

## Consortium for a Healthier Miami-Dade Worksite Wellness Committee Meeting Minutes Thursday, July 1, 2021 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (14)	<ol> <li>Jeannie Cidel- Vice Chair, Aetna</li> <li>Nancy Adebisi- Florida Department of Health in Miami-Dade</li> <li>Natouchka Murray - Florida Department of Health in Miami-Dade</li> <li>Christopher Reesor- The Fruitful Field</li> <li>Amber Graham- Miami-Dade County Public Schools</li> <li>Mayra Garcia- Florida Department of Health in Miami-Dade</li> <li>KeTia Harris- Jessie Trice Community Health System</li> <li>Chante Washington-Oates- Community member</li> <li>William Sanchez- Town of Miami Lakes</li> <li>Imelda Medina- Familias Unidas International, Inc.</li> <li>Franchine Daley- Roxcy Bolton Rape Treatment Center</li> <li>Witson Faustin- Florida Department of Health in Miami-Dade</li> <li>Kim Sandmaier- Aetna</li> <li>Jair Espinoza- City of Miami</li> </ol>	
Welcome and Introductions	The meeting was called to order by Jeannie Cidel, at 9:35a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the June 2021 committee meeting were reviewed. Jeannie Cidel moved to approve. Natouchka Murray seconded the motion.	
Executive Board Updates	Jeannie Cidel updated the committee members of the following:  • Consortium Annual Awards Event will be held on October 1, 2021.  The Worksite Wellness (WW) Awards Nomination Application is now available through the Consortium Website. The deadline for submitting the WW nomination application is Friday, July 16 <sup>th</sup> at 5:00pm.	



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	CDC National Initiative to Address COVID-19 Health Disparities Among Populations at High-Risk and Underserved, Including Racial and Ethnic Minority Populations Grant (CDC COVID-19 & Health Equity Grant)	
Topics Selected by Chair	<ul> <li>Natouchka Murray provided a brief explanation of the following activity: <i>Identify and create a strategy to support a community garden activity</i>.</li> <li>Jeannie Cidel shared a brief background about the presenter, Christopher Reesor, The Fruitful Fields.</li> <li>Christopher Reesor presented on <i>Gardening, A Step Towards a Better Future</i>.</li> </ul>	
Performance Measures in Need of Improvement – Workplan Review	<ul> <li>Committee members provided subcommittee updates:</li> <li>Community Garden-Jeannie Cidel, Kim Sandmaier, Marcia Hasbani and Natouchka Murray- Committee currently working on completing task.</li> <li>CBO Worksite Recourses- Nathan Burandt and Jeannie Cidel-Committee currently working on completing task.</li> <li>Know Your Health Numbers- Natouchka Murray, Marcia Hasbani and Amber Graham- group members have not yet met up. Will plan to meet up soon.</li> <li>Survey Activity- William Sanchez and Nathan Burandt- Committee currently working on completing task.</li> </ul>	



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Partner Updates	Imelda Medina's organization, Familias Unidas International, Inc. will begin providing chronic disease management virtual workshops in the month of August.	•	Imelda Medina will email Natouchka Murray the flyer regarding her organization's chronic disease management virtual workshops.
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, August 5, 2021 from 9:30 am – 11:00 via GoToMeeting.		
Adjournment	Jeannie Cidel adjourned the meeting at 10:30am.		