



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, October 15th, 2019
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (14)	<p>Chair: Leyanee Perez, Nicklaus Children’s Hospital Melissa Maytin, Florida Department of Health Michelle Collins, Epilepsy Florida Angelica Urbina, Florida Department of Health Mercedes Blanco, Florida Department of Health Cristina Brito, United Way Jan Hurley, Hurley Health Karen Iglesias, Florida Department of Health Krizia Barker, Curaleaf Arliss Buergo, Curaleaf Monica Gonzalez, Epilepsy Florida Mayra Garcia, Florida Department of Health Maria Hidalgo, VITAS</p> <p>Teleconference Zhyrma Monzon Canales, Florida Department of Health</p>	
Welcome and Introductions	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were welcomed and introduced themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the July 2019 Health Promotion and Disease Prevention minutes by Cristina Brito; the motion was seconded Jan Hurley.</p>	
Presentation	<ul style="list-style-type: none"> ▪ Presentation: “Hospice Care” by VITAS ▪ Presentation: “Ending the HIV Epidemic: A Plan for America” & “Your Voice Your Priority” survey available at https://www.surveymonkey.com/r/EtHEMiami (closes November 12th) by The Florida Department of Health in Miami-Dade County. 	
Previous Action Items	<ul style="list-style-type: none"> ▪ The committee hosted a health fair on September 14th, 2019 at the Shrine Our Lady of Charity. The health fair was composed of many vendors; however, community attendance was low. The committee discussed various ways to improve for next year including a 	



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	<p>better location. The committee discussed choosing a more exposed location (open-area) for the next event such as a park.</p> <ul style="list-style-type: none"> ▪ During the health fair, Commissioner Bovo presented on the Census. The committee is interested in learning more about the Census and would like a presentation. Monica Gonzalez from Epilepsy Florida will help arrange a presentation. 	
Topics Selected by Chair	<ul style="list-style-type: none"> ▪ Walker Tracker App Update <ul style="list-style-type: none"> - This is an initiative through Nicklaus Children’s Hospital to increase physical activity. It involves the Walker Tracker App and it focuses on getting kids to be more active. However, because they need mobile phone and there are safety concerns about them walking alone, parents and family would also be involved. The platform was just finished and will follow the same 13 clusters by zip codes that the Florida Department of Health uses. With the data, they will be able to identify which areas are more active and explore the reasons why. - They are planning to partner with Miami-Dade County parks to invite people to the Fit Zones which came through the work of the Consortium. - The link will be sent to the committee to download the app. You can link it to your fitness trackers or input data manually. 	
Work Plan Discussion	<ul style="list-style-type: none"> ▪ The committee will be having the workplan discussion next meeting (November 19th). The chair of the committee encouraged members to attend. 	
Workgroup Updates	<p><u>Journey to Wellness Rx Green Prescription</u> Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> ▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. <ul style="list-style-type: none"> - The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center continues to provide free biometric screenings to the community. The Health & Wellness is open every Monday from 9:00am-3:00pm 	
Partner Updates	<ul style="list-style-type: none"> ▪ Title X Information & Education Committee: Cholesterol Brochure Review by Angelica Urbina from the Florida Department of Health in Miami-Dade County. 	



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	<p>– The Family Planning Program from the Florida Department of Health in Miami-Dade County must have any new educational materials reviewed by a committee. The committee reviewed the brochure and completed an evaluation sheet.</p> <ul style="list-style-type: none"> ▪ The Florida Department of Health in Miami-Dade County, Women’s Health Program offers free mammograms to uninsured women who are 50-64 years of age. If interested, please contact: 305-470-5634. ▪ Epilepsy Florida provided committee members with free Rx Savings Coupons. ▪ Michelle Collins will be the new Community Resource Representative in Miami-Dade County and Broward County for Epilepsy Florida. ▪ There will be an Expo at Lexus of West Kendall on Thursday, October 17th. Baptist West Kendall will be providing free screenings at the expo. ▪ Epilepsy Florida is having a “Let’s Talk About It! Chefs Cook Keto” event on Wednesday, December 6th. 	
Adjournment	<p>The next meeting will be held on Tuesday, November 19th, 2019 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at 4:00 PM</p>	