



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**

Health Promotion and Disease Prevention Committee Meeting  
 Tuesday, July 20<sup>th</sup>, 2021  
 2:00 PM – 2:50 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (18)	<p><b>Chair:</b> Leyanee Perez, Nicklaus Children’s Hospital  <b>Co-Chair:</b> Teri Busse-Arvesu, Miami-Dade County            Amber Graham, Miami-Dade County Public Schools            Amy Pont, Community Care Plan            Beth Ruhmann, Baptist Health South Florida            Candice Schottenloher, Florida Department of Health            Cindy Cuadra, Community Member            Helen DC, Community Member            Jair Espinoza, City of Miami            Lacy Boyles, American Heart Association            Manual Fermin, Healthy Start Coalition of Miami-Dade            Mayra Garcia, Florida Department of Health            Melissa Maytin, Florida Department of Health            Michelle Collins, Epilepsy Florida            Natouchka Murray, Florida Department of Health            SGG Pierce, Florida Army National Guard            Virginia Munoz, Florida Department of Health            William Sanchez, Town of Miami Lakes</p>	
Welcome and Introductions	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm.</p>	
Approval of Minutes	<p>There was a motion to approve the June 2021 Health Promotion and Disease Prevention minutes by Beth Ruhmann; the motion was seconded by SGG Pierce.</p>	
Executive Board Update	<ul style="list-style-type: none"> <li>▪ The Executive Board meeting was cancelled and will resume next month.</li> <li>▪ The Consortium for a Healthier Miami-Dade is being combined this year with the Worksite Wellness Awards. The event is taking place on Friday, October 1<sup>st</sup>, 2021 virtually. An email has been sent out with the registration link and the event fee is \$25.00.</li> <li>▪ An email was also sent for the Worksite Wellness Awards nominations. The deadline for</li> </ul>	



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	<p>the application was o June 16<sup>th</sup>, but they will be extending it to July 30<sup>th</sup>. An email with an updated link will be sent out.</p>	
Presentation	<ul style="list-style-type: none"> <li>▪ “Pregnancy and Beyond: A Social Media Toolkit” by Candice Schottenloher, MPH, CHES of the Florida Department of Health in Miami-Dade County</li> </ul>	
Work Plan Discussion	<ul style="list-style-type: none"> <li>▪ The monthly committee meeting for Tuesday, December 21st, 2021 is canceled.</li> <li>▪ By September 30, 2024 the committee will work to support the work of the Healthy Baby Taskforce and Children’s Issues Committee.             <ul style="list-style-type: none"> <li>○ The committee learned more about the “Pregnancy &amp; Beyond: A Social Media Toolkit” (an initiative of the Healthy Baby Taskforce) through the presentation they hosted this meeting.</li> </ul> </li> <li>▪ By September 30, 2024 the committee will work to host an annual health fair for the community.             <ul style="list-style-type: none"> <li>○ The committee discussed various ideas for their Annual Health Fair. Due to the COVID-19 rates rising, the chair announced that the committee will not be having an in-person event this year.</li> <li>○ Like last year’s Bounty of Health event, the committee will be having a 2-part event consisting on a virtual educational component and a drive-thru health fair.</li> <li>○ This year, there may be an opportunity have a select number of vendors present at the event. Due to COVID19, the event will be limited to a select number of vendors. This number will depend on the space available.</li> <li>○ The committee proposed the date of Thursday, November 18<sup>th</sup>, 2021 from 9am-12pm at the West Perrine Health Center (located at: 18255 Homestead Ave. Miami, FL 33157). More details to follow.</li> </ul> </li> </ul>	
Recognition of Improved Performance	<ul style="list-style-type: none"> <li>▪ By September 30, 2020 the committee will work to identify local needs and services for mental health and HIV service gaps.</li> <li>▪ By September 30, 2024 the committee will work to support the Getting 2 Zero initiative.             <ul style="list-style-type: none"> <li>○ The committee addressed these indicators during the June’s committee meeting.</li> </ul> </li> </ul>	



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Partner Updates	<ul style="list-style-type: none"> <li>▪ The American Heart Association is working with the healthcare system to incorporate Fruit and Vegetable Rx programs as well as bringing mobile sites. They will be launching the program in September. They are currently partnering with UF/IFAS to provide nutrition education &amp; counseling, home gardening, and addressing mental health. If someone is experiencing food insecurity, they are prescribed a Food &amp; Vegetable Rx program. They are working with local vendors that do mobile markets, where an individual could bring in a prescription. If you are interested in this program, contact: <a href="mailto:lacy.boyles@heart.org">lacy.boyles@heart.org</a>.</li> <li>▪ Community Care Plan recently launched the Heart Community Resource Center. Currently it is a virtual resource center. They have classes offered every week on a wide variety of topics such as job training, safe sleep, nutrition). They are hoping to partner with organizations to offer classes or to share resources. They have a resource section where they share partner resources, videos, and educational tools. All these resources are free regardless if you are insured by Community Care Plan or not. The website is: <a href="https://www.ourheart.org/">https://www.ourheart.org/</a>. If you are interested in partnering, please contact: <a href="mailto:apont@ccpcars.org">apont@ccpcars.org</a>.</li> <li>▪ Epilepsy Florida is going back into the community and attending health fairs. If you are having an event and would like to invite Epilepsy Florida to your event please contact Michelle Collins at: <a href="mailto:mcollins@epilepsyfl.org">mcollins@epilepsyfl.org</a>. They are also planning for their walk in November which will be in person. More details to follow.</li> <li>▪ Nicklaus Children’s Hospital continues to monitor their patients for food insecurity. The numbers have remained stable. The continue to provide a food gift card to help the purchase healthy food at Publix. The program will be ending in August and will not be renewed.</li> <li>▪ The Children’s Issues Committee will meet again virtually on August 20<sup>th</sup> at 10am via GoToMeeting. The Healthy Baby Taskforce meets on that same day at 12:30pm. If you are interested in attending, please contact: <a href="mailto:Candice.Schottenloher@flhealth.gov">Candice.Schottenloher@flhealth.gov</a>.</li> <li>▪ The Healthy Happens Here webinar series continues hosting presentations. Last month, they had Leyanee Perez present for National Dairy Month. The next webinar will be taking place on August 26<sup>th</sup> at 1pm and will have Baptist Health present on Mindful Eating.</li> </ul>
	<ul style="list-style-type: none"> <li>▪ The next meeting will be held on <b>Tuesday, August 17th, 2021 virtually</b>. The meeting was</li> </ul>



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Adjournment	adjourned at 2:50 pm	
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