

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, February 3, 2022
 9:30 a.m. to 11:00 a.m.

TOPIC	DISCUSSION	ACTION NEEDED
Members Present (13)	1. Jeannie Cidel - Aetna 2. Nathan Burandt - FIU 3. Franchine Peters - Jackson Memorial Hospital 4. Jessica Hughes-Fillette - Miami Dade County 5. Amber Graham - Miami Dade Public Schools 6. Kimba King - The Adrienne Arsht Center 7. Charnelle Bacchus-Powers - Aetna 8. Nikki Chuck - Florida Department of Health in Miami-Dade 9. William Sanchez - Town of Miami Lakes 10. Witson Faustin - Florida Department of Health in Miami-Dade 11. Natouchka Murray - Florida Department of Health in Miami-Dade 12. Daria Sims - Florida Department of Health in Miami-Dade 13. Mayra Garcia - Florida Department of Health in Miami-Dade	
Welcome and Introductions	The meeting was called to order by Nathan Burandt at 9:40 am. Committee members and guests introduced themselves.	
Minutes	Review and approve meeting minutes for January 6, 2022. Jeannie Cidel second the motion.	
Executive Board Updates	Jeannie Cidel updated the committee members of the following: <ul style="list-style-type: none"> Members discussed and strategized ways to address boostervaccine hesitancy and ways to increase vaccination rates in 18 + Adults. Discussed and addressed health equity in our community by focusing on the social determinants of health. 	

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Topics Selected by Chair	<p>During the meeting, the Committee Vice Chair led a discussion on the following items:</p> <ul style="list-style-type: none"> ▪ 2022 Worksite Wellness Committee Goals ▪ CDC COVID-19 Holiday Travel Guidelines ▪ Address mental health in Miami-Dade County ▪ United Way has an Interim CEO ▪ Social Media Campaign <ul style="list-style-type: none"> • Reminder: Deadline for submissions is due 15th of each month. ▪ Worksite Wellness Corner <ul style="list-style-type: none"> • Reminder: Deadline for WW newsletter segment submissions are due 15th of each month. 	
Performance Measures in Need of improvement	<p>Committee members discussed strategies on completing incomplete workplan activities:</p> <ul style="list-style-type: none"> ▪ The committee will focus on setting deadlines in completing workplan activities that are in progress that have not yet been completed. ▪ The committee will begin planning on the following incomplete workplan activities that have not yet started: <ol style="list-style-type: none"> 1. Host a forum for speakers on CPR, active shooter, Healthy cooking demonstration, and Mindful eating for local worksite wellness programs. 2. Provide materials that are culturally appropriate to all demographics. 	.

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	<ol style="list-style-type: none"> 3. Host a presentation on workplace safety and identify activities and goals based on the presentations. 4. Partner with the Elder Issues committee and help support their work. 5. Interactive board activity- WWC member goals 	
Partner Updates	<ul style="list-style-type: none"> ▪ William Sanchez - City of Miami Lakes will be hosting an annual health fair on April 2, 2022. If you like to be apart of the event, please email Mr. Sanchez, sanchezw@miamilakes-fl.gov ▪ Natouchka Murray promoted the Journey to Wellness Rx prescription. The <i>Journey to Wellness Rx</i> prescription is a non-pharmaceutical prescription that encourages physical activity and healthy living to help with weight and chronic disease management. For additional information please visit https://www.healthymiamidade.org/journey-to-wellness-rx/ 	
Next Meeting	<ul style="list-style-type: none"> ▪ At the next meeting, the committee will continue to discuss and strategize ways to address booster vaccine hesitancy and ways to increase vaccination rates in 18 + Adults, address health equity in our community by focusing on the social determinants of health, WWC 2022 goals, forum topics for the year 2022 (added possible forum topics: health insurance literacy) and discuss Wellness/Gratitude Challenge for members. The next meeting will be held on March 3, 2022. 	
Adjournment	Nathan Burandt adjourned the meeting at 10:17am.	