

Alzheimer's Disease & Related Dementias: Community Resource Guide (South Florida)

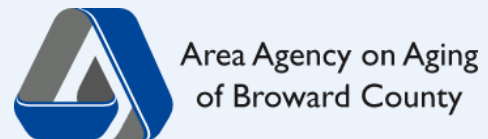
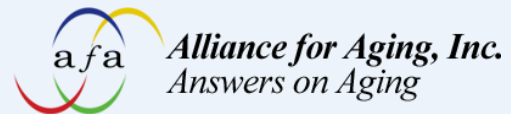
State & Local Resources:

Florida Memory Disorder Clinics (PDF):

- MIND Institute at Miami Jewish Health
 - 5200 NE 2nd Avenue, Miami, FL 33137
 - (305) 514-8652 or (305) 751-8626
 - <https://www.miamijewishhealth.org/health/mind-institute/>
- University of Miami
 - 1695 NW 9th Ave, Miami, FL 33136
 - (305) 355-9065
 - <https://umiamihealth.org/treatments-and-services/psychiatry/memory-disorders-clinic>
- Mt. Sinai Medical Center (Wien Center For Alzheimer's Disease & Memory Disorders):
 - 4302 Alton Rd, Ste. 360, Miami Beach, FL 33140
 - (305) 674-2543, x 54461
 - https://www.msmc.com/medical_care/memory-disorders-and-alzheimers-disease/
- Broward Health North
 - 201 E Sample Rd, Deerfield Beach, FL 33064
 - (954) 786-7392
 - <https://www.browardhealth.org/services/memory-loss>

Local Area Agency on Aging: The Department of Elder Affairs administers programs and services for elders across the state of Florida through 11 Area Agencies on Aging, which operate as Aging and Disability Resource Centers (ADRCs). The ADRCs provide information and assistance about state and federal benefits, as well as available local programs and services.

- Alliance for Aging (Miami-Dade & Monroe):
 - 760 N.W. 107th Ave., Ste. 214
Miami, FL 33172
Main: 305-670-6500
 - Elder Helpline: 305-670-HELP (4357)
 - Dial 1 to be directed to the helpline
 - <https://allianceforaging.org/>
- Aging and Disability Resource Center of Broward County, Inc. (Broward):
 - 5300 Hiatus Rd.
Sunrise, FL 33351
 - Main: (954) 745-9567
 - Helpline: (954) 745-9779
 - <https://www.adrcbroward.org/>



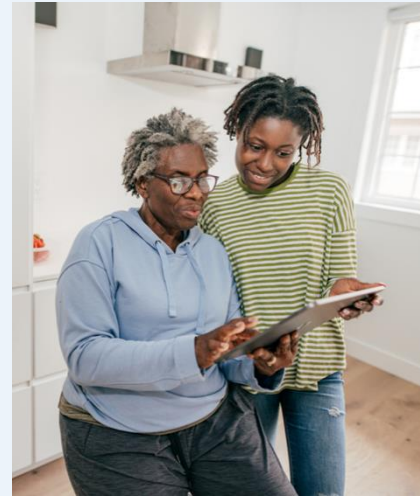
SHINE (Serving Health Insurance Needs of Elders) Program: Is a free program offered by the Florida Department of Elder Affairs and your local Area Agency on Aging that provides health insurance information and free, unbiased, and confidential counseling assistance to Medicare beneficiaries, their families, and caregivers.

- Virtual Medicare classes being offered: check homepage for updates on sessions
- To find a counseling site near you click the link <http://www.floridashine.org/Counseling-Sites.aspx>
 - Select your county from the Florida state map
 - A list of counseling sites will populate for the selected county
- <http://www.floridashine.org/>

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Florida PACE Centers: PACE (Program of All-Inclusive Care for the Elderly) is a personalized health plan and community-based provider of coordinated care, support services and social engagement.

