**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**
Health Promotion and Disease Prevention Committee Meeting
Tuesday, December 17th, 2019
2:00 PM – 4:00 PM

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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| Membership Total (15)     | **Chair:** Leyanee Perez, Nicklaus Children’s Hospital  
Teri Arvesu, Miami-Dade County  
Melissa Maytin, Florida Department of Health  
Monica Gonzalez, Epilepsy Florida  
Mercedes Blanco, Florida Department of Health  
Blanca Ceballos, United Home Care  
Amber Graham, Miami-Dade County Public Schools  
Ann-Karen Weller, Florida Department of Health  
Coraal Cohen, representing self  
Mayra Garcia, Florida Department of Health  
Cynthia Vidaurrezaga, Miami-Dade County Public Schools  
Maria Hidalgo, VITAS  
**Teleconference**  
Amy Pont, Community Care Plan  
Virginia Munoz, Florida Department of Health in Miami-Dade County  
Cristina Brito, United Way                                                                 |               |
| Welcome and Introductions | The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were welcomed and introduced themselves.                                      |               |
| Approval of Minutes       | There was a motion to approve the November 2019 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded Coraal Cohen.                                                        |               |
| New Business              | ▪ The Committee reviewed the Consortium Health Agenda that will be posted on the website. The committee suggested changes to help improve the document.                                                       |               |
| Previous Action Items     | ▪ Leyanee Perez provided an update for the Walker Tracker App. The purpose of the app is to promote physical activity through walking. Marketing materials are being created and printed and once completed will be distributed. The app has capacity for 3500 participants and currently has 9. A link will be provided to Consortium members to join the initiative. |               |
Committee Work Plan Workshop: a group discussion was facilitated by DOH staff (Ann-Karen Weller) to review the new Health Promotion and Disease Prevention Committee (HPDP) Work Plan which was created in the previous meeting. The committee had the opportunity to make suggestions for changes.

The Executive Board reviewed and adopted the strategic plan. The board also reviewed the Tobacco-Free Workgroup Advocacy Letter which will be sent out to Miami-Dade Commissioners. The letter is about tobacco retail licensing and increasing the age of tobacco product use. They also discussed the Consortium Event Taskforce meeting.

Teri updated the committee on The Mayor’s Initiative on Aging Library Series that happened on December 16th in Miami Beach. Baptist Health provided health screenings and had a presentation on mindfulness eating during the holidays. United Home Care along with The Mayor’s Initiative on Aging Library Series will be hosting workshops in Homestead in January & February. The January workshop will be on nutrition and the February workshop will be on caregiver stress.

The next meeting will be held on **Tuesday, January 21st, 2020 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126.** The meeting was adjourned at 4:00 PM.