



CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Health Promotion and Disease Prevention Committee Meeting
Tuesday, February 15th, 2022
2:00 PM – 3:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (29)	<p>Chair: Leyanee Perez, American Healthy Weight Alliance</p> <p>Co-Chair: Teri Busse-Arvesu, Retired</p> <p>Allyssa Gonzalez, Village of Allapattah YMCA</p> <p>Aurinellie Lugo, MMM of Florida</p> <p>Beth Ruhmann, Baptist Health South Florida</p> <p>Cristiane Rocha, Colgate Bright Smiles Bright Futures</p> <p>Fatima Mohamed, Florida Department of Health</p> <p>Franchine Peters, Roxcy Bolton Rape Treatment Center</p> <p>Gloria Orlandi-Kass, Alzheimer’s Association</p> <p>Jessica Mulroy, Florida Department of Health</p> <p>Kathleen Azor Dessables, Florida Department of Health</p> <p>Laurie Varona, Florida Department of Health</p> <p>Luis Ferrer, Florida Department of Health</p> <p>Mayra Garcia, Florida Department of Health</p> <p>Melissa Maytin, Florida Department of Health</p> <p>Michelle Collins, Florida Department of Health</p> <p>Monique Davis Bain, Miami-Dade County</p> <p>Natouchka Murray, Florida Department of Health</p> <p>Nedgy Joseph, Florida Department of Health</p> <p>Sandra Echeverry, Florida Department of Health</p> <p>Selena Sifontes, Florida International University</p> <p>Susan Holtzman, Miami-Dade County, Office of the Mayor</p> <p>Tamia Medina, Florida Department of Health</p> <p>Tiffinie Bratcher, Urban Health Partnerships</p> <p>Victoria Bennett, YMCA of South Florida</p> <p>Virginia Munoz, Florida Department of Health</p> <p>William Sanchez, Town of Miami-Lakes</p> <p>Zhyrma A. Monzon Canales, Florida Department of Health</p>	



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	Zulema Santacruz, Banyan Health Systems	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm.	
Approval of Minutes	There was a motion to approve the January 2022 Health Promotion and Disease Prevention minutes by Teri Busse-Arvesu; the motion was seconded by Mayra Garcia.	
Executive Board Update	<ul style="list-style-type: none"> ▪ The Executive Board is discussing the opportunity for a Mental Health Forum. The Forum will be hosted by the Children’s Issues Committee, but Board’s idea is for all the committees to participate and present on what they are working on and how it is linked to mental health. For example, this committee could present on food insecurity and mental health. They are looking into possibly offering CEU’s. ▪ The Board is also discussing the possibility of not having an Annual Event this year, since they are having a Mental Health Forum. Instead, the Annual Event next year will focus on the Consortium’s 20th anniversary. The event may be able to occur in-person. ▪ The Board also discussed Covid-19, vaccinations, and the Health Equity Grant. Opportunities for this grant may still be available and more information will follow. 	



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Workplan Discussion	<ul style="list-style-type: none"> ▪ By September 30, 2024, the committee will work to identify areas with the highest needs and resources that can be used to address those needs. <ul style="list-style-type: none"> ○ The committee discussed the results of the Poll Everywhere activity which was held during the January 2022 meeting. The activity focused on developing a screening tool for food insecurity. ○ The committee will be working on a resource toolkit to help address food insecurity. The toolkit will include federal (SNAP, WIC, school lunch programs, etc.) and local resources (food pantries, churches/organizations with soup kitchens, etc.). ○ Once the resources have been identified, individuals may need help accessing the services (example: applying online). Organizations that help with this process will also be listed in the toolkit. ○ If your organization is interested in creating a food pantry, Leyanee Perez at: Lp7777@msn.com ▪ By September 30, 2024, the committee will work to host a presentation on Naloxone use. <ul style="list-style-type: none"> ○ The committee has secured a presentation from Miami Recovery Project who will be presenting during the next committee meeting on Tuesday, March 15th, 2022. ▪ By September 30, 2024, the committee will work to encourage increased physical activity through messaging. <ul style="list-style-type: none"> ○ The committee discussed the various health observances for each month of quarter April-June. Committee members had the opportunity to sign-up for a month and topic of their choosing. Committee members will be responsible for submitting an article or social media message related to physical activity. Submissions should be sent to Melissa.Maytin@flhealth.gov. The Consortium’s social media handles are: <ul style="list-style-type: none"> ▪ Twitter - @MakeHealthyHppn ▪ Instagram - @ConsortiumMiamiDade ▪ Facebook- @MakeHealthyHppn ▪ Facebook- @ConsortiumMiamiDade 	
Partner Updates	<ul style="list-style-type: none"> ▪ It is budget time for Miami-Dade County, and they are hosting public budget workshops. Anyone interested in learning more about the county budgeting process or if you work with a group that might want to hear more or provide feedback, there will be two Virtual Miami-Dade County Budget Town Halls coming up on February 22 and February 24. The links are 	