- Who can enroll: Participants must live in our service area, be at least 55 years old, and eligible for nursing home care but able to live safely at home or in the community with support from Florida PACE Centers. * Eligible for Medicaid
- To complete an assessment for eligibility call (786) 384-5149, TTY # 800-955-8771
- <https://floridapacecenters.miamijewishhealth.org/>
- Centers and Contacts:
 - Miami
5200 NE 2nd Avenue, Miami FL 33137
786-384-5264, TTY # 800-955-8771
 - Hialeah
60 E 3rd Street, 2nd Floor, Hialeah, FL 33010
786-384-5275, TTY # 800-955-8771
 - Westchester
2700 SW 97th Avenue, Miami, FL 33165
786-589-8462, TTY # 800-955-8771
 - Miramar
2814 Corporate Way, Miramar, FL 33025
954-710-0466, TTY # 800-955-8771



The Academy of Elder Law Attorneys: Is the pre-eminent organization of Florida elder law attorneys providing advocacy, education and action on behalf of seniors and people with disabilities.

- 850-296-8089
- Find a Lawyer: https://www.naela.org/Web/Members_Tab/Chapter_Custom_FAL/FL_FAL.aspx
 - Go to "Search by" and select from the drop down (Name, City/State, or Zip code)
 - Enter information in the box
 - Click Find an Attorney

Search by

Zip Code

Firm Name

Find an Attorney

- <https://afela.org/>

Florida Senior Legal Helpline: Provides free civil legal advice and brief services over the telephone to eligible Florida residents 60 years and older. Callers will be screened for eligibility and must be within our income guidelines to be scheduled a telephone appointment for free services. Helpline advocates provide advice to seniors to help them resolve their legal problems. When appropriate, callers are referred to state and local regulatory agencies. When clients need representation in court or other extended legal services, we help them find legal resources in their communities.

- 1-888-895-7873 (Monday – Friday 9:00 AM to 4:30 PM ET)
- <https://law.elderaffairs.org/legal-services/florida-senior-legal-helpline/>

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Legal Services of Greater Miami: Title III of the Older Americans Act makes funds available specifically for legal assistance to the elderly. Legal Services of Greater Miami is the contracted provider with the Alliance for Aging serving both Miami-Dade and Monroe counties. Eligibility for these services is based on age, not income, so elders should provide their age if they call. Priorities are established on the types of legal matters handled.

- Miami-Dade: 305-576-0080
- Monroe: 1-877-715-7464

The Senior Citizen Law Project at CCLA (Broward): Provides legal advice and representation to Broward County residents who are 60 years of age or older. While there are no specific financial eligibility requirements, the Project targets its services to those with the greatest economic and social need.

- For general information or to apply for assistance, please contact The Senior Citizen Law Project at 954-765-8955, 954-736-2450, or 954-736-2496.

South Florida Institute on Aging (SoFIA): Helping older adults develop skills that empower them and help them thrive in their community.

- 2038 N. Dixie Hwy
Fort Lauderdale, FL 33305
- (954) 484-7117
- <https://www.thesofia.org/>
- SoFIA Programs:



<https://www.thesofia.org/programs>

- SoFIA Care- Support caregivers through all stages of caregiving through the Legacy Corps and R.E.L.I.E.F. programs. We also provide friendly visits for LGBTQ older adults through the Friendly Visitor Program, and rapid response support.
- Senior Corps- The largest group of older adult volunteers in the nation. These volunteers provide service in many different areas, such providing caregiver respite through the Senior Companion Program, teaching children to read as part of SoFIA's Foster Grandparent Program or working with struggling Veterans through our RSVP program.

Office of Public & Professional Guardians (OPPG): Appoints local public guardians to provide guardianship services to persons who do not have adequate income or assets to afford a private guardian and there are no willing family or friends to serve.

