## Consortium for a Healthier Miami-Dade

Health Promotion and Disease Prevention Committee Meeting  
Tuesday, January 21st, 2020  
2:00 PM – 4:00 PM

<table>
<thead>
<tr>
<th><strong>Topic</strong></th>
<th><strong>Discussion</strong></th>
<th><strong>Action Needed</strong></th>
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</thead>
</table>
| **Membership Total (12)** | **Chair:** Leyanee Perez, Nicklaus Children’s Hospital  
Teri Arvesu, Miami-Dade County  
Melissa Maytin, Florida Department of Health  
Mayra Garcia, Florida Department of Health  
Mercedes Blanco, Florida Department of Health  
Virginia Munoz, Florida Department of Health  
Michelle Fundora, Health Choice Network  
Solina Rulfs UF/IFAS Extension  
Cristina Brito, United Way  
Coraal Cohen, representing self  
Selena Sifontes, Florida International University  
**Teleconference**  
Zhyrma Monzon, Florida Department of Health | |
| **Welcome and Introductions** | The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were welcomed and introduced themselves. | |
| **Approval of Minutes** | There was a motion to approve the December 2019 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded Cristina Brito. | |
| **Executive Board Update** |   | |
|   • The Executive Board registered for the Walker Tracker App.  
  • The Executive Board discussed the three areas that they will be focusing on this year: mental health, working with faith-based organizations, and outreach to the Hispanic community. Teri Arvesu currently sits on board for NAMI (National Alliance on Mental Illness). She will find out about opportunities for partnership between NAMI and the Consortium.  
  • The Annual Event Taskforce met after the Executive Board Meeting and had a workshop on sponsorships. | |
| Previous Action Items | • Leyanee Perez provided an update for the Walker Tracker App. There is a new marketing team working on the Walker Tracker App promotion. They will be providing a link soon. The printed materials are still being developed.  
• The purpose of the app is to promote physical activity through walking. There will be 13 teams representing the demographic profile of the county. The data will be used to compare clusters and identify which of them are more active and how to improve the ones that are not as active.  
• The Walker Tracker App login is: giveme5.walkertracker.com  
• The committee chairs had a meeting with a member of the Our Voice initiative. Depending on funding opportunities, the committee may revisit this idea. |
| New Business | • The committee discussed the new workplan and created a list of potential presentations to host this year.  
• The committee decided that they would host their annual health fair during the fall of 2020 and will focus on hosting a Mental Health Forum during 2021.  
• Teri Arvesu, co-chair of the committee, will find out which dates are available at the Stephen P. Clark Government Center to host the annual health fair.  
• Cristina Brito, chair of the Children’s Issue Committee, will be added to monthly agendas and will provide an update on the Healthy Baby Taskforce. Through these updates, the committee will be informed of any initiatives that need support and opportunities for collaboration. |
| Partner Updates | **Journey to Wellness Rx Green Prescription**  
Mayra Garcia (Florida Department of Health) provided the following update:  
- Green Prescriptions are a free resource for organizations and are available in three languages (English, Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center continues to provide free biometric screenings to the community. The Health & Wellness is open every Monday from 9:00am-3:00pm.  
- The Community Health Action Team of the Florida Department of Health in Miami-Dade County provides free blood pressure screenings throughout the county.  
- The HIV/STD Prevention & Control Program of the Florida Department of Health in Miami-|
Dade County have a series of upcoming events (posted on [www.TestMiami.org](http://www.TestMiami.org)). The Getting 2 Zero campaign kicks off on February 14th. Home test kits are now available for HIV.

- Health Choice Network hosts an educational conference every year for their partners throughout the United States. More information to follow about partnerships and the event.
- The IFAS Extension is having their annual agricultural tour on February 21st. The farms are in Homestead, FL, and there is a cost associated with the tours.
- United Way will release three RFP’s (Response Fund Process) on February 5th at 5pm and will be due on March 6th at 5pm. One will be in education focused on family literacy. The second one will be on health literacy and access. Enrollment will be a component, but there will be other factors as well including follow-up requirements. The third RFP will be for a volunteer-driven program. The combine max investment is $324,000 over two years or $167,000 annually. They are hoping to fund 3-8 agencies at the $10,000-$50,000 level per program. Funding will begin July 1st, 2020 and will end June 30th, 2022. This is the only way that organizations can become and Impact Partner with United Way.

### Adjournment
- The next meeting will be held on **Tuesday, February 18th, 2020 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126.** The meeting was adjourned at 4:00 PM.