

CONSORTIUM FOR A HEALTHIER MIAMI~DADE



Health Promotion and Disease Prevention Committee Meeting Tuesday, February 18th, 2020 2:00 PM – 4:00 PM

TOPIC	DISCUSSION	ACTION NEEDED
Membership	<u>Chair:</u> Leyanee Perez, Nicklaus Children's Hospital	
Total	Melissa Maytin, Florida Department of Health	
(21)	Michelle Collins, Epilepsy Florida	
	Mayra Garcia, Florida Department of Health	
	Neysari Arana, UM SCCC	
	Thomas Stone, UM SCCC	
	Arliss Buergo, Curaleaf	
	Mercedes Blanco, Florida Department of Health	
	Lindsay Corrales, HFSF	
	Michelle Fundora, Health Choice Network	
	Andrea Sparano, UM SCCC	
	Amber Graham, Miami-Dade County Public Schools	
	Bryanna McDaniel, Florida Department of Health	
	Abril Sarmiento, Florida Department of Health	
	Solina Rulfs UF/IFAS Extension	
	Queen Holden, Florida Department of Health	
	Jose Velez, Clinical Pharmacology of Miami	
	Rosa Novo, Miami-Dade Public Schools	
	<u>Teleconference</u>	
	Ailin Rodriguez, BRIC	
	Edeline Mondestin, Miami-Dade County	
	Virginia Munoz, Florida Department of Health	
Welcome and	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention	
Introductions	Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were	
	welcomed and introduced themselves.	
Approval of	There was a motion to approve the January 2020 Health Promotion and Disease Prevention	
Minutes	minutes by Mercedes Blanco; the motion was seconded Leyanee Perez.	
Presentation	"Medical Cannabis" by Dr. Michelle Weiner	



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Executive Board	 The Executive Board had a business review presentation. Committee meeting 	
Update	participation has increased by 97%.	
	 This year the Executive Board will focus on the areas of mental health awareness, faith- 	
	based community outreach and working with minority populations.	
	• The Consortium Annual Event is scheduled for Friday, October 2 nd at Jungle Island. It	
	will take place in combination with the Worksite Wellness Awards. Applications to	
	nominate worksites will be sent out to members. Sponsorships are needed for the event	
	and are available at different levels. For more information contact Leyanee Perez.	
New Business	The committee voted to cancel the monthly committee meeting on Tuesday, October 20 th	
Tiew Business	in lieu of the Consortium Annual Event on Friday, October 2 nd and the Health Promotion	
	& Disease Prevention Annual Health Fair on Tuesday, October 6 th .	
Partner Updates	 The Healthy Baby Taskforce will be hosting a Facebook Live Event on Friday, February 21st 	
Tarmer Opulies	about "Black History Month: Addressing the Gap in Infant Mortality in Miami-Dade	
	County."	
	Journey to Wellness Rx Green Prescription	
	Mayra Garcia (Florida Department of Health) provided the following update:	
	- Green Prescriptions are a free resource for organizations and are available in three languages	
	(English, Spanish, Creole). If your organization is interested in partnering and distributing	
	Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. The	
	Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health	
	Center continues to provide free biometric screenings to the community. The Health &	
	Wellness is open every Monday from 9:00am-3:00pm.	
	- The Alzheimer's Association Referral Pads are provided free of charge within the United	
	States to health care providers who might encounter clients or their caregivers with, or at	
	risk of, Alzheimer's disease. The Alzheimer's Association Referral Pad order form can be	
	found online at www.alz.org.	
	- The Mayor's Initiative on Aging, Commissioner Higgins, and the Library System will be	
	hosting a job fair this Friday, February 21 st at the Hispanic Branch Library. Space is still	
	available for vendors to participate. For more information contact Teri Arvesu.	
	- The Dementia Care Initiative is working on a presentation for April 1 st at the Coral Gables	
	Senior Center to educate people about dementia. Flyer is to follow.	



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	 The state is applying for 11.1 million dollars (about 2.6 million dollars for Miami-Dade County) to help support the plan to end the HIV epidemic. The plan is still being finalized and feedback is welcomed. UM's Sylvester Comprehensive Cancer Center is currently recruiting interested Hispanic men (35-64 years old) for an IRB approved study called Tailor Made, "A Su Medida" in Spanish. The purpose of this pilot study is to conduct a web-based health intervention among Hispanic/Latino men. The program aims to increase physical activity, improve healthy eating practices, and reduce sedentary behavior among this population through behavior goal setting, tailored motivational messages, motivational interviewing and online small group sessions. Epilepsy Florida will be having their annual walk on April 25th. Vendor space is available. The Miami-Dade Public School System will be hosting their Superintendent Walk on March 7th at Bayfront Park. They are working on having a Senior Expo and Cancer Symposium for 2021. The Walker Tracker App Initiative's purpose is to promote physical activity through walking. The goal is to have 1 billion steps in 2 years. Currently 5 million steps have been tracked among 19 walkers. The promotional items have had some delays but will be distributed as soon as they are available. The next meeting will be held on Tuesday, March 17th, 2020 at Beacon Center – 8323 	
Adjournment	NW 12st Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at 4:00 PM	