- (850) 414-2381 or by email at OPPGinfo@elderaffairs.org
- <https://elderaffairs.org/programs-services/office-of-public-professional-guardians-oppg/>
- List of Florida Public Guardian Programs: <https://elderaffairs.org/programs-services/office-of-public-professional-guardians-oppg/florida-public-guardian-programs/>
 - Miami-Dade County
 - Guardianship Care Group, Inc
Barbara Reiser
Phone: 786-452-8059
Fax: 305-603-8644
breiser@infocentralsolutions.com

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- Guardianship Program of Dade County, Inc
Carlos McDonald
Phone: 305-482-3101
Fax: 305-592-6737
mail@guardianshipprogram.org
- Monroe County
 - Charlotte & Collier County Public Guardian
Patrick C. Weber, Esq.
Phone: 239-417-1040 – Ext. 203
Fax: 239-417-1042
colliercountypg@aol.com
- Broward County
 - St. Thomas University College of Law
Sandra Samame
Phone: 954-862-3655
ssamame@stu.edu



Department of Elder Affairs (Florida): Provides home and community-based services to seniors who are at risk of being placed into a long-term care facility because of their degree of frailty. Their goal is to efficiently use resources to ensure that the greatest number of elders possible get to choose where they live while living healthy, active, and fulfilling lives in their communities.

- If you are seeking assistance from the Department for yourself or another individual, please contact us via telephone **(850) 414-2000** or email: information@elderaffairs.org.
- To apply for services or obtain information about our programs and services, please [click here](#) for your local Elder Helpline number, or you may call the statewide, toll-free Elder Helpline at **1-800-96-ELDER (1-800-963-5337)**.
 - Miami-Dade County: **305-670-4357**
 - Broward County: **954-745-9779**
- For free and confidential health insurance counseling for Medicare beneficiaries, their families, and caregivers through our SHINE (Serving Health Insurance Needs of Elders) Program, call the statewide, toll-free Elder Helpline at **1-800-96-ELDER (1-800-963-5337)**.
- To contact the Senior Legal Helpline, please call **1-888-895-7873**.
- To contact the Long-Term Care Ombudsman Program, please call **1-888-831-0404**, or visit <https://ombudsman.elderaffairs.org> to make a long-term care resident complaint.
- To file a COMPLAINT against a professional guardian, [click here](#) to complete the webform. If you would like to submit a complaint via phone call us at **855-305-3030** or via mail, please send it to us at:
 - Department of Elder Affairs
Office of Public and Professional Guardians
Attn: Complaints
4040 Esplanade Way
Tallahassee, FL 32399-7000
- Programs and Services: <http://elderaffairs.state.fl.us/doea/programs.php>
- Caregiver Assistance Programs: <http://elderaffairs.state.fl.us/doea/caregivers.php>

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National Resources:

Community Resource Finder: Get easy access to resources, community programs and services.

- <https://www.communityresourcefinder.org/>

2-1-1: Is the most comprehensive source of information about local resources and services in the country.

- For help call **211** or
 - Miami **(305) 632-4211** or **(305) 358-4357**
 - Broward **(954) 537-0211**
- <https://www.211.org/>

National Adult Day Service Association: Adult day service centers provide a coordinated program of professional and compassionate services for adults in a community-based group setting.

- 1-877-745-1440
- <https://www.nadsa.org/consumers/choosing-a-center/>

National Respite Care Locator: The ARCH National Respite Network includes the National Respite Locator, a service to help caregivers and professionals locate respite services in their community, the National Respite Coalition, a service that advocates for preserving and promoting respite in policy and programs at the national, state, and local levels, and the Lifespan Respite Technical Assistance and Resource Center which is funded by the Administration for Community Living in the U.S. Department of Health and Human Services.

- <https://archrespite.org/us-map>

Best Practice Caregiving: A free online resource with proven dementia programs for family caregivers, created by the Benjamin Rose Institute on Aging, Family Caregiver Alliance, and the Gerontological Society of America. It offers a searchable, interactive, national database of vetted, effective program models for providing caregivers with information and support.

- <https://bpc.caregiver.org/#home>

Eldercare Locator: is a nationwide service that connects older Americans and their caregivers with trustworthy local support resources.

- If you have a question, speak to a specialist **1-800-677-1116** (Monday to Friday 9:00 AM to 8:00 PM ET)
- Caregiver Corner: <https://eldercare.acl.gov/Public/Resources/Topic/Caregiver.aspx>
- <https://eldercare.acl.gov/Public/Index.aspx>

Administration for Community Living: Advocates across the federal government for older adults, people with disabilities, and families and caregivers; funds services and supports provided primarily by states and networks of community-based programs; and invests in training, education, research, and innovation. We manage a variety of programs (authorized by several statutes), providing assistance on health and wellness, protecting rights and preventing abuse, supporting consumer control, strengthening the networks of community-based organizations, funding research, and much more.

