

Consortium for a Healthier Miami-Dade Worksite Wellness Committee Meeting Minutes Thursday, January 9, 2020 9:30 a.m. to 11:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present		
	1. Vice Chair: Desiree Adderley – CareATC	
	2. Nancy Adebisi – Florida Department of Health in Miami-Dade	
	3. Committee Liaison: Robert Ward – Florida Department of Health in Miami-Dade	
	4. Bryanna McDaniel – Florida Department of Health in Miami-Dade	
	5. Nikki Chuck – Florida Department of Health in Miami-Dade	
	6. Anastasia Yecke – Healing Hands	
	7. Milton Fonseca – Advocate Program	
	8. Cynthia Vidaurrazaga – Miami-Dade Schools	
	Teleconference	
	9. Fayola Delica - Haitian American Professionals Coalition	
	10. Stephanie Thomas - City of North Miami	
	11. Beatriz Hartman - Consolidated Credit	
	12. Cassandara Metayer – Miami Children Healthcare	
	13. Charnelle Bacchus-Powers – AETNA	
	14. Marcia Sapoznik – Sapoznik Coaching Services	
Welcome and Introductions	The meeting was called to order by Desiree Adderley, Worksite Wellness	
	Committee Vice-Chair, at 9:32 a.m. Committee members and guests	
Minutes	introduced themselves.	
Minutes	Minutes for the December 5, 2019 committee meeting were reviewed. Desiree Adderley moved to approve. Nancy Adebisi seconded the motion.	



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Committee Work Plan Review	The Worksite Wellness Committee reviewed the work plan that was created at the December 2019 meeting. The committee reviewed each health priority area and recommended any alterations they felt necessary. After the workplan was reviewed, Desiree Adderley moved to approve the workplan, and Robert Ward seconded the motion.	 Robert Ward will update the workplan with the recommended changes Bryanna McDaniel will create a draft timeline for the accomplishment of each work plan objective Bryanna McDaniel will create a list of 4-5 objectives that the committee will focus on completing in the near future.
Toolkit Update Review	Bryanna McDaniel shared updates she had made to the Worksite Wellness Toolkit. The toolkit was reviewed and proposed changes were discussed.	• Bryanna McDaniel will continue to revise the toolkit.
Tobacco Free Workplace Summit	 Nancy Adebisi announced that the Consortium for a Healthier Miami-Dade Tobacco-Free Workgroup will be hosting the Tobacco-Free Workplace Summit on Friday, February 28, 2020 at the Firefighters Memorial Building (8000 NW 21st Street, Doral, FL 33122). Nancy invited the committee to join this free educational event to network and learn about the benefits of becoming a tobacco-free worksite and the resources available to help you and your organization develop and implement policy change. 	
Partner Updates	 Marcia Sapoznik reported that the Latino Center on Aging is hosting the South Florida Hispanic Coalition for Aging luncheon on Wednesday, January 29, 2020. Marcia followed up with more 	



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	information after the meeting and Robert Ward emailed this information out to the meeting attendees.	
	Robert Ward announced that Bryanna McDaniel will be taking over	
	as committee liaison moving forward.	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday,	
	February 6, 2019 from 9:30 am-11:30 am at the Florida Department of	
	Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street,	
	Suite 212, Miami, FL, 33126.	
Adjournment	Committee Chair Desiree Adderley adjourned the meeting at 10:47am and	
	Nikki Chuck seconded that motion.	