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	<p>miamidade.live/publicmeetingfeb22 and miamidade.live/publicmeetingfeb24.</p> <ul style="list-style-type: none">▪ The Florida Department of Health in Miami-Dade County, Office of Community Health and Planning invites you to partner with us through our free program Faithful Families Thriving Communities. This nine-lesson curriculum program provides individuals, families, and the community with the skills to be able to eat more meals at home, move more in their everyday routine, and help their communities lead healthier lives. Communities of faith are important health advocates, particularly in communities affected by health disparities or lacking access to crucial resources. That’s why we are seeking to partner with your organization! For more information, contact: Mayra Garcia at: Mayra.Garcia@FLHealth.gov, 786-732-8858. Access promotional program resources online: https://faithfulfamilies.com/tools-videos/tools/.▪ Epilepsy Florida is having their Walk the Talk beginning in March in West Palm Beach. The Miami event will take place April 2nd, 2022, in Wynwood. https://drive.google.com/file/d/13P0pQFAAtVFR69wiRGxOtE4VCxYEEfkej/view?usp=sharing Epilepsy Florida helps anyone who has Epilepsy or suspects that they do regardless of their financial situation. Free seizure first aid presentations and more, contact: Michelle Collins at mcollins@epilepsyfl.org.▪ Alzheimer's Association 24/7 HELPLINE 800-272-3900. Alzheimer's Association Training “essentiALZ” https://docs.google.com/forms/d/e/1FAIpQLScN2C0YD1oO0s4PbKWePoFVj3HoeAD_YzMidjrr64lZ58-IZQ/viewform. This training is not for caregivers but for professionals who are working with clients.▪ The Florida Department of Health in Miami-Dade County, STD/HIV prevention program is offering free HIV testing kits. Order your free in-home HIV kit at: www.TestMiami.org.▪ Village of Allapattah YMCA has started pre-citizenship classes for individuals needing help with their exams. They also offer healthy eating and cardiovascular health workshops for seniors.▪ In addition to the health programs offered to the women and children in the shelter, The Lotus House is emphasizing health education for their community events that they host for Overtown. They host the events 4 times a year, outdoors, and offer food resources and groceries to help with their meals. They are looking to partner with organizations who can provide additional health education and screenings (like COVID-19, blood pressure, etc.).	
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	<p>Lotus House Community Food and Health Distribution Events for Overtown: March 26th, June 4th, August 6th, December 17th. Please email: Victoria Varela at: victoriav@lotushouse.org for additional information.</p> <ul style="list-style-type: none"> ▪ Banyan Health Systems has a 24-hour crisis hotline in their little Havana clinic. The team is comprised of behavioral health specialist, counselors, therapists, and psychiatrists. Last year, they answered 6,075 calls to the crisis hotline for crisis intervention, referrals, linkage, or in-person through the crisis mobile response vehicles. The vehicle will travel through Miami-Dade County to schools, homes, parks, places of worship, or wherever the families are calling from. Of those 6,075 calls almost 1,500 required in person, face-to-face interventions, most of them were children. They are seeing an influx of calls coming from deep South Dade in the Homestead, Florida City, Naranja, and Cutler Bay areas. They have a community health center in the south and are looking to expand services, including a Youth Prevention and Intervention Program that currently exists in Hialeah and North Miami. Through this program, they go into schools and teach children how to use creative arts to express themselves and divert their attention and educate them on the importance of prevention and substance related issues. Banyan 24 Hour Crisis Hotline (305) 774-3616 - Crisis Intervention services to all families in Miami-Dade County. ▪ Colgate Bright Smiles Bright Futures has a mobile unit and provides free dental screenings for children up to 12 years old. They also provide virtual educational presentations for parents and older children up to middle school. Until they resume services in the community, they are supporting community events through supplies and materials when available. 	
Adjournment	<ul style="list-style-type: none"> ▪ The next meeting will be held on Tuesday, March 15th, 2022, virtually. The meeting was adjourned at 3:00 PM 	