# CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
Tuesday, August 18th, 2020
2:00 PM – 4:00 PM

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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| Membership Total (22)  | **Chair:** Leyanee Perez, Nicklaus Children’s Hospital  
**Co-Chair:** Teri Arvesu, Miami-Dade County  
Melissa Maytin, Florida Department of Health  
Mayra Garcia, Florida Department of Health  
Karen Igleasias, Florida Department of Health  
Tenesha Avent, The Health Council of South Florida  
Virginia Munoz, Florida Department of Health  
Zhyrma Monzon-Canales, Florida Department of Health  
Amber Graham, Miami-Dade Public School Sytem  
Rachel Biderman, University of Florida  
Michelle Fundora, Health Choice Network  
Jacqueline Lopez, AvMed  
Ja’mese Booth, Miami-Dade County Park & Recreation  
Lacy Boyles, American Heart Association  
Lindsay Corrales, Health Foundation of South Florida  
Michelle Collins, Epilepsy Florida  
Rosa Novo, Miami-Dade County Public School System  
Solina Rulfs, UF/IFAS Ext.  
William Sanchez, Town of Miami Lakes  
Yamayra Valentín, Epilepsy Florida  
Lunique St. Hilaire, UF/IFAS Ext.  
SSG Pierce, FL Army National Guard |                                                                                                                                          |               |
| Welcome and Introductions | The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were welcomed and introduced themselves. |               |
| Approval of Minutes     | There was a motion to approve the July 2020 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Leyanee Perez. |               |
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| Presentation | ▪ “Ending the HIV Epidemic” by Karen Iglesias from the Florida Department of Health in Miami-Dade County.
  ▪ “Hurricane Preparedness” by Tenesha Avent from The Health Council of South Florida. |
|--------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Work Plan Discussion | ▪ By September 30, 2020 the committee will work to identify local needs and services for mental health and HIV service gaps.
  ▪ By September 30, 2020 the committee will work to review national frameworks. |
| Executive Board Update | ▪ The Executive Board had two presentations: “Hurricane Preparedness” and “Quarter Four Consortium Business Review”. They also reviewed programatic updates from the Florida Department of Health in Miami-Dade County.
  ▪ The Consortium Annual Event will occur virtually on Friday, October 2nd, 2020. There will be two presenters.
  ▪ An in-person Consortium Annual Event is planned for October 1st, 2021. |
| New Business | ▪ The September committee meeting will focus on reviewing the workplan and planning committee activities. |
| Partner Updates | ▪ The co-chair of the committee, Teri Arvesu, encouraged committee members to vote. The Elder Affairs Committee, which is part of the Board of County Commissioners, is working on an initiative to distribute masks to seniors. They have donated over 10,500 masks to different senior programs. Along with masks, they have also donated fans to seniors. They have received requests for gloves and are accepting donations. They were also able to donate purses to homeless women through donations from a foundation.
  ▪ The GiveMe5 program will resume activities this week beginning with a virtual class for kids. They will also be having a drive-thru farmer’s market. They are beginning in the homestead area and are hoping to reach four schools before the end of the month.
  ▪ The Walker Tracker App initiative has recorded 16,190,000 steps. It is free to join, you can register at: [www.giveme5.walkertracker.com](http://www.giveme5.walkertracker.com). The Walker Tracker App is also available to begin tracking your steps. An apple watch will be awarded to the person with the most steps.
  ▪ Health Choice Network and Alliance Chicago will be hosting its virtual conference on November 4th-12th. For more information visit: [http://www.hcnetwork.org/](http://www.hcnetwork.org/).
  ▪ The Health Foundation of South Florida are focused on their COVID-19 response. |
initiative and are working with their partners to provide education and outreach and in what they have identified as vulnerable hotspots in the community. The ultimate goal is to refer community members to be tested for COVID-19 and increase the testing rates in those areas.

- The Health Foundation of South Florida has been doing strategic planning for almost two years. They are planning to launch the new strategic plan in September. You can sign-up for the Health Foundation newsletter on their website.

- The Epilepsy Foundation is having a virtual presentation this Thursday, August 20th at 1:00pm for childcare personal or parents of a child between the ages of 0-5. The presentation is open to the public and will be in Spanish. The presentation can be accessed at: https://epilepsyfl.zoom.us/j/81416448318. The Epilepsy continues to provide its virtual programs and sponsor telemed services.

- The UF/IFAS Ext. has a state-wide school garden leadership training series catered to teachers. For more information contact Solina Rulfs at: solina@ufl.edu.

- The Department of Health in Miami-Dade County continues to support emergency response, testing sites, and epidemiology with contact tracing. The Healthy Happens Here: Introduction to High Blood Pressure webinar will be tomorrow Wed., August 19, 2020 at 10 a.m. This webinar will address risk factors for high blood pressure, while also learning about important guidelines when it comes to taking high blood pressure medication. This webinar will be using the Skype for Business meeting platform.

**Meeting Link:** Join Skype Meeting.

### Adjournment

- The next meeting will be held on **Tuesday, September 15th, 2020 virtually**. The meeting was adjourned at 3:28 PM.