



**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**
Meeting Minutes
Tuesday, April 26, 2022
Microsoft Teams



TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 2. Cindy Brown, JCS/Lambda Living 3. Rebecca Capogreco, WellMed Charitable Foundation 4. Erica Carroll, StudentsCare 5. Aleyda Chavez, Senior Helpers 6. Rob Collins, HOPE, Inc. 7. Masi Faroqui, Friends of The Underline 8. Witson Faustin, Florida Department of Health in Miami-Dade County 9. Mayra Garcia, Florida Department of Health in Miami-Dade County 10. Susan O. Holtzman, Older Adult and Special Needs Advocate, Miami-Dade County Office of the Mayor – <i>Vice-Chair</i> 11. Sydney Hughes, Senior Proof Inc. 12. Ludovica Martella, Miami-Dade County – <i>Guest</i>* 13. Chavone Miller, Jewish Community Services (present w/Cindy Brown) 14. Laurie Varona, Florida Department of Health in Miami-Dade County 15. Alex Yarianian, Carenodes 16. Marjorie York, Community Action Agency (present via M. Aloni's phone) <p>*Presenter(s)</p>	
Welcome and Introductions	<p>Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:03 PM. The meeting was held virtually via Microsoft Teams due to the ongoing coronavirus (COVID-19) situation. Chair, Marjorie Aloni provided general meeting guidelines for attendees which were also placed in the meeting chat, and introduced Vice-Chair, Susan Holtzman. Attendee introductions were done during <i>Partner Updates</i>, and attendees were encouraged to put their contact information/organizational updates in the chat in the beginning of the meeting.</p>	
Review and Approval of Minutes	<p>The minutes from the last meeting on March 29, 2022, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Cindy B. and seconded by Susan H. The minutes were approved unanimously without corrections. Monthly meeting will continue to be held virtually until further notice.</p>	



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Previous Action Items(s)	<ul style="list-style-type: none"> Continue timeline development for work plan activities (ongoing). Discussed work plan activity under SP: Chronic Disease (p. 9): <ul style="list-style-type: none"> <i>By September 30, 2024, the Elder Issues Committee will develop an educational awareness campaign using (e.g. newsletter articles, social media postings, recorded workshops) for the community on healthy lifestyles and health promoting environments.</i> The <i>Educational Awareness Campaign for the Community/Older Adults for Healthy Lifestyles and Health Promoting Environments</i> document was previously shared via email with EIC members (1/28 & 2/17/22), as well as, discussed at past meetings. Members have been asked to volunteer to submit articles and social media messages in their subject matter areas of expertise to be published in future Consortium newsletter issues and social media postings. “Thanks” to members who have sent in content for Educational Awareness Campaign, such as Sydney Hughes, Senior Proof Inc. Members were reminded that submissions are <i>due by the 15th of month prior to publish month</i>; this was placed in chat along with email. Discussed work plan activity under SP: Communicable Diseases & Emergent Threats (p. 20): <ul style="list-style-type: none"> <i>By September 30, 2024, there will be a presentation on culturally competent care.</i> The following cultural competency resources were shared (see meeting agenda): <ul style="list-style-type: none"> Why Culturally and Linguistically Appropriate Services? (19:34 video) - U.S. Dept of Health & Human Services. This presentation was viewed at last month's meeting on 3/29/22 and the issue was discussed; on 3/31/22, the presentation and related resources were emailed to all EIC members. National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care can be used to help identify cultural competency of health and healthcare organizations (download PDF online). Home - Think Cultural Health (hhs.gov) Mission: <i>Advancing Health Equity at Every Point of Contact</i> 	<p>Action Items:</p> <ul style="list-style-type: none"> EIC members who are subject matter experts can submit their content for healthy aging via email to Committee liaison, Mayra Garcia, at Mayra.Garcia@FLHealth.gov. Content (newsletter articles and/or social media postings) are due by 15th of month prior to target publish month. EIC members are invited to review the cultural competency resources within their own organizations for further consideration and implementation.
Executive Board Update	<p>Vice-Chair, Susan H. provided the updates from Executive Board 04/11/22 meeting:</p> <ul style="list-style-type: none"> Health Equity community partner work updates included: <ul style="list-style-type: none"> La Bodega Community Food Pantry will have their grand opening celebration on Monday, May 2nd, 2022, at 11 a.m. at the Village of Allapattah YMCA. 	



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Legislative Report	Vice-Chair, Susan Holtzman, provided legislative updates. Her full legislative report was emailed to EIC members after the meeting on 4/27/2022. Also shared information on the screen and in the chat regarding COVID-19 vaccine/booster availability for the homebound, such as older adults in long-term care; to find the most updated information online visit the County government's webpage: https://www.miamidade.gov/global/initiatives/coronavirus/home.page . Homebound individuals 12 years of age or older can call 888-201-5490 or email vaccinations@ilshealth.com to schedule an appointment at home to be vaccinated or receive a booster dose.	
Presentation: <i>Extreme Heat and Its Repercussions- Climate and Heat Health for Older Adults</i>	Ludovica Martella, Program Coordinator, Miami-Dade County Climate Heat Health Task Force, gave a 15-minute presentation on Climate and Heat Health for Older Adults. The presentation covered extreme heat which is the leading weather-related killer in the United States, most of which is preventable. High risk groups include the elderly, young children, pregnant women and outdoor workers. Extreme heat conditions are increasing due to climate change and urban development (e.g., loss of tree canopy and vegetation, and increase in impermeable surfaces). Unique barriers for older adults include increased susceptibility to heat-related issues due to social isolation, and impaired ability to sense temperature change and notice when they are too hot. Symptoms to watch out for include heat stroke and heat exhaustion. If you suspect a heat-related illness, look for signs such as hot, red, dry or damp skin, a fast or weak pulse, headache, dizziness, nausea, or fainting. Immediately get to a cooler area, remove unneeded clothing, drink water and wet skin and/or hair. Remember, drink water, find shade, and rest! For more information on extreme heat please visit	Action Items: <ul style="list-style-type: none"> • Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjeealoni@gmail.com, susan.holtzman@miamidade.gov, & Mayra.Garcia@flhealth.gov. • Sign up for the resilience newsletter online: www.miamidade.gov/resilience.



