**TOPIC** | **DISCUSSION** | **ACTION NEEDED**
--- | --- | ---
Members Present | 1. Teri Arvesu, Miami-Dade County, Office of the Mayor  
2. Alina Becker, Alliance for Aging, Inc.  
3. Camila Bernal, United Way of Miami-Dade*  
4. Katherine Bolt, Miami-Dade County, Office of Community Advocacy  
5. Cindy Brown, JCS/Lambda Living – Vice-Chair  
6. Guadalupe Bruneman, Advocate Health  
7. Rebeca Capogreco, WellMed Charitable Foundation*  
8. Blanca Ceballos, United HomeCare – Host  
9. Carmen Centeno, MDPLS  
10. Martine Charles, Alliance for Aging, Inc.  
11. Rob Collins, HOPE, Inc.  
12. Brooke Ellis, Solstice Benefits  
13. Witson Faustin, Florida Department of Health in Miami-Dade County  
14. Esther Felipe, Solstice Benefits  
15. Angie Fernandez, Miami-Dade State Attorney Office  
16. Michael Fliegler, Grand Court Lakes Independent Living  
17. Blanca Hernandez, Caballero Rivero  
19. Rodolfo “Rudy” Hernandez, United HomeCare  
20. Luisana Hung Salazar, Assistance to the Elderly, Inc.  
21. Steven Linde, Segal Linde PLLC  
22. Andres Marrero, son of Blanca Ceballos and videographer  
23. Luis Mejer, 24/7 Nursing Care, Inc.  
24. Natouchka Murray, Florida Department of Health in Miami-Dade County  
25. Sheila Ortiz, Advocate Health  
26. Michael Pearson, Alzheimer’s Association – Chair  
27. Dolores Pollack, United HomeCare  
28. Nercy Radcliffe, Providence Healthcare Services

*Indicates member participated via conference call
29. Dori Rodrigue, Miami-Dade Fire Rescue
30. Guadalupe Rodriguez, United HomeCare
31. Solina Rulf, University of Florida/IFAS Extension
32. Kathleen Sarmiento, Alliance for Aging, Inc.
33. Beatriz Severson, HSAG
34. Daniela Tamayo, City of Miami Beach*
35. Alex Trinchet, Miami-Dade Fire Rescue
36. Taylor Trolenberg, Miami-Dade Fire Rescue
37. Jorge Vazquez, DMD, Solstice Benefits – *Presenter
38. Melody Velez, United Healthcare*
39. Carlene Wright, Grand Court Lakes Independent Living
40. Marjorie York, Community Action Agency

Welcome and Introductions
At 2:04 PM, Chair, Michael Pearson started the meeting which was held at host site United HomeCare in the Doral, located at 8400 NW 33rd Street, Miami, Florida 33122 (4th floor, Suite 400). Everyone introduced themselves.

Review and Approval of Minutes
The meeting minutes for May 28, 2019 were reviewed by the Committee. A motion was made to approve the minutes by Teri Arvesu and seconded by Marjorie York.

Previous Action Item(s)
- Chronic Disease Subcommittee for Dental Care for Elders forum event planned for 2019 (TBA).
  - Jorge Vazquez, DMD, Dental Director at Solstice Benefits with geriatric dentistry experience, will present at today’s meeting on recommendations for dental care of elders and presentation will be videotaped.
  - Consider using recording of presentation as an educational video on the topic of dental care for elderly which can increase reach after the event; Possible target audience can include hospice and nursing home care providers, actual seniors, especially those at adult day care facilities.
  - Scheduling of a follow-up Subcommittee meeting is pending.
- Reviewed results of 11 evaluations collected at May meeting on 5/28/19.

Action Item:
- Chair, Michael P. to check with David Saltman &/or Francis Fernandez (workgroup co-leads) regarding scheduling the next Chronic Disease Subcommittee meeting (TBA)
### Executive Board Update
Chair, Michael P. provided the following update(s):
- Discussed SWOT analysis of Consortium
- Discussed Community Health Improvement Plan (CHIP)

### Legislative Report
Blanca Ceballos expressed appreciation that some additional dollars were allocated to community care and homecare for the elderly, as well as, to the Alzheimer’s Association; otherwise funding remained stable. Thanks to those who advocate.

### Presentation #1: Older Adult Services – Home and Community Based
Blanca Ceballos, Community Liaison, gave a welcome on behalf of her organization and host site today, United HomeCare (UHC) which has been providing home care services for the past 45 years, and a lead agency for the Alliance for Aging as a provider of community services for elderly for the past 40 years. In 1973, they were born out of the United Way, and today, they remain an Impact Partner. Their mission is to keep seniors living at home for as long as possible, and to delay nursing home placement for as long as possible. They provide home care services. They also provide services to support older adult caregivers. They are providers for Medicaid Long-term Care Program for homecare services. They have an assisted living facility in West Kendall. Blanca introduced other UHC staff present, as well as, Rodolfo “Rudy” Hernandez, Director of Customer Experience and Business Development, UHC, who also spoke about UHC community and home-based services for older adults.

