CONSORTIUM FOR A HEALTHIER MIAMI~DADE Health Promotion and Disease Prevention Committee Mee MAKE HEALTHY HAPPEN MIAM



Health Promotion and Disease Prevention Committee Meeting Tuesday, December 17th, 2019 2:00 PM – 4:00 PM

TOPIC	DISCUSSION	ACTION NEEDED
Membership	Chair: Leyanee Perez, Nicklaus Children's Hospital	
Total	Teri Arvesu, Miami-Dade County	
(15)	Melissa Maytin, Florida Department of Health	
	Monica Gonzalez, Epilepsy Florida	
	Mercedes Blanco, Florida Department of Health	
	Blanca Ceballos, United Home Care	
	Amber Graham, Miami-Dade County Public Schools	
	Ann-Karen Weller, Florida Department of Health	
	Coraal Cohen, representing self	
	Mayra Garcia, Florida Department of Health	
	Cynthia Vidaurrazaga, Miami-Dade County Public Schools	
	Maria Hidalgo, VITAS	
	Teleconference	
	Amy Pont, Community Care Plan	
	Virginia Munoz, Florida Department of Health in Miami-Dade County	
	Cristina Brito, United Way	
Welcome and	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention	
Introductions	Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were	
	welcomed and introduced themselves.	
Approval of	There was a motion to approve the November 2019 Health Promotion and Disease Prevention	
Minutes	minutes by Teri Arvesu; the motion was seconded Coraal Cohen.	
New Business	• The Committee reviewed the Consortium Health Agenda that will be posted on the	
	website. The committee suggested changes to help improve the document.	
Previous Action	• Leyanee Perez provided an update for the Walker Tracker App. The purpose of the app is	
Items	to promote physical activity through walking. Marketing materials are being created and	
	printed and once completed will be distributed. The app has capacity for 3500 participants	
	and currently has 9. A link will be provided to Consortium members to join the initiative.	



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Karen Weller) to review the new Health Promotion and Disease Prevention Committee	
(HPDP) Work Plan which was created in the previous meeting. The committee had the	
opportunity to make suggestions for changes.	
 The Executive Board reviewed and adopted the strategic plan. The board also reviewed 	
the Tobacco-Free Workgroup Advocacy Letter which will be sent out to Miami-Dade	
Commissioners. The letter is about tobacco retail licensing and increasing the age of	
tobacco product use. They also discussed the Consortium Event Taskforce meeting.	
 Teri updated the committee on The Mayor's Initiative on Aging Library Series that 	
happened on December 16 th in Miami Beach. Baptist Health provided health screenings	
and had a presentation on mindfulness eating during the holidays.	
 United Home Care along with The Mayor's Initiative on Aging Library Series will be 	
hosting workshops in Homestead in January & February. The January workshop will be	
on nutrition and the February workshop will be on caregiver stress.	
The next meeting will be held on Tuesday, January 21 st , 2020 at Beacon Center – 8323	
NW 12st Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at	
4:00 PM	
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