

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, May 6, 2021
 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (12)	<ol style="list-style-type: none"> 1. Nathan Burandt - Chair, Florida International University 2. Jeannie Cidel - Vice Chair, Aetna 3. Nikki Chuck - Florida Department of Health in Miami-Dade 4. Witson Faustin- Florida Department of Health in Miami-Dade 5. Nancy Adebisi - Florida Department of Health in Miami-Dade 6. Natouchka Murray - Florida Department of Health in Miami-Dade 7. Amber Graham - Miami-Dade County Public Schools 8. Marcia Hasbani - Advocate Program 9. KeTia Harris - Jessie Trice Community Health System 10. Marcia Sapoznik - Sapoznik Psychotherapy and Coaching 11. William Sanchez - Town of Miami Lakes 12. Kim Sandmaier - Aetna 	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, at 9:30 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the April 2021 committee meeting were reviewed. Nathan Burandt moved to approve. Jeannie Cidel seconded the motion.	
Topics Selected by Chair	<ul style="list-style-type: none"> • Nathan Burandt and Nancy Adebisi shared the Worksite Wellness Committee (WWC) Survey results and the WWC S.W.O.T. analysis results with committee members. • Nathan Burandt reviewed the committee’s workplan activity - <i>Identify and Create a Strategy to Support a Community Garden</i>. Committee members agreed to secure a presenter that can teach about developing a community garden by May 20th. 	<ul style="list-style-type: none"> • Nancy Adebisi will provide William Sanchez with the draft of the needs interest survey.

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	<ul style="list-style-type: none"> • A survey initiative to meet the following workplan activity - <i>Determine service gaps and identify needs by creating, distributing, and collecting surveys from local worksites</i> will be worked on. The initiative will be led by William Sanchez and Nathan Burandt. 	
Executive Board Updates	<ul style="list-style-type: none"> • Nathan Burandt highlighted the Consortium Annual Awards Event will be held on October 1, 2021. The Worksite Wellness (WW) Awards Nomination Application is now available through the Consortium Website. The WW Awards Nomination Application can be found by clicking the Save the Date banner at the top of the Consortium’s home page, and then click on the 3rd tab Nominations-Florida Worksite Wellness Awards. 	
Performance Measures in Need of Improvement	<p>Nathan Burandt went over the incomplete workplan activities and assigned subcommittee group that will lead in completing the listed activities.</p> <ul style="list-style-type: none"> • Determine service gaps and identify needs by creating, distributing, and collecting surveys from local worksites. • Identify and create a strategy to support a community garden activity. • Educate workforce on access to healthier foods and shared use paths. • Partner with HPDP and worksites to “Know Your Health Numbers”. • Identify community-based organizations to partner with in offering education and information on available worksite resources. 	
Subcommittee Groups	<ul style="list-style-type: none"> • Survey Activity- William Sanchez and Nathan Burandt - <i>Determine service gaps and identify needs by creating, distributing, and collecting surveys from local worksites.</i> • Community Garden Activity- Jeannie Cidel, Kim Sandmaier, Marcia Hasbani and Natouchka Murray- <i>Identify and create a strategy to support a community garden activity.</i> 	

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	<ul style="list-style-type: none"> • CBO Worksite Resources Activity-Nathan Burandt and Jeannie Cidel- <i>Identify community-based organizations to partner with in offering education and information on available worksite resources.</i> • Know Your Health Numbers Activity-Natouchka Murray, Marcia Hasbani and Amber Graham- <i>Partner with HPDP and worksites to “Know Your Health Numbers”.</i> 	
Partner Updates	<p>William Sanchez</p> <ul style="list-style-type: none"> - Shared updates regarding the Town of Miami Lakes and how they are exploring safe virtual community outreach alternatives for community members. <p>Natouchka Murray</p> <ul style="list-style-type: none"> - Shared information regarding the Journey to Wellness Rx. 	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, June 3, 2021 from 9:30 am – 11:00 via GoToMeeting.	
Adjournment	Nathan Burandt adjourned the meeting at 10:43 am.	