

September 2019

## National Prostate Cancer Awareness Month

The Florida Department of Health in Miami-Dade County is joining forces with the American Cancer Society to raise awareness of prostate cancer as an important health concern among American men. Other than skin cancer, prostate cancer is the most frequently diagnosed cancer in men, especially in African American men. About 1 in 9 men will be diagnosed with prostate cancer during their lifetime. The American Cancer Society recommends all men talk with their health care provider, so they can decide if prostate cancer screening is right for them.

Visit <https://www.pcf.org/blue/> for more information about prostate cancer and how the American Cancer Society can help you take steps to help reduce your risk for the disease.

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### Attention:

We are currently accepting submissions for our next Newsletter!

For more info email:  
Chastity.Spann@flhealth.gov

### FAST STATS ABOUT PROSTATE CANCER

- There are more than 174,000 new cases of prostate cancer each year.
- The average age at the time of diagnosis is about 66.
- More than 2.9 million men in the United States who have been diagnosed with prostate cancer at some point are still alive today.

[Reference: Prostate Cancer Foundation](#)



## Health & Resource Fair

Join the Consortium for a Healthier Miami-Dade Health Promotion & Disease Prevention Committee and the Mayor's Initiative on Aging as they kick off the first annual Health and Resource Fair! For more information, please contact Teri Arvesu at Ana.Busse-Arvesu@miamidade.gov.

The Mayor's Initiative on Aging & The Consortium for a Healthier Miami-Dade  
Presents:  
**Health & Resource Fair**



**Saturday, September 14th, 2019**  
10:00 AM - 2:00 PM

**Location:**  
Shrine of Our Lady of Charity  
3609 South Miami Avenue, Miami, FL 33133

Hosted By: The Health Promotion & Disease Prevention Committee

For more information contact:  
Teri Arvesu at  
Ana.Busse-Arvesu@miamidade.gov



## Youth and Young Adult Essay Contest

How can your children do their homework and win a \$100 gift card? Now that kids are back in school, they may have to write an essay for health, civics, or English class. Encourage them to write an essay for the [Youth and Young Adult Essay Contest](#).

If their essay gets published in a major Florida newspaper, they will win a \$100 gift card.

To learn more, please visit <http://pierobon.org/to-bacco/web/essay.htm>.

## Childhood Cancer Awareness Month

In the United States, 15,780 children under the age of 21 are diagnosed with cancer every year. The causes of pediatric cancer are still largely unknown, and though new discoveries are resulting in innovative treatments, this heartbreaking disease continues to scar families and communities in ways that may never fully heal. September is a time to commit to raising childhood cancer awareness. Let's remember the young lives lost too soon and stand with the families facing childhood cancer. We can all make a difference when combating this terrible illness.

To learn more about childhood cancer and how to spread awareness, please visit the [American Childhood Cancer Organization](#).



### Stats

- Cancer is the second leading cause of death in children ages 1 to 14
- More than 80% of children with cancer now survive 5 years or more
- Childhood cancers make up less than 1% of all cancers diagnosed each year

Reference: [American Childhood Cancer Organization](#)



With storms comes mosquitoes! Remember to drain standing water and to cover up while enjoying outdoor activities. For more information about mosquito safety, please visit [miamidade.floridahealth.gov](#).

## Did you know?

Hepatitis A is usually transmitted person-to-person through the fecal-oral route or consumption of contaminated food or water. To learn more information about Hepatitis A please click [here](#). For a list of local services available to you in Miami-Dade County, please visit [miamidade.floridahealth.gov](#).

## Events Calendar

### September 2019

9/11 Annual Open House/Community Resource Fair, Norwood Elementary, 19810 NW 14th Ct Miami, FL 33169, 6:00pm-8:00pm

9/14 The Consortium for a Healthier Miami-Dade & the Mayor's Initiative on Aging Health and Resource Fair, Shrine of Our Lady of Charity, 3609 South Miami Avenue Miami, FL 33133, 10:00am-2:00pm

9/21 International Coastal Clean Up, Hobbie Island Beach Park, 3979 Rickenbacker Causeway Miami, FL 33149, 9:00am-1:00pm

9/27 Florida Kidcare Coalition of Miami-Dade Monthly Meeting, United Way of Miami-Dade, 3250 SW 3<sup>rd</sup> Avenue Miami, FL 33129, 9:30am-11:30am

*[For a complete list of Consortium Events click here!](#)*

## Join the Consortium For A Healthier Miami-Dade!

*Healthy Environment, Healthy Lifestyles, Healthy Community*

The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:

- Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.



Sponsored by the Florida Department of Health in Miami-Dade County

Membership is free and open to all individuals who support the vision, mission and goals of the Consortium. To become a member and learn more visit our website [www.healthymiamidade.org](#)