- Specific Programs and Services: <https://acl.gov/help/connecting-to-specific-programs-or-services>
- Online Tools and Resources: <https://acl.gov/help/online-tools-and-resources>
- Aging and Disability Advocates and Service Providers: <https://acl.gov/help/aging-and-disability-advocates>

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- <https://acl.gov/programs>

National Institute on Aging- Alzheimer's Disease Education and Referral (ADEAR) Center: Have information specialists available to assist the community with information about Alzheimer's disease and related dementias.

- Free [publications](#) about Alzheimer's and related dementias symptoms, diagnosis, related disorders, risk factors, treatment, caregiving tips, home safety tips, and research
- Referrals to local supportive services and [Research Centers](#) that specialize in research and diagnosis
- [Spanish](#) language resources
- [Clinical trials](#) information
- Training materials, guidelines, and news updates
- Toll-free number **1-800-438-4380** (Monday - Friday 8:30 AM to 5:00 PM ET)
- <https://www.nia.nih.gov/health/about-adear-center>

Alzheimer's Association: The Southeast Florida Chapter serves eight counties, including Miami-Dade and Broward, with education and support as well as raising funds for research. They provide education and support to all those facing Alzheimer's and other dementias throughout our community, including those living with the disease, caregivers, health care professionals and families.

- 24/7 Helpline **800-272-3900**
- Caregiver College: <https://alzprogramsanytime.org/>
- Training & Education: <https://training.alz.org/home>
- <https://www.alz.org/>
- Project VITAL at Home: This new and innovative program, funded by the Department of Elder Affairs, has been specially designed for those living with Alzheimer's disease or another dementia. Participants will receive a wealth of engagement opportunities with an iN2L tablet and have direct access to the Alzheimer's Association's live and on demand support and education programs.
 - If you are interested in Project VITAL at Home, [please fill out this form](#) to be placed on the waiting list or call our 24/7 Helpline at 800.272.3900.

US Department of Veterans Affairs- VA Caregiver Support Program:

- VA Caregiver Support Line: 1-855-260-3274 (Monday-Friday 8:00 AM to 10 PM ET, Saturday 8:00 AM to 5:00 PM ET)
- <https://www.caregiver.va.gov/>

Family Caregiver Alliance: Provides services to family caregivers of adults with physical and cognitive impairments, such as Parkinson's, stroke, Alzheimer's and other types of dementia. Our services include assessment, care planning, direct care skills, wellness programs, respite services, and legal/financial consultation vouchers. Ongoing support is available with FCA, also now on a digital service platform.

- 800-445-8106
- Services by State: <https://www.caregiver.org/connecting-caregivers/services-by-state/?state=florida>
- <https://www.caregiver.org/family-care-navigator>

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Office of Women's Health (OWH):

- OWH Helpline 800-994-9662
- <https://www.womenshealth.gov/a-z-topics/caregiver-stress>

Medicare & Medicaid: The Center for Medicaid and CHIP Services (CMCS) is one of six Centers within the Centers for Medicare & Medicaid Services (CMS). CMCS serves as the focal point for all the national program policies and operations for three important, state-based health coverage programs. Medicaid provides health coverage to millions of Americans, including eligible low-income adults, children, pregnant women, elderly adults and people with disabilities. Medicaid is administered by states, according to federal requirements. The program is funded jointly by states and the federal government.

- Toll-Free: 877-267-2323, TTY Toll-Free: 800-877-8339
- <https://www.medicaid.gov/medicaid/home-community-based-services/index.html>

National Academy on Elder Law Attorneys: Find Elder and Special Needs law attorney in your area.

- https://www.naela.org/Web/ConsumerResources/ImportTemp/Consumer_Resources_Landing_New.aspx?hkey=1e07503a-588d-4e61-98c0-a975d05fb4a6
- Florida Chapter <https://afela.org/> - put in State R

Lewy Body Dementia Association: They support those affected by Lewy body dementias, their families and caregivers.

