Community Themes and Strengths Assessment

2018 Miami-Dade County (MDC) Wellbeing Survey

70% of MDC residents have resided here for 15+ years

29% of MDC residents rate the quality of the healthcare system in their neighborhood system as good.

Access to Healthy & Affordable Food (%)

69% of MDC residents are employed full-time.

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Never</td>
<td>5.9%</td>
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<tr>
<td>Rarely</td>
<td>15.1%</td>
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<tr>
<td>Sometimes</td>
<td>23.5%</td>
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<tr>
<td>Most of the time</td>
<td>26.2%</td>
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<tr>
<td>Always</td>
<td>25.6%</td>
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<tr>
<td>N/A</td>
<td>3.8%</td>
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Top Causes of Death

1. Heart Disease
2. Cancer
3. Cerebrovascular Diseases/Stroke
4. Unintentional Injuries
5. Chronic Lower Respiratory Diseases
6. Alzheimer's Disease
7. Diabetes
8. Influenza & Pneumonia
9. Kidney Disease
10. Suicide

Stress Levels

31.2% felt stressed more than 3x a week, while 25.7% didn't feel stressed at all.

Common Stressors

- 34% felt very or moderately worried about not being able to make the minimum payments on their credit cards.
- 38.4% felt very or moderately worried about not being able to pay rent, mortgage, or other housing costs.
- 24.5% felt very or moderately worried about losing their job in the next six months.
56% of residents receive healthcare through an employer.

Where Do You Go For Health Care, Mental Health Care, or Dental Services?

- ER: 34.1%
- Family Health Care Provider: 39.7%
- Urgent Care: 46.1%
- Private Practice: 40%

Multiple answers were possible, so the total number of respondents aggregates to more than 100%.

Health Care Information Source

- Internet: 44.1%
- Doctor: 40%
- Family: 22.3%
- Health Plan: 24.7%

Top 4 responses listed only. Please see the 2018 Miami-Dade County Wellbeing Survey Analysis, pg. 14 for more detail.
Neighborhood Livability

Please provide your opinion on the following issues:

Residents are able to live in affordable housing

- Never or Rarely: 35.6%
- Sometimes: 29%
- Mostly or Always: 29%

Residents live in a family-friendly environment

- Never or Rarely: 19.3%
- Sometimes: 26.1%
- Mostly or Always: 53%

Residents are able to find good jobs

- Never or Rarely: 32.8%
- Sometimes: 30.1%
- Mostly or Always: 25.7%

Of residents consider mental health to be a "large problem"

- 35.6%

Of residents consider violence to be a "large problem"

- 29.7%
Approximately 25.1% of people spend leisure time outside of their house 1-2 times a week.
More than **80%** of people agree or strongly agree that they have a positive view of the future.

**Are You Receiving Treatment for a Mental or Emotional Condition?**

- **73.0%** Yes
- **27.0%** No

**How Often Does Noise In Your Neighborhood Bother You?**

- **Always**: 11.9
- **Mostly**: 13.6
- **Sometimes**: 28
- **Rarely**: 26.5
- **Never**: 19.4
- **N/A**: 0.7
Gender in Miami-Dade

Male: 51.5%
Female: 48.5%

71% of MDC residents earn $35,000 or more a year

English is the primary language of 86% of MDC residents, while 26% consider Spanish to be their primary language.

The percentages by Primary Language are not mutually exclusive, meaning that a person could respond that their Primary Language is both English and Spanish.
How Would You Rate the Quality of Life in Your Neighborhood?

- **12.6%** of residents strongly agree that they have a positive view of the future.
- **21.7%** of residents strongly disagree that they have a positive view of the future.

- **31.5%**
- **21.7%**
- **12.6%**
- **12.6%**
- **4.6%**

*Legend: Excellent, Very Good, Good, Fair, Poor*
56.9% of residents strongly agree that breastfeeding benefits the health of mothers and babies.

50.4% of residents strongly agree that they are comfortable when mothers breastfeed near them in public spaces.

Residents With Disabilities Have Access to Services

- 33.7% (Always)
- 23.8% (Most of the time)
- 13.8% (Sometimes)
- 5.7% (Never)
- 23.1% (Rarely)