<table>
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<th>TOPIC</th>
<th>DISCUSSION</th>
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| Members Present            | 1. Teri Arvesu, Miami-Dade County, Office of the Mayor  
2. Osmin Bejerano, Community Medical Group  
3. Camila Bernal Fontal, United Way of Miami-Dade*  
4. Cindy Brown, JCS/Lambda Living – Vice-Chair  
5. Jorge Carreño, FIU CARE Center – Presenter  
6. Carmen Centeno, Miami-Dade Public Library System  
7. Rob Collins, HOPE, Inc.  
8. Witson Faustin, Florida Department of Health in Miami-Dade County  
9. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office*  
10. Galia Galindo, Long-Term Care Ombudsman Program  
11. Frances Garcia, Miami-Dade Fire Rescue  
12. Mayra Garcia, Florida Department of Health in Miami-Dade County  
13. Raul A. Gonzalez, Integrum Medical Group  
14. Maria Hidalgo Diaz, VITAS  
15. Jan Hurley, Hurley Health  
16. Alexandra Ivanovitch, VR-Nation  
17. Monica Keil, MHG Insurance  
18. Corrine Markey, The Seniors’ Answer*  
19. Luis Mejer, Jr., 24/7 Nursing Care, Inc.  
20. Edeline Mondestin, Miami-Dade County CAHSD*  
21. Michael Pearson, Alzheimer’s Association – Chair  
22. Oasis Peña, Integrum Medical Group  
23. Belissa Rodriguez, Simply Healthcare  
24. Indira Rodriguez Prieto, Ponce Mediclub  
25. Solina Rulfs, University of Florida/IFAS Extension*  
26. Marjorie York, Community Action Agency                                                                                                                                                                                                                      |
Welcome and Introductions | Chair, Michael Pearson welcomed everyone and started the meeting at 2:08 PM. The meeting was held at Stephen P. Clark Government Center, 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. Everyone introduced themselves.

Review and Approval of Minutes | The meeting minutes for September 24, 2019 were reviewed by the Committee. A motion was made to approve the minutes by Cindy Brown and seconded by Teri Arvesu.

Previous Action Item(s) | **Chronic Disease Subcommittee for Dental Care for Elders; next steps:**
- Consider organizing a more public-focused event to provide information on older adult dental care for seniors and their care givers.
- Looking for a dentist to present to seniors.
- Teri A. announced those interested in this issue could attend the upcoming 5th Oral Health Equity Summit at Miami-Dade College-Hialeah Campus on Tuesday, 11/19/19 11:00AM-2:00PM (copies of flyer were made available to attendees).

- **Plan after-work hours networking event for all Consortium members**
  - All agreed that Tuesday, December 3rd would be a good date and time set at 5:30-8:30PM.
  - Teri A. will confirm with her contact, manager of *Las Vegas* restaurant in Doral regarding the details for this event as agreed upon. She will also try to get their logo to use in email invite to all Consortium members.
  - Cindy will follow-up with the Marketing & Membership Committee Chairs to work on email invite and ask them to assist with promotion of this event.

Action Item:
- **Consider organizing a more public-focused older adult dental health event.**
- **Teri A. to confirm after-work hours networking event on Tuesday, 12/3/19 from 5:30-8:30PM at Las Vegas restaurant in Doral.**
- **Cindy B. to collaborate with Marketing & Membership Committee for email invite to be sent to all Consortium members.**

Executive Board Update | Vice-Chair, Cindy Brown provided the update from the last Executive Board meeting held on 10/7/2019. Planning for the Consortium Annual event (tba) has begun. Also, each of the Consortium committees will be having a work plan development session as part of their upcoming regular committee meetings. Elder
Issues Committee’s work plan development session will be on Tuesday, 11/26/19 from 2:00-4:00PM.

**Legislative Report**  
Chair, Michael Pearson provided the following updates from the Federal level:
- The House of Representatives reauthorized the Older Americans Act (OAA) which connects older adults and their caregivers to services that help older adults age with health, dignity and independence in their homes and communities. It will now go to the Senate for their consideration. This federal program is good for funding of older adult services in our community.
- The Younger-Onset Alzheimer’s Act amends the OAA to support individuals with younger onset Alzheimer’s disease is being considered by the House.
- The Palliative Care bill passed in the House and goes to the Senate next for consideration.

