**Elder Issues Committee**/
**Mayor’s Initiative on Aging**

**Minutes**
Tuesday, May 26, 2020

**Zoom Meeting**
https://us02web.zoom.us/j/81241978282
(meeting ID: 812 4197 8282)

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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| Members/Attendees | 1. Franchesca Abreu, Alliance for Aging, Inc.  
2. Teri Arvesu, Miami-Dade County, Office of the Mayor  
3. Daniel Brady, Brady and Associates  
5. Cindy Brown, JCS/Lambda Living – Vice-Chair  
6. Rebeca Capogreco, WellMed Charitable Foundation  
7. Martine Charles, Alliance for Aging, Inc.  
8. Witson Faustin, Florida Department of Health in Miami-Dade County  
10. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office  
11. Mayra Garcia, Florida Department of Health in Miami-Dade County  
12. Keith Gibson, Alzheimer's Association  
13. Yvonne Gilbert, community member  
14. Michelle Glenn, City of Miami  
15. Steven Linde, Segal Linde PLLC  
16. Silvia A. Lopez, Community Medical Group  
17. Corrine Markey, The Seniors’ Answer  
18. Jason Neufeld, Elder Needs Law, PLLC  
19. Michael Pearson, community member – Chair  
20. Christine Pelaez-Pena, Epilepsy Florida  
21. David Saltman, FIU College of Public Health & Social Work  
22. Marcia Sapoznik, Sapoznik Coaching Services  
23. Natalia Shtompel, Assistant Professor, Barry University School of Social Work (guest of member, Marina Bravo)  
24. Beatriz Severson, Heart Home Solutions LLC  
25. Andy Soler, Unique Medical Centers Inc. | |
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| Welcome and Introductions | 26. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces  
27. Carmen Teixeira-Parry, Alliance for Aging, Inc. |
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<tr>
<td>Review and Approval of Minutes</td>
<td>The meeting minutes from the last meeting on February 25, 2020 were reviewed by the Committee members in attendance. A motion was made to approve the minutes by D. Brady and seconded by T. Arvesu. It was noted that the regular monthly meetings were cancelled in March and April this year due to concerns over the COVID-19 pandemic.</td>
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<td>Executive Board Update</td>
<td>Vice-Chair, C. Brown provided the update from the last Executive Board meeting held virtually on 5/11/2020. The Consortium Annual event will be rescheduled from 2020 to 2021 due to concerns with COVID-19.</td>
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<td>Legislative Report</td>
<td>Chair, M. Pearson shared that funding provided by the Older Americans Act was authorized. Also, the younger-onset Alzheimer’s Act approves services for those younger than 65 years old diagnosed with the condition.</td>
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<td>Previous Action Items(s)</td>
<td>• Chair, M. Pearson led review of presentation evaluations collected at February meeting. A total of ten evaluations were collected and all of them “strongly” agreed that organization, content and overall quality of the presentation <em>Healthcare Access Issues Facing Low-Income Florida Seniors: the STORIES PROJECT</em> by Alison Yager, J.D., Director of Policy Advocacy, Florida Health Justice Project, Inc., was positive and informative.</td>
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### Elder Issues Committee (EIC) Work Plan 2019-2024 Discussion

Discussion was led by Vice-Chair, C. Brown, including a review of progress made on work plan activities and presentations. The following overall points were made regarding activities, measures and/or collaborative partners:

- **EIC will have virtual monthly meetings until further notice with length of meetings reduced to one hour versus two.** Attendees agreed that virtual meetings should be considered for future beyond COVID-19 due to convenience versus regular location at Stephen P. Clark Center downtown.
- **Presentations (minimum four per year) are in progress in 2020 and will plan for future presentations to be incorporated into the virtual meeting format.**
- **EIC will postpone having meeting(s) at host site(s) until it is safe to do so due to COVID-19.**

### Performance Measures in Need of Improvement (Work Plan Review)

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<th>Chair, M. Pearson reviewed main points discussed during Previous Action Items portion of agenda. Timeline development will continue as needed at future meetings to guide work plan activities, presentations and scheduling.</th>
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### Recognition of Improved Performance

- **Healthcare Access Issues Facing Low-Income Florida Seniors: the STORIES PROJECT** presentation by Alison Yager, J.D., Director of Policy Advocacy, Florida Health Justice Project at February meeting.
- Review of presentation evaluations collected at February meeting.

