



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
Health Promotion and Disease Prevention Committee Meeting  
Tuesday, June 16<sup>th</sup>, 2020  
2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (27)	<p><b>Chair:</b> Leyanee Perez, Nicklaus Children’s Hospital            Teri Arvesu, Miami-Dade County            Melissa Maytin, Florida Department of Health            Mayra Garcia, Florida Department of Health            Maria Hidalgo, VITAS Healthcare            Beth Ruhmann, Baptist Health South Florida            Alex Arevalo, Florida Department of Health            Aurelie Lucette, Dr. Aurelie Lucette, LLC            Michelle Fundora, Health Choice Network            Graciela Giraldo, WellCare Health Plans            Monica Dawkins, representing self            Jacqueline Lopez, AvMed            Jose Velez, Clinical Pharmacology of Miami            Julissa Reynoso, Children’s Bereavement Center            Lacy Boyles, American Heart Association            SSG Pierce, FL Army National Guard            LT Jacomi, FL Army National Guard            Michelle Collins, Epilepsy Florida            Michelle Mejia, Baptist Health South Florida            Selena Sifontes, Florida International University            Simone Cheong, West Kendall Baptist Hospital            Karina Villalba, Florida International University            Monica Gonzalez, Epilepsy Florida            William Sanchez, Town of Miami Lakes            Cristina Brito, United Way            Elizabeth Golshteyn, Town of Miami Lakes            Laurence Estime, NAMI</p>	



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Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the May 2020 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded Mayra Garcia.	
Presentation	“NAMI Miami-Dade County Programs” by Laurence Estime from National Alliance on Mental Illness (NAMI) Miami-Dade County. For more information visit: <a href="http://www.namimiami.org">www.namimiami.org</a> .	
Work Plan Discussion	<ul style="list-style-type: none"> <li>▪ By September 30, 2020 the committee will work to identify local needs and services for mental health and HIV service gaps.</li> <li>▪ The committee identified services through the NAMI presentation. The committee will plan for a presentation to address HIV service gaps in the future.</li> </ul>	
Executive Board Update	<ul style="list-style-type: none"> <li>▪ The Executive Board confirmed the cancellation of the Consortium Annual Event. The event has been postponed to October 1<sup>st</sup>, 2021 and it will be combined with the Worksite Wellness Awards.</li> <li>▪ This year, there will be a virtual Consortium Annual Event. There will be two speakers at the event and the topic will focus on health equity and how it relates to COVID-19. More information will be sent out about the event.</li> </ul>	
New Business	<ul style="list-style-type: none"> <li>▪ The committee will continue to meet virtually for the rest of the year. The committee discussed the possibility of having an in-person meeting later in the year if it becomes possible. A benefit of having an in-person meeting is the networking opportunities. The committee discussed the challenge of networking virtually. Ideas included having private chats or sharing contact information through the chat box.</li> </ul>	
Partner Updates	<ul style="list-style-type: none"> <li>▪ The Florida Department of Health in Miami-Dade County is starting a program to send at HIV testing kits to residents. They can sign up at: <a href="http://www.testmiami.org">www.testmiami.org</a> or call 786-792-5269 for more information.</li> <li>▪ Epilepsy Florida is providing telemed services, online support groups, and virtual hangouts on Fridays. For free virtual presentations on epilepsy and seizure first aid as well as any other service contact Michelle Collins at <a href="mailto:mcollins@epilepsyfl.org">mcollins@epilepsyfl.org</a>.</li> </ul>	



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- Children’s Bereavement Center offers grief support groups online for children, teenagers, an adults. All groups are free. For more information contact Julissa Reynoso at: [Julissa@childbereavement.org](mailto:Julissa@childbereavement.org), [www.childbereavement.org](http://www.childbereavement.org), or 305-423-6002.
- VITAS offers various support groups to the community.
- The Elder Affairs Board is working on a mask initiative. They have provided 5,000 donated masks to seniors in public housing. They are also working on providing senior centers and adults day care centers with masks.
- This month is Elder Abuse month and the Alliance for Aging is hosting a panel discussion on the topic. The Consortium’s Elder Issues Committee will have a presentation on Mindfulness for Caretakers during their next monthly meeting on June 30th.
- The county television channel is providing an exercise program five days a week for seniors at 7am.
- Teri Arvesu (co-chair) is working with Univision to create a commercial on healthy living with seniors.
- The Town of Miami Lakes is promoting their bike safety initiative. The initiative has had over 17,000 hits. They have been seeing a lot of progress with bike safety and being outdoors. They will also be hosting a webinar for mental health.
- The Department of Health in Miami-Dade County is still supporting the county and state efforts in contact tracing for positive cases of COVID-19. The department has been involved with different testing sites throughout the county. This past weekend 200 migrant workers were tested at Everglades Village. The STD/HIV department was also present providing information. Participants were provided with masks. Currently, the services for WIC, Family Planning, and Vital Records is being done online or in combination with appointments. For more information, visit: <http://miamidade.floridahealth.gov/programs-and-services/index.html>. The Community Health and Planning Office is transferring their programs to virtual platforms.
- West Kendall Baptist Hospital has an autism support group that occurs on the 2nd Wednesday of every month. It is now being offered virtually.
- Committee member Karina Villalba will be moving to Orlando and working for the University of Central Florida and will focus on how to mitigate and prevent violence against



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	<p>women. For more information contact Karina Villalba at <a href="mailto:kvill012@fiu.edu">kvill012@fiu.edu</a>.</p> <ul style="list-style-type: none"> <li>FIU’s Healthy Living Program is currently providing their programs to students and FIU community members virtually. Their programs focus on different aspects of health and wellbeing. This month they have modified their programming to address the different things that are happening. This Friday they are having an interactive game night educating on racial injustice, inequality, and black history names-Educate 2 Elevate. It’ll be offered via zoom. At the end of June they will have a financial wellness workshop and are doing sound therapy sessions virtually as well. For more information contact Selena Sifontes at <a href="mailto:ssifonte@fiu.edu">ssifonte@fiu.edu</a>.</li> </ul>	
Adjournment	<ul style="list-style-type: none"> <li>The next meeting will be held on <b>Tuesday, July 21<sup>st</sup>, 2020 virtually</b>. The meeting was adjourned at 3:02 PM</li> </ul>	