



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Health Promotion and Disease Prevention Committee Meeting  
 Tuesday, November 16<sup>th</sup>, 2021  
 2:00 PM – 3:15 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (24)	<p><b>Chair:</b> Leyanee Perez, Nicklaus Children’s Hospital  <b>Co-Chair:</b> Teri Busse-Arvesu, Miami-Dade County            Amber Cambridge, Florida Department of Health            Amber Graham, Miami-Dade County Public Schools            Audrey Hall, Epilepsy Florida            Beth Ruhmann, Baptist Health South Florida            Brittany Allen, Alliance for Aging            Camila Masson, Hope for Miami            Fatima Mohamed, Florida Department of Health            Gloria Orlandi-Kass, Alzheimer’s Association            Jessica Alfonso, Miami-Dade EFNEP            Jessica Mulroy, Florida Department of Health            Luz Moncada, Florida Department of Health            Mayra Garcia, Florida Department of Health            Melissa Maytin, Florida Department of Health            Michelle Fundora, Health Choice Network            Michelle Mejia, Baptist Health South Florida            Natouchka Murray, Florida Department of Health            Onelia Morales-Pons, Miami-Dade County Medical Research Institute, LLC            Rosa Novo, Miami-Dade County Public Schools            Sandra Echeverry, Florida Department of Health            Tamia Medina, Florida Department of Health            Tiffinie Bratcher, Urban Health Partnerships            Zulema Santacruz, Banyan Health Systems</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm.	
Approval of Minutes	There was a motion to approve the October 2021 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Jessica Mulroy.	



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Executive Board Update	<ul style="list-style-type: none"> <li>▪ The Executive Board had a presentation by the Children’s Issues Committee about their QR Resource flyer.</li> <li>▪ The Board also discussed the 2<sup>nd</sup> Annual Bounty of Health Drive-Thru Food Distribution which will be taking place on Thursday, November 18<sup>th</sup>, 2021.</li> <li>▪ The Board discussed the status of COVID-19. Last week, the rate of positivity was 1.8%. There is a 95% vaccine rate for those 12 years of age and over.</li> <li>▪ The Board discussed the Worksite Wellness Awards and a new grant that was awarded to the Florida Department of Health in Miami-Dade County.</li> <li>▪ During the next meeting, the Board will have a presentation on Mental Health.</li> </ul>	
Presentation	<ul style="list-style-type: none"> <li>▪ “Basic Seizure Recognition, Seizure First Aid and EFL Services” was presented by Audrey Hall, Community Resource Specialist at Epilepsy Florida.</li> </ul>	
Work Plan Discussion	<ul style="list-style-type: none"> <li>▪ Canceled: Tuesday, December 21st, 2021 committee meeting.</li> <li>▪ By September 30, 2024 the committee will work to host an annual health fair for the community.             <ul style="list-style-type: none"> <li>○ 2nd Annual Bounty of Health Drive-Thru Food Distribution will be this Thursday, November 18th, 2021 from 9am-12pm at the West Perrine Health Center. This will be a 2-part event consisting of a virtual educational component and a drive-thru health fair and food distribution. The Virtual Education Series will take place on November 17<sup>th</sup>, 2021 at 1pm.</li> <li>○ Thank you to all our partners who are participating. This year, no vendors will be on-site. Pictures &amp; the resource guide will be sent digitally.</li> </ul> </li> <li>▪ By September 30, 2024 the committee will work to create a curriculum/state of address to elected officials.             <ul style="list-style-type: none"> <li>○ The committee discussed selecting an initiative to focus on to include in their state of address. Food insecurity was suggested.</li> <li>○ There is an opportunity to use a polling feature to gather more information. Committee members can also share responsibility in creating the state of address. The polling feature will be used during the January committee meeting.</li> </ul> </li> </ul>	



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	<ul style="list-style-type: none"> <li>▪ By September 30, 2024 the committee will work to encourage increased physical activity through messaging.           <ul style="list-style-type: none"> <li>○ The committee discussed the various health observances for each month of quarter Jan-Mar. Committee members had the opportunity to sign-up for a month and topic of their choosing. Committee members will be responsible for submitting an article or social media message related to physical activity. Submissions should be sent to <a href="mailto:Melissa.Maytin@flhealth.gov">Melissa.Maytin@flhealth.gov</a>.</li> </ul> </li> </ul>	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> <li>▪ By September 30, 2024 the committee will work to support Tobacco 21.           <ul style="list-style-type: none"> <li>○ The committee had a presentation by Dr. Thurer during the last meeting.</li> </ul> </li> </ul>	
<p>Partner Updates</p>	<ul style="list-style-type: none"> <li>▪ November is Alzheimer’s Awareness Month. The Alzheimer’s Association is having their <i>Walk to End Alzheimer’s</i> this Saturday, November 20<sup>th</sup>, 2021 at Tropical Park. The event begins at 8:00am with the walk beginning at 9:30am. It is a 2-mile walk. You can register online at: <a href="http://alz.org">alz.org</a>.</li> <li>▪ The Florida Department of Health in Miami-Dade County offers the Journey to Wellness Rx. It is a non-pharmaceutical prescription that encourages physical activity, weight management, chronic disease management, and tobacco cessation information. The Journey to Wellness Rx is free. If you are providing direct services, this is a great way to provide your clients with resources. For more information and to order, visit: <a href="https://www.healthymiamidade.org/journey-to-wellness-rx/">https://www.healthymiamidade.org/journey-to-wellness-rx/</a>.</li> <li>▪ Banyan Health Systems has the city of Miami’s only Mobile Crisis Response Team available 24 hours a day, 7 days a week including holidays. The crisis hotline is 305-774-3616. They have bilingual accessors and a vehicle that will drive anywhere in Miami-Dade County to help anyone who is experiencing a mental health or substance use crisis, including psychotic symptoms like hallucinations, delusions, suicidal ideation, or homicidal thoughts. Clients will be linked to services.</li> <li>▪ Urban Health Partnerships is working to promote the COVID-19 vaccinations. Partnering with University of Miami in which they will be offering vaccinations at Booker T in Overtown. They will also be putting on a Cash Mob to promote healthy eating for the youth at Pretty Healthy 12/3/21 and LC Roti 12/7/21 from 3:30pm-5pm in Miami Gardens. Please bring cash</li> </ul>	



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	<p>to purchase these healthy menu items.</p> <ul style="list-style-type: none"> <li>▪ Miami-Dade County Public Schools Wellness Program will begin organizing community events. The first event will take place Saturday, January 22<sup>nd</sup>, 2022 from 9am-1pm at Miami Carol City Senior High. More information to follow.</li> <li>▪ The Expanded Food and Nutrition Education Program (EFNEP) is a free nutrition education program for limited resource families. For more information, contact: <a href="mailto:jessicaalfonso@ufl.edu">jessicaalfonso@ufl.edu</a> or visit the website at: <a href="https://efnep.ifas.ufl.edu/">https://efnep.ifas.ufl.edu/</a>.</li> </ul>	
Adjournment	<ul style="list-style-type: none"> <li>▪ The next meeting will be held on Tuesday, January 18<sup>th</sup>, 2021 virtually. The meeting was adjourned at 3:13 PM</li> </ul>	