### Partner Updates

- A. Tavss shared details of the Feeling Fit Club, a new functional fitness program designed for older adults of all abilities as a series of five unique video classes. The video classes will be shown as episodes Monday through Friday, repeated weekly, on TV and/or online as follows:

For additional information contact: Allan Tavss, Active Older Adults Program Coordinator, 786-372-9701 or email: tavssa@miamidade.gov.
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- 7:00 AM on Cable Channel 76 on Xfinity (Comcast) and Atlantic Broadband
- Channel 99 on ATT Uverse
- Online at Miami-Dade County’s YouTube channel MiamiDadeTV.

- C. Brown shared details about the Lambda Living virtual programming for seniors posted online
  [https://jewishcommunityservicesofsouthflorida.wildapricot.org/](https://jewishcommunityservicesofsouthflorida.wildapricot.org/).

- D. Saltman shared information about a 15-minute online survey on perceptions of prevention measures taken in response to COVID-19, on behalf of Shanna L. Burke, MSW, MPH, LCSW, PhD at FIU.

- T. Arvesu shared the following:
  - Miami-Dade County Elder Affairs Advisory Board donated one thousand masks to seniors residing in public housing.
  - Serves on board of NAMI Miami; 5/29/20 NAMI’s virtual event *Musical Tribute for Mental Health* from the 60th floor of the Paramount Miami WorldCenter streaming live on Twitch and YouTube.
  - Walk-up COVID-19 testing at West Perrine Health Center on 5/28/20 9AM-12PM, and again on 6/2/20 (flyer emailed).

- M. Sapoznik shared that May is Mental Health Month, and she will be presenting for 15 minutes virtually during the Worksite Wellness Committee meeting on 6/4/20 on *Anxiety, Stress and Burnout During COVID*; phone number 954-798-1969.

- M. Charles shared the following Alliance for Aging programming updates (flyer Alliance for Aging ...at home-Educational programs offered online and by phone was emailed)
  - Elder Abuse Awareness event via Zoom on 6/9 & 6/23/20 at 2PM.

Link to consent and survey:
[https://is.gd/covid19_survey](https://is.gd/covid19_survey)

For additional information contact: Francesca Abreu, Alliance for Aging new older adults program manager, 786-671-1275 or email: abreuf@allianceforaging.org.
**Chronic Disease Self-Management** will be offered via phone and/or Zoom in English and Spanish.

**PEARLS** program designed to reduce depression in socially isolated people is home-based and provides eight 60-minute sessions, one-on-one with a trained counselor over 6-month period in English and Spanish.

**Other programs** transitioning to virtual formats, include Aging Mastery series.

Volunteers and donations needed to assemble care packages (books, puzzles, toiletries) for older adults.

- M. Bravo introduced her colleague, Natalia Shtompel, who then provided details about a study on Latino older adults and their access to services (flyer was emailed); 65 years and older are needed for phone interview; for information, contact Eduardo 786-530-9943.


- **Zoom Chat messages** also included the following partner updates:
  - Steven Linde, Elder Law and Medicaid planning law firm; [www.ineedmedicaid.com](http://www.ineedmedicaid.com)
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- Jason Neufeld, Elder Needs Law, PLLC, Medicaid planning; [www.elderneedslaw.com](http://www.elderneedslaw.com)
- Christine Pelaez-Pena, Epilepsy Florida, [cppena@epilepsyfl.org](mailto:cppena@epilepsyfl.org), cell: 772-485-6577
- Jose P Fernandez; Quality Award program for AHCA/NCAL is in the site visit (virtual) selection phase and the panel of judges will be selecting the finalists. This is for long-term care and ALFs in US. I have no information on any possible applicants from Miami-Dade as that is confidential information. If committee is interested, can do a 10-15-minute presentation at a future meeting on this program; personally evaluated 10 facilities in US, none in Florida.

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<th>Adjournment</th>
<th>Chair, M. Pearson adjourned the meeting at 3:03 PM.</th>
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<td>Next Meeting</td>
<td>The next Elder Issues Committee meeting will be held virtually on Tuesday, June 30, 2020, 2:00-3:00 PM via Zoom.</td>
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