences of Tobacco on the Mind. If you are interested in receiving materials via email, please email nikki.chuck@flhealth.gov. 	
Next Meeting	<ul style="list-style-type: none"> • The committee will continue to brainstorm workplan timeline for incomplete activities. <ul style="list-style-type: none"> ▪ WWC will chose the #1 activity to complete first. ▪ Create a timeline for activity. ▪ Assign WWC members to activities. 	
Adjournment	Nathan Burandt adjourned the meeting at 11:00am.	