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	<p>www.miamidade.gov/heat. In an emergency, contact 9-1-1. Prevention techniques for older adults include making sure they have air conditioning and fans to use during hot months. Hydration is another key element, so they need to have access to water at all times. One way to check for dehydration is to pull up the skin on the back of the hand for a few seconds; if it does not return to normal almost immediately, the person is dehydrated. Many thanks to Ludovica Martella for a very informative presentation on Heat health. With Ms. Martella's consent, the presentation was emailed to all EIC members after the meeting on 4/26/2022. Ludovica Martella's contact information was provided: ludovica.martella@miamidade.gov.</p>	
Performance Measures in Need of Improvement (Work Plan Review)	<p>Vice-Chair, Susan H. led discussion on the following in the EIC Work Plan 2019-24:</p> <ul style="list-style-type: none"> • Timeline development for work plan activities will continue. • Discussed work plan activity under SP: <i>Injury, Safety, and Violence</i> (p. 17): <ul style="list-style-type: none"> ○ <i>By September 30, 2024, the Elder Issues Committee will collaborate with partners to co-host an existing symposium.</i> (related to CHIP Goal 3: Minimize loss of life, illness, and injury from natural or man-made disasters.) • EIC could partner with the County's Heat Health Task Force to assist with the sharing of their 30-second PSA to be released May 29th, and also, to help host a heat awareness event and help get older adults to attend. Ms. Martella agreed that we could help disseminate the PSA to our members and community partner organizations serving older adults. She mentioned that as of right now the Task Force did not have plans for any specific event targeted towards older adults, but she would consider brainstorming and collaborating on an event even if it is targeted towards the general public, and older adults could attend an intergenerational event. 	<p>Action Item:</p> <p>Consider a follow-up meeting between the EIC Chair, Vice-Chair and Ludovica Martella to brainstorm and discuss EIC collaborating with Heat Health Task Force.</p>
Recognition of Improved Performance	<ul style="list-style-type: none"> • Cultural competency presentation & discussion at meeting on 3/29/2022 • 28 attendees at meeting in March 2022 	
Partner Updates	<ul style="list-style-type: none"> • Cindy Brown, Jewish Community Services of S. FL, Inc.-Lambda Living Program for LGBT Seniors, 305.403.6515, Cbrown@jcsfl.org; please share online virtual program website: https://jewishcommunityservicesofsouthflorida.wildapricot.org/. 	<p>Action Item:</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department



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	<ul style="list-style-type: none"> • Sydney Hughes, Founder & CEO, Senior Proof Inc., shughes@seniorproof.com, 833-3SENIOR. • Alex Yarjanian, CEO, Carenodes, alex@carenodes.com • Aleyda Chavez, Senior Helpers • Masi Faroqui, Manager of Community for the Underline, Masi.Faroqui@theunderline.org; The Underline is a new public park located in Brickell open since Feb. 2021; announced a community connection event on May 19th from 6:30 to 8:00PM, Speed Friending @ The Underline, RSVP here, please share with your contacts and connections. • Rob Collins, Esq., HOPE, Inc., We fight housing discrimination in Miami, Dade and Broward counties, rob@hopefhc.com, 305-651-4673. Hosting 2022 HOPE Fair Housing Month event: Taking on the Challenges, Thurs. April 28, 2022, 10-11:30AM on Zoom, register here. Join us for presentations on issues affecting the fight for fair housing! • Witson Faustin, Health Services Representative, Florida Dept. of Health in Miami-Dade, shared: <i>Faithful Families Thriving Communities</i>, a free nine-lesson curriculum program that provides individuals, families, and the community with the skills to eat more meals at home, move more every day, and help communities lead healthier lives; contact: Witson.Faustin@FLHealth.gov, 786-732-8863; access promotional program resources. • Laurie Varona, Senior Health Educator, laurie.Varona@flhealth.gov. • Silvia A. Lopez, Director, Social Services, Community Medical Group, 305-562-6906. • Marjorie E. Aloni, Tri County Senior Resource Referral Network, meets last Monday of every month; for info on locations call 305-766-2976 or email Marjeealoni@gmail.com. • Susan Holtzman, Older Adult and Special Needs Advocate, Miami-Dade County Office of Mayor Daniella Levine Cava, Susan.holtzman@miamidade.gov; shared that May is Mental Health Awareness and Older Americans month. • Rebeca Capogreco, Lead Supervisor, Senior Center Ops. WellMed Charitable Foundation, rkapogreco@wellmed.net. • Mayra Garcia, Florida Department of Health; shared COVID-19 vaccine info in chat. 	<p>of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: https://www.healthymiamidade.org/membership/.</p>
Adjournment	Chair, Marjorie A. adjourned the meeting at 3:02 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, May 31, 2022, 2:00-3:00 PM via Microsoft Teams.	