Covid-19, a disease caused by the coronavirus, has become one of the top global health issues this year. In early March 2020, the World Health Organization recognized the Covid-19 outbreak as a pandemic. As a result, we are taking several steps to inform the public about the disease, how to identify symptoms, practice proper hygiene, and how to take part in social distancing and other preventative initiatives.

How is it spread?
Covid-19 is spread by coming into contact with someone who has the virus, by inhaling droplets, or by touching contaminated surfaces.

Symptoms & signs to look for:
- Fever
- Cough
- Shortness of Breath

*Symptoms can take 2 - 14 days to appear

If you develop any of these symptoms call your health provider immediately and practice social distancing.

Call 9-1-1 if you have trouble breathing, have bluish lips, and/or chest pain.

Who’s most at risk?
Those who are high risk, include but are not limited to:
- People aged 65 years and older
- Immunocompromised persons
- Those who are pregnant
- Those with chronic lung conditions

To find the most up-to-date information and guidance on COVID-19, please visit the Department of Health’s dedicated COVID-19 webpage.

For any other questions related to COVID-19 in Florida, please contact the Department’s dedicated COVID-19 Call Center by calling 1-866-779-6121. The Call Center is available 24 hours per day. Inquiries may also be emailed to COVID-19@flhealth.gov.

For information and advisories from the Centers for Disease Control (CDC), please visit the CDC COVID-19 website.

For more information about current travel advisories issued by the U.S. Department of State, please visit the travel advisory website.

Covid-19 Resources

WE'RE HERE FOR YOU. COUNT ON WIC!
Updated 3.31.20

Remote Services
Existing clients: WIC has issued 30 days of food benefits automatically. In the coming weeks, WIC staff will contact these clients via phone to issue more food benefits remotely. Clients may contact their WIC centers directly for more information.

New Clients: Contact our appointment center at 786.336.1300. All services can be conducted remotely via phone and email. Clients who may need to come into the WIC office will do so in a safe manner with minimal contact.

Social Distancing
To ensure the safety of our WIC staff and clients, WIC staff will be working remotely contacting clients via phone.

13 WIC centers remain open. Refer to WIC Program Location COVID-19 for details. Clients are to call their WIC center or WIC appointment line prior to their appointment. Clients who must come to the WIC center will remain in their vehicles and will be provided instructions via phone with minimal contact. Children do not need to be present.

Food and Nutrition Support
Our WIC Nutritionists will be contacting WIC clients via phone to provide nutrition education and facilitate any changes necessary to food packages. They will assist clients with any concerns or questions. Existing WIC clients are encouraged to call their WIC center directly prior to their appointment for further instructions.

Breastfeeding Support
Our WIC Breastfeeding Specialists are dedicated to provide services over the phone and ensure clients receive the breastfeeding support they need. Clients in need of breastfeeding help, can call 786.336.1336.

Visit the CDC’s website for guidance on Breastfeeding and COVID-19.

#StrongerTogether
As we navigate uncharted waters, our WIC program will continue to update the public and partners to ensure we continue our commitment of providing healthy foods, nutrition education and breastfeeding support to pregnant, recently postpartum, breastfeeding women, infants and children up to age 5.

We know many families are going through financial hardships and may be experiencing food insecurity. Miami-Dade WIC is here to help. Call us at 786.336.1300 to schedule your WIC appointment. Please note we are experiencing a high volume of calls so please be patient with us and we will provide you the best service possible.
This year, the Consortium Annual Event and Award Ceremony is in partnership with the Florida Worksite Wellness Awards. For this year's theme, "Fall Into Healthy Habits", attendees will have the exciting opportunity to learn from national leaders in the field of public health, learn best practices on how organizations are promoting healthier lifestyles in their workforce, and how local entities can achieve health equity in their communities.

For more information, visit https://www.healthymiamidade.org/annual-event-and-award-ceremony/

Friday, October 2, 2020
Jungle Island
8:00 AM to 2:00 PM