- Lewy Line 800-539-9767
- <https://www.lbda.org/>

The Association for Frontotemporal Degeneration: AFTD improves the quality of life of people affected by FTD and drive research to a cure.

- Helpline: 1-866-507-7222
- <https://www.theaftd.org/>

Us Against Alzheimer's:

- <https://www.usagainstalzhimers.org/>



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Clinical Trials Information and Registries

<https://www.nia.nih.gov/health/registries-and-matching-services-clinical-trials>

TrialMatch Clinical Trials: Connects individuals living with Alzheimer's, caregivers and healthy volunteers to clinical trials that may advance Alzheimer's research. TrialMatch allows users to search for studies without creating an account, choose whether to receive email notifications of new opportunities, and directly contact research teams. Studies can be flagged with languages in which they are available, including Spanish, and users can also filter studies by their preferred language.

- If you have questions about TrialMatch or your clinical study matches, call the Alzheimer's Association at **800-272-3900** or email trialmatch@alz.org
- https://www.alz.org/alzheimers-dementia/research_progress/clinical-trials/trialmatch
 - Scroll to the "Get Started" section
 - Select condition from choices provided
 - Click "Next"
 - Select how you would like to find clinical trials from the choices provided
 - If you select "Guide me from start to finish" you will be guided through a series of screening question to provide you your best matches
 - If you select "I want to search on my own" you can filter trials by location, type, phase, language, etc.
 - If you select "I want to volunteer to be notified about future trial" a separate window will open where you can enter and submit your information

WCG CenterWatch:

- To find a clinical trial near you: <https://www.centerwatch.com/clinical-trials/listings/?View=A#browseByhttps://www.centerwatch.com/clinical-trials/listings/?View=A#browseBy>
- <https://www.centerwatch.com/>

Alzheimer's Prevention Registry: Open to individuals age 18 and older who are interested in learning about and possibly participating in Alzheimer's prevention clinical studies and trials.

- To join the registry: <https://www.endalznw.org/>
- To find a study in the US: <https://www.endalznw.org/find-a-study>

Alzheimer's Prevention Trials (APT) Webstudy: Is designed to identify people who may have an increased risk for developing Alzheimer's disease, using the latest technology to monitor their cognitive performance through regular online memory testing. Because the APT Webstudy is an online study, volunteers can participate at their convenience, anywhere they have access to the internet. Online registry designed to accelerate enrollment into Alzheimer's clinical trials. Open to individuals 50 and older. Take online tests to assess memory and thinking skills, gain access to scores, and be notified of opportunities for in-person assessments and clinical trials.

- https://www.aptwebstudy.org/en/welcome?utm_source=nia&utm_medium=website&utm_campaign=registriespage

Asian Cohort for Alzheimer's Disease (ACAD): Online registry for people of Chinese, Korean, and Vietnamese ancestry to understand the impact of genetic factors on Alzheimer's risk. Complete health and lifestyle questionnaires, receive cognitive testing, and provide a saliva or blood sample for genetic analysis.

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- <https://acadstudy.org/contact-us/contact-for-participants/>
- To participate, register with the link above
 - Participants will be contacted by ACAD staff
 - Pre-screening will happen via phone to determine eligibility
 - If you are eligible you will be mailed an informed consent document and your virtual appointment will be scheduled
 - Once you consent you will answer lifestyle/demographic question, receive cognitive assessment, provide saliva and/or optional blood sample
 - You may have possible follow-up in the future to track health status

Brain Health Registry: Open to individuals age 18 and older who want to promote healthy brain function by reducing the risk of brain diseases, disorders, and injuries. Take online tests and learn about opportunities to participate in a wide range of studies.

- <https://www.brainhealthregistry.org/>



If you need assistance calling any of the services listed, please contact Aida van Mossel at aramon@mdahec.org or call 954-632-4732.

If you are an organization that provides free or low-cost services to people living with dementia and their caregiver in South Florida and would like to be listed on this guide, please contact Aida van Mossel at aramon@mdahec.org or call 954-632-4732.