<table>
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<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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| Members Present           | 1. Teri Arvesu, Miami-Dade County, Office of the Mayor  
2. Cindy Brown, JCS/Lambda Living – Vice-Chair  
3. Rob Collins, HOPE, Inc.  
4. Witson Faustin, Florida Department of Health in Miami-Dade County  
5. Jose Fernandez, Performance Consulting Group  
6. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office  
7. Frances Garcia, Miami-Dade Fire Rescue  
8. Mayra Garcia, Florida Department of Health in Miami-Dade County  
9. Gina Gonzalez, Simply Healthcare*  
10. Jan Hurley, Hurley Health  
11. Ricardo Jaramillo, Health Council of South Florida – Presenter  
12. Steven Linde, Segal Linde PLLC  
13. Maria Machado, Miami-Dade County, Office of the Mayor  
14. Nicole Marriott, Health Council of South Florida  
15. Michael Moxam (for Edeline Mondestin), Miami-Dade CAHSD  
16. Michael Pearson, Alzheimer’s Association – Chair  
17. Dori Rodrigue, Miami-Dade Fire Rescue  
18. Belissa Rodriguez, Simply Healthcare  
19. Franklin Rodriguez, Health Council of South Florida  
20. Solina Rulfs, University of Florida/IFAS Extension  
21. Daniella Tamayo, City of Miami Beach  
22. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces*  
23. Robert Ward, Florida Department of Health in Miami-Dade County  
24. Marjorie York, Community Action Agency |                                                                                                                  |               |
| *Indicates member participated via conference call |                                                                                                                                                                  |               |
| Welcome and Introductions | Chair, Michael Pearson welcomed everyone and started the meeting at 2:04 PM.  
The meeting was held at Stephen P. Clark Government Center, 111 NW 1st Street,  
29th floor, Suite 29A, Miami, FL 33128. Everyone introduced themselves. |               |
**ELDER ISSUES COMMITTEE/ MAYOR’S INITIATIVE ON AGING**

Minutes
Tuesday, September 24, 2019

<table>
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<tr>
<th>Review and Approval of Minutes</th>
<th>The meeting minutes for July 30, 2019 were reviewed by the Committee. A motion was made to approve the minutes by Marjorie York and seconded by Teri Arvesu.</th>
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| Previous Action Item(s)       | • Chronic Disease Subcommittee for Dental Care for Elders forum event planned for 2019 (TBA).  
  o Jorge Vazquez, DMD, Dental Director at Solstice Benefits with geriatric dentistry experience, presented on dental care of elders at EIC meeting on 6/25/2019 hosted at United HomeCare in Doral. The presentation was recorded and will be reviewed for suitability.  
  o May still need to consider a more public-focused event to really talk about elder dental care.  
  o Dental Subcommittee would need to schedule a follow-up meeting to move event planning forward.  
• Plan after-work hours networking event for all Consortium members (TBA)  
  o Cindy spoke to the Marketing & Membership Committee Chairs and they would like to collaborate once a date/time/place in selected.  
  o Possibly on a Monday or Tuesday at 5PM in early December 2019 at a Doral area bar/restaurant-additional details to follow.  
  o Teri A. suggested Las Vegas restaurant in Doral and she will reach out to them to find out a good date for them. Will ask about possible “cash bar” with appetizers, and possible dinner discount for those interested. |
| Action Item:                  | • Follow-up with David Saltman &/or Francis Fernandez (workgroup co-leads) or other workgroup members regarding scheduling the next Chronic Disease Subcommittee meeting (TBA).  
• Plan community event tailored to networking professionals (TBA)-collaborate with Marketing & Membership Committee. |
| Executive Board Update        | Vice-Chair, Cindy Brown provided the update from the last Executive Board meeting held on 9/9/2019. The Consortium’s Strategic Plan was worked on with brainstorming sessions held to come up with goals for the six strategic priority areas of the Community Health Improvement Plan (CHIP):  
  1. Health Equity  
  2. Access to Care  
  3. Chronic Disease |
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<th>Elder Issues Committee/ Mayor’s Initiative on Aging Minutes Tuesday, September 24, 2019</th>
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<td>4.</td>
<td>Maternal Child Health</td>
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<td>5.</td>
<td>Injury, Safety and Violence</td>
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<td>6.</td>
<td>STD/Communicable Diseases/Emergent Threats</td>
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<td>7.</td>
<td>Alzheimer’s Disease and Dementias (added to the CHIP afterwards)</td>
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In the coming months, Consortium manager, Dr. Valerie Turner and her staff will be visiting each of the Consortium committees to develop their Work Plans targeting the strategic priority areas and goals identified by the Executive Board.

