

## Consortium for a Healthier Miami-Dade Worksite Wellness Committee Meeting Minutes Thursday, October 7, 2021 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (15)	<ol> <li>Nathan Burandt - Chair, Florida International University</li> <li>Nancy Adebisi - Florida Department of Health in Miami-Dade</li> <li>Nikki Chuck - Florida Department of Health in Miami-Dade</li> <li>Amber Graham - Miami-Dade County Public Schools</li> <li>Becky Capogreco - Well-Med Charitable Foundation</li> <li>Charnelle Bacchus-Powers - Aetna</li> <li>Lillian Gutierrez-Alvarez - American Heart Association</li> <li>Franchine Peters - Roxcy Bolton Rape Treatment Center</li> <li>William Sanchez - Town of Miami Lakes</li> <li>KeTia Harris - Jessie Trice Community Health System</li> <li>Witson Faustin - Florida Department of Health in Miami-Dade</li> <li>Kim Sandmaier - Aetna</li> <li>Jacky Lopez - AvMed</li> <li>Vanessa Oratien - Aetna</li> <li>Natalia Sanchez - Community Member</li> </ol>	
Welcome and Introductions	The meeting was called to order by Nathan Burandt at 9:32 am. Committee members and guests introduced themselves.	
Minutes	Minutes for the August 2021 committee meeting were reviewed. Nathan Burandt moved to approve. Natouchka Murray seconded the motion.	



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Executive Board Updates	<ul> <li>Nathan Burandt updated the committee members of the following:</li> <li>The Executive Board has been discussing ways to address vaccine hesitancy and ways to increase vaccination rates in Miami-Dade County as well as addressing mental health needs in Miami-Dade County, the Surfside tragedy, and current times with the COVID-19 pandemic.</li> <li>The Consortium Annual Event took place on October 1, 2021 in partnership with the Worksite Wellness Awards.</li> <li>This year, the committee recognized Amber Graham with Miami-Dade County Public Schools as the outstanding member.</li> </ul>	
Topics Selected by Chair	<ul> <li>The November 4<sup>th</sup> Worksite Wellness Committee Forum will be Worksite Wellness Solutions &amp; Best Practices Forum. The forum will highlight this year's Florida Worksite Wellness Award recipients to present on worksite wellness strategies and best practices.</li> <li>The committee discussed having its own column in the Consortium Connection newsletter titled Worksite Wellness Corner where committee members can share best practices, community health &amp; wellness events and other additional worksite wellness related topics.</li> </ul>	
Performance Measures in Need of improvement	Committee members discussed strategies on completing incomplete workplan activities:  The committee will focus on setting deadlines in completing workplan activities that are in progress that have not yet been completed.  The committee will begin planning on the following incomplete workplan activities that have not yet started:  1. Host a forum for speakers on CPR and active shooter incidents for local worksite wellness programs.	



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Partner Updates	<ul> <li>2. Provide materials that are culturally appropriate to all demographics.</li> <li>3. Host a presentation on workplace safety and identify activities and goals based on the presentations.</li> <li>4. Partner with the Elder Issues committee and help support their work.</li> <li>Jacki Lopez - The Arthritis Foundation offers complimentary</li> </ul>	
	worksite wellness services to organizations within Miami-Dade County. If interested, please email <a href="mailto:Jacqueline.Lopez@avmed.org">Jacqueline.Lopez@avmed.org</a> .  Amber Graham - Miami-Dade County Public Schools will host an event and would like to partner with organizations that are also planning to host future community events. For additional information, please email <a href="mailto:AmberGraham@dadeschools.net">AmberGraham@dadeschools.net</a> .	
Next Meeting	The next Worksite Wellness Committee meeting will be a forum on Thursday, November 4, 2021 from 9:30 am – 11:00 via GoToMeeting.	
Adjournment	Nathan Burandt adjourned the meeting at 10:25am.	