**Presentation: Falls Prevention for Older Adults**  
Dr. Jorge Carreño, PT, DPT, from the FIU CARE Center at the Florida International University gave a very interesting and informative presentation on preventing falls for older adults. 33-35% of older adults in the community fall; 40% are greater than 75 years old. In the United States, falls represent $51 billion in medical costs; in Florida, they represent $3 billion. Falls are the main cause of injury in older adults; 95% of hip fractures are due to falls; 95% are discharged to nursing homes and 20% will die within a year according to Florida DOH 2011 and Schell et al. 2010. 40% of total nursing home admissions are related to falls. The presentation also included the following important subject matter topics:
- Consequences of falls
- Risk factors for falls
- Interventions to reduce falls
- Further suggestions to reduce falls

The PowerPoint presentation was sent via email to all Committee members on 10/30/19.
## Performance Measures in Need of Improvement

- Plan community events tailored to networking professionals, elder community, and caregivers (2/year).
  - Details for an after-work hours networking event tailored to Consortium professionals were solidified at this EIC meeting (see Previous Action Items section in minutes above).
- Conduct presentation(s) with focus on obesity and Diabetes Type 2.
  - Teri A. mentioned that next month is Diabetes Awareness month and that she is working with Carmen Centeno, MDPLS, to plan a diabetes event (tba) at the Miami Beach library with a mini fair and content from Baptist Hospital.
  - Cindy B. offered to do a Facebook live recording of any presentations.

## Recognition of Improved Performance

- Raise awareness of safety measures to decrease the rate of deaths from unintentional falls: Dr. Jorge Carreño, PT, DPT, from FIU presented on Falls Prevention for Older Adults at today’s meeting.

## Partner Updates

- Maria H. announced:
  - The VITAS Volunteer program and passed out brochures with info.
  - She hosts a weekly Spanish radio program on Cadena Azul/WRHC 1550 AM *Sin Fronteras* (Without Borders).
- Teri A. announced:
  - Miami-Dade County-funded Public Housing properties; shared copies of listing and main number to call for questions: 786-469-4110/-4100.
  - The Mayor’s Initiative on Aging and the Miami-Dade Public Library System upcoming series Health & Wellness Series (Habits of Healthy People 10/23, Healthy Brain 10/30, Positive Thinking 11/6, Healthy Sleep 11/13, Eat This, Not That 11/20) to be held at South Dade Regional Library on Wednesdays from 11AM to Noon (flyers were provided); call 305-233-8140 for additional info.

If you work for a non-profit and would like to present on a health topic and/or promote services or events for seniors, contact Maria.Hidalgo@VITAS.com or call 786-399-3992.
Elder Issues Committee/
Mayor’s Initiative on Aging
Minutes
Tuesday, October 29, 2019

- Census 2020; we should all be promoting it as allocation of funding is dependent on population count. Also, they are hiring Census workers.
- Florida Free Legal Answers is an online civil legal service for low-income people who cannot afford to pay an attorney (flyer provided).
  - Raul G. announced Integrum Medical Group services (palm card provided).
  - Indire R. announced Ponce Medical Center programs and services.
  - Alexandra I. announced highlights of AFI Mini Grant for VR programming.
  - Jan H. discussed her professional journey to present as a wellness consultant. Also, announced event for Blue Zones Project Miami on Friday, 11/1/19 from 7-9PM; call 305-926-8280 if interested in attending (event card provided).
  - Rob C. announced HOPE, Inc. services which fight housing discrimination in Miami/call 305-651-4673, and Broward/call 954-567-0545 (flyer provided).
  - Martine C. announced SHINE program services (will email contact info.).
- Marjorie Y. announced:
  - Domestic Violence Awareness Event on 10/31/19 from 6-9PM in Miami Beach (flyer provided).
  - Veterans Day Parade on 11/11/19 at 11:11AM beginning at the Miami Beach Police Station.
  - Cindy B. announced JCS Café is having a health fair for seniors on 11/13/19 from 12:30-3:30 PM (will email flyer when ready for distribution).
- Michael P. announced:
  - 2019 Walk to End Alzheimer’s on 11/16/19; sign up at act.Alz.org/walk. Also, they now have two mobile outreach units which

Visit 2020census.gov/jobs or call 1-855-562-2020 to learn more about specific Census worker application requirements.

For Florida Free Legal Answers, go online to http://florida.freelegalanswers.org.
can go to large health fairs and community events for Alzheimer’s education.

- At next month’s meeting on November 26, 2019 from 2-4PM, the Elder Issues Committee (EIC) will have a group discussion to develop the new EIC work plan. Strategic health priorities identified from the Community Meeting in July will be used to strategize how the EIC will align its work with these priority areas. Please come ready with ideas to share and discuss possible EIC activities and ways to measure these activities. Let’s come together as partners to collaborate on our next steps for the EIC.

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<tr>
<th>Adjournment</th>
<th>Michael Pearson adjourned the meeting at 3:49 PM.</th>
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<tr>
<td>Next Meeting</td>
<td>The next Elder Issues Committee meeting will be held on Tuesday, November 26, 2019, 2:00-4:00 PM at the Stephen P. Clark Government Center located at 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128.</td>
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