**Legislative Report**
Chair, Michael Pearson mentioned that there were no major updates. However, mentioned that when Hurricane Dorian was a threat to South Florida, there were news reports about how a lot of the nursing homes and adult living facilities were not prepared with backup generators which is mandated by legislature that came about after Hurricane Irma. The Governor and several departments are working to address this issue. Compliance date has now passed, and there are penalties for those that do not have a backup (either generators or evacuation plans) are in place. Teri A. announced that the County has a 2020 Census taskforce to help promote it; it’s going to be important for everyone to advocate for seniors to complete the Census especially those in nursing homes, ALFs and adult day care centers, as well as, undocumented persons in Miami-Dade County.

**Presentation: Miami Matters - Health Indicators for Older Adults**
Ricardo Jaramillo, MPH, from the Health Council of South Florida gave a very interesting and informative presentation about the Health Council of South Florida (HCSF) and their Miami Matters website, an open-access data, program management, and community resource for Miami-Dade County. The HCSF is part of a statewide network of 11 non-profit agencies established by Section 408.033 Florida Statutes (F.S.) to conduct regional health planning and implementation activities. The HCSF serves Miami-Dade and Monroe Counties to develop district health plans through data analysis and strategic recommendations related to health care status and community needs in order to improve access to health care, reduce disparities, and assist state local governments in the development of health care.

policies while advocating on behalf of the under-served. Ricardo encouraged first
time visitors, to view the 22-minute *Miami Matters Demo* video found on the
home page to explore the functionality of the website. The presentation included
live online demonstrations of how to access community data to look up health
indicators, specifically those related to older adults in Miami-Dade County. Also,
how to access community health dashboards to compare indicators for our
community against state averages, county values, and target goals. Also shown
were how to search for and visualize indicators, as well as, use the *Report Builder*,
found under the *Tools & Resources* tab, to create quick visual representations of
the data and in turn generate a PDF. The presentation also highlighted the 2019
*SocioNeeds Index*, created by Conduent Healthy Communities Institute, which is a
measure of socioeconomic need that is correlated with poor health outcomes. All
zip codes, counties, and county equivalents in the United States are given an
Index Value from 0 (low need) to 100 (high need). You can find the areas of
highest need in a community, since locations are ranked from 1 (low need) to 5
(high need) based on their Index Value. This is quite useful for grant writing. A
quick overview of our community’s health can be found in the report *2018*
*District 11 Health Profile* which can be accessed from the homepage. To partner
with the HCSF, access their *Partner Toolkit* from the *About Us* tab.

