



Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, April 1, 2021  
 9:30 a.m. to 10:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (7)	<ol style="list-style-type: none"> <li>1. Jeannie Cidel – Vice Chair, Aetna</li> <li>2. Nancy Adebisi - Florida Department of Health in Miami-Dade</li> <li>3. Bryanna McDaniel - Florida Department of Health in Miami-Dade</li> <li>4. Jasmine Reid – Infinite Dimensions Corporate Wellness Program</li> <li>5. Natouchka Murray – Florida Department of Health in Miami-Dade</li> <li>6. Marcia Hasbani – Advocate Program</li> <li>7. Charnelle Bacchus Powers - Aetna</li> </ol>	
Welcome and Introductions	The meeting was called to order by Jeannie Cidel, at 9:30 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the March 2021 committee meeting were reviewed. Nancy Adebisi moved to approve. Jeannie Cidel seconded the motion.	
Topics Selected by Chair	One Presentation was held: Worksite Wellness Committee – Nancy Adebisi <ul style="list-style-type: none"> <li>• In this presentation, Nancy gave a brief overview of the history, goals, and mission of the Worksite Wellness Committee and the Consortium as a whole.</li> </ul>	

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Executive Board Updates	Jeannie Cidel highlighted the Consortium Annual Awards Event in October 2021.	
Performance Measures In Need of Improvement	<p>Year in Review: Completed</p> <ul style="list-style-type: none"> <li>• Quarterly SWOT Analysis</li> <li>• Know Your Health Campaign (2020)</li> <li>• Review Results of community assessments to target areas of needs in the community.</li> <li>• Review CHA data to identify and resolve training gaps with local educational institutions.</li> <li>• WW Toolkit</li> <li>• Utilize social media campaigns to increase park use and healthy lifestyles.</li> <li>• Incorporate gun safety into a educational social media campaign.</li> <li>• Create and complete a handwashing social media campaign.</li> </ul> <p>In Progress</p> <ul style="list-style-type: none"> <li>• Utilize forums, webinars, and podcasts to educate on the value of healthy lifestyles and health promoting environments to worksites.</li> <li>• Partner with OEAs and insurance companies to support improvements in social, mental health, and opioid abuse.</li> <li>• Identify best practices and programs on social, mental health, and opioid abuse and its relationship to worksites.</li> <li>• Partner with organizations that have existing policies and work to guide them in identifying best practices.</li> <li>• Partner with the Healthy Baby Taskforce (HBT) and Children’s Issues (CI) Committee to support the development of and implementation of worksite policies related to breastfeeding.</li> </ul>	<p>Bryanna will share SWOT analysis questions via survey monkey with Worksite Wellness Members that were not in attendance.</p> <p>Results of SWOT surveys will be shared in future meetings.</p>

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	<ul style="list-style-type: none"> <li>Organize a corporate event to engage organizations to create safer and healthier neighborhoods.</li> </ul> <p>Incomplete</p> <ul style="list-style-type: none"> <li>Determine service gaps and identify needs by creating, distributing, and collecting surveys from local worksites.</li> <li>Identify and create a strategy to support a community garden activity.</li> <li>Educate workforce on access to healthier foods and shared use paths.</li> <li>Partner with HPDP and worksites to “Know Your Health Numbers”.</li> <li>Identify community-based organizations to partner with in offering education and information on available worksite resources.</li> </ul>	
Partner Updates	<p>Nancy Adebisi</p> <ul style="list-style-type: none"> <li>Shared that there are several tobacco events that are coming up and will be sending out information very soon.</li> </ul> <p>Bryanna McDaniel</p> <ul style="list-style-type: none"> <li>Shared that the Healthy Happens Here Webinar Series is hosting several events in April.</li> </ul>	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, May 6, 2021 from 9:30 am – 11:00 via GoToMeeting.	
Adjournment	Jeannie Cidel adjourned the meeting at 10:00 am.	