

Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, March 4, 2021  
 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (20)	<ol style="list-style-type: none"> <li>1. Nathan Burandt – Chair, Florida International University</li> <li>2. Jeannie Cidel – Vice Chair, Aetna</li> <li>3. Nancy Adebisi - Florida Department of Health in Miami-Dade</li> <li>4. Bryanna McDaniel - Florida Department of Health in Miami-Dade</li> <li>5. Angel Bosch - Dade County Medical Association (DCMA)</li> <li>6. Amber Graham - Miami-Dade County Public Schools</li> <li>7. Jasmine Reid – Infinite Dimensions Corporate Wellness Solutions</li> <li>8. Jodi Warshafsky – Novo Nordisk</li> <li>9. Mandi Garcia – Freedom Health and Wellbeing</li> <li>10. Marcia Hasbani – Advocate Program</li> <li>11. Marcia Sapoznik – Sapoznik Psychotherapy and coaching</li> <li>12. Nikki Chuck - Florida Department of Health in Miami-Dade</li> <li>13. Lataya Hall – Community Member</li> <li>14. William Sanchez - Town of Miami Lakes</li> <li>15. KeTia Harris – Jessie Trice Community Health System</li> <li>16. Jaqueline Lopez – AvMed</li> <li>17. Elizabeth Golshteyn - Town of Miami Lakes</li> <li>18. Kim Sandmaier - Aetna</li> <li>19. Charnelle Bacchus Powers – Aetna</li> <li>20. Monique Davis Bain – Miami Dade County Wellness Works Programs</li> </ol>	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, at 9:35 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the February 2021 committee meeting were reviewed. One correction was noted by Nikki Chuck. Nathan Burandt moved to approve the	

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	meetings with the noted change. Jeannie Cidel seconded the motion. Minutes were approved.	
Topics Selected by Chair	Jodi Warshafsky provided a presentation on “The Chronic Disease of Obesity”.	
Executive Board Updates	Jeannie Cidel and Bryanna McDaniel provided the Executive Board Updates. It was noted that if a member needs to update their contact information, they can contact the committee liaison Bryanna McDaniel, or they can go through the membership page on the Consortium for a Healthier Miami Dade website. They also highlighted the Consortium Annual Awards Event in October 2021.	
Performance Measures In Need of Improvement	<p>SWOT Analysis - Nancy Adebisi led the SWOT analysis discussion.</p> <p>Questions asked:</p> <ul style="list-style-type: none"> <li>- Has there been any resources that the committee has shared that are being used in your organizations?</li> <li>- What was your main reason for joining the committee?</li> <li>- What is your understanding of the Consortium?</li> <li>- How can we be a go-to resource for you and your organization? What can we offer to elevate the committee and organizations in the community?</li> <li>- What were your expectations of the committee? Did we meet your expectations? How did we not meet your expectations (if this is the case)?</li> </ul> <p>Social Media Campaigns</p>	<ul style="list-style-type: none"> <li>• Bryanna will share SWOT analysis questions via survey monkey with Worksite Wellness members that were not in attendance.</li> <li>• Results of SWOT surveys will be shared in future meetings.</li> </ul>

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	<ul style="list-style-type: none"> <li>- Bryanna McDaniel highlighted April and May social media campaigns. Nathan moved to approve. Marcia Sapoznik and William Sanchez seconded.</li> </ul> <p>Service Gaps/Surveys</p> <ul style="list-style-type: none"> <li>- Methods of producing a survey were discussed. Marcia Sapoznik recommended adapting wellbeing questions for this survey.</li> </ul>	
Partner Updates	<p>Jeannie Cidel</p> <ul style="list-style-type: none"> <li>- Aetna has an open opportunity for a wellness coordinator; e-mail Jeannie for information <a href="mailto:cidelj@aetna.com">cidelj@aetna.com</a>.</li> </ul> <p>Bryanna McDaniel</p> <ul style="list-style-type: none"> <li>- Shared that the Healthy Happens Here Webinar Series is hosting several events in March and April.</li> </ul>	
Next Meeting	The next Worksite Wellness Committee meeting will be held on Thursday, April 1, 2021 from 9:30 am – 11:00 via GoToMeeting.	
Adjournment	Nathan Burandt adjourned the meeting at 11:00 am.	