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<th>Performance Measures in Need of Improvement</th>
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<td>• Plan community events tailored to networking professionals, elder community, and caregivers (2/year).</td>
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<td>o Details for an after-work hours networking event tailored to Consortium professionals will hopefully be solidified by the next EIC meeting.</td>
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<td>• Raise awareness of safety measures to decrease the rate of deaths from unintentional falls</td>
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<td>o Falls Prevention for Older Adults speaker, Jorge Carreño, PT, DPT, from FIU is scheduled for next meeting in October.</td>
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<td>• Conduct presentation(s) with focus on obesity and Diabetes Type 2.</td>
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<td>Recognition of Improved Performance</td>
<td>Collaborated with Health Promotion and Disease Prevention (HPDP) Committee for Nutrition presentation by HPDP Chair, Leyanee Perez at July Elder Issues meeting.</td>
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| Partner Updates                   | • Michael P. announced the 2019 Walk to End Alzheimer’s on 11/16/19. Let him know if you are interested in forming a team. Thursday, 9/26/19 at SLAM! will be the Walk Kick Off at 6PM-everyone is invited to enjoy an evening of complimentary hors d’oeuvres and drinks and learn more about the Walk.  
  • Cindy B. announced:
  - Recent grant proposal for virtual senior center program pilot to be partially funded by Miami Foundation; working on an AARP proposal.  
  - Artscape Concert Series presents Tito Puente Jr. this Sunday, 9/29/19 4-7PM at Collins Park, 2100 Collins Avenue, Miami Beach. Free transportation and a snack for Miami Beach residents 55 and older (flyers were made available).  
  • Teri A. announced:
  - Mayor’s Initiative on Aging held an employment fair event for seniors last week at West Kendall Library and there were over 350 attendees with 30 very good vendors! Resume building class was also held. Hialeah job fair is being planned next.  
  - Mayor’s Initiative on Aging & Consortium for a Healthier Miami-Dade Health & Resource Fair was held on Sat., 9/14/19 10AM-2PM at Shrine of Our Lady of Charity. Updates were provided.  
  - The Mayor’s Initiative on Aging and the Miami-Dade Public Library System upcoming series on Technology & Scam Protection (Tech 101 10/2, Protect Yourself Against Scams 10/9, Using Technology to Stay Connected 10/16) and Health & Wellness (Habits of Happy People 10/23, Healthy Brain 10/30, Positive Thinking When Life Gives Us Lemons 11/6, Healthy Sleep 11/13, Eat This, Not That 11/20) to be |
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| **Elder Issues Committee/Mayor’s Initiative on Aging** | Minutes  
Tuesday, September 24, 2019 |
|   |   |
|   | held at South Dade Regional Library on Wednesdays from 11AM to Noon (flyers were provided); call 305-233-8140 for additional info.  
- Veterans and Seniors Health Resource Fair on 10/18/19 in Goulds.  
- Nicole M. announced:  
  - Mental Health Talk for Older Adults and Care Takers-Town of Miami Lakes: Thriving Mind South Florida is interested in speaking with consumers, family members, supporters, caregivers and providers about what it is like to access behavioral health services to address mental health and substance abuse in Miami-Dade County. Take part in this community conversation on **Friday, October 4th 9:00 AM–11:00 AM** at Roberto Alonso Community Center, 16500 NW 87th Avenue, Miami Lakes, FL 33018. Register for free online: [https://www.eventbrite.com/e/mental-health-talk-and-conversations-for-older-adults-and-care-takers-tickets-74134737997](https://www.eventbrite.com/e/mental-health-talk-and-conversations-for-older-adults-and-care-takers-tickets-74134737997).  
  - Jose F. briefly discussed his volunteer work with senior facilities to help them meet AHCA/NCAL National Quality Award requirements based on Baldrige criteria for recognition and excellence.  
  - Jan H. discussed that she would like to see Miami Blue Zone certified. Visit [https://www.bluezonesproject.com/](https://www.bluezonesproject.com/) for additional information.  
  - Marjorie Y. announced Sunflower Society’s free art classes at Surfside Community Center, 9301 Collins Avenue, Surfside, FL 33154 every Monday from 10:45AM-12:45PM until first week in June 2020. Contact Winsome Bolt at 305-305-9141 for more information. |
|   |   |
| **Adjournment** | Michael Pearson adjourned the meeting at 3:28 PM. |
| **Next Meeting** | The next Elder Issues Committee meeting will be held on Tuesday, October 29, 2019, 2:00-4:00 PM at the Stephen P. Clark Government Center located at 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. |