### Presentation #2: Dental Care for Older Adults
Jorge Vazquez, DMD, Dental Director at Solstice Benefits gave a presentation on Dental Care for Older Adults. He discussed the top three clinical dental problems for older adults are periodontal disease (which can lead to other systemic issues), dry mouth (caused by many medications taken and can lead to cervical decay), inadequate funding for dental services especially for the homebound. Basic Medicare doesn’t really cover dentistry, but HMOs provide basic dental care as an adjunct service and simple restorative care. Solstice Benefits is a dental carrier with contracts with several of the Medicare Advantage companies. Most cover only basic dental services. Medicare does not cover dental services; the healthcare carrier adds it as an added-value benefit but only at a dental office/center. Dentistry, like
Elder Issues Committee/
Mayor’s Initiative on Aging
Minutes
Tuesday, June 25, 2019

Medicine, is a clinical issue. Sometimes their needs and their financial resources do not match up. Other no- or low-cost community resources available for dental services were provided:

- **Downtown/Little Havana**
  - Community Smiles Miami (at Lindsey Hopkins Technical College)
    - 305-363-2222
  - Borinquen Clinic
    - 305-576-6611

- **South Dade**
  - Community Health of South Florida (CHI): Doris Ison Health Center
    - 305-252-4820

- **North Dade**
  - University of Florida Dental Clinic in Hialeah
    - 305-694-5400

Unfortunately, there are no community resources for the homebound older adults. Feasibly, routine cleanings and some denture/partial fittings can be done at home. Declining motor skills or memory-loss can compromise proper home dental hygiene. Chewing on sugar-less gum or over-the-counter dry-mouth rinses or creams (like Biotene) can help. Caregivers need to be educated, and daily reinforcement and education on how to hold the tooth brush and clean the mouth is important for older adults with dementias. The mouth is part of the body and the whole person. Call for advocacy regarding guidelines and funding from CMS.

Performance Measures in Need of Improvement:

- Plan community events tailored to networking professionals, elder community, and caregivers (2/year).
  - Possibility of having an after-hours networking event for all Consortium members was mentioned
  - Once potential date(s) are provided, Luisa S. will get local bar/restaurant recommendations from her Doral Chamber of Commerce as possible host site.

Action Item:

- Chair, Michael P. and Vice-Chair, Cindy Brown will check what Mon/Tues/or Wed. date could work for networking event and collaborate with
**Elder Issues Committee/Mayor’s Initiative on Aging**  
Minutes  
Tuesday, June 25, 2019

<table>
<thead>
<tr>
<th>Recognition of Improved Performance</th>
<th>• Raise awareness of safety measures to decrease the rate of deaths from unintentional falls (FIU contact, Jorge Carreño, PT, DPT, will present on Falls Prevention for Older Adults at October EIC meeting)</th>
<th>Consortium Executive Board to determine site, etc.</th>
</tr>
</thead>
</table>
| Partner Updates                   | • Evaluations were collected at May meeting for partner presentation  
  • Dental Care presentation by Jorge Vazquez, DMD today- videotaped  
  • Today’s meeting was held at host site United HomeCare | • The Florida Department of Health is hosting the *Community Health Assessment and Improvement Plan Community Meeting* will be on July 18, 2019 from 8:00AM-4:00PM at the Fire Fighters Memorial Building, located at 8000 NW 21st Street Suite 222 Miami, FL 33122. Visit [HealthyMiamiDade.org](http://HealthyMiamiDade.org) for more information and to register.  
  • In preparation for their 2020-2023 Area Plan, Alliance for Aging will have a focus group meeting on Tues. July 30th, 2019 at 1PM prior to the Elder Issues Committee meeting at Stephen P. Clark Government Center, Mayor’s Conference Room on 29th floor to discuss unmet needs and other issues affecting elders in the county. Contact Martine Charles for additional information or feedback.  
  • Marjorie Y. announced Alliance for Aging’s community meeting at Miami Beach City Hall, 1700 Convention Center Drive, 3rd floor-Commission Chambers on Mon. July 29, 2019 from 10:00AM-12:00PM; a forum to share thoughts on gaps in health and community services for older adults, and opportunities to help people age in place in their home.  
  • Contact Alina Becker, Alliance for Aging, regarding Older Adult Aging Mastery, Chronic Disease Self-Management and Diabetes Self-Management programs especially if you have a potential host site for these workshops.  
  • Carlene W. announced availability details of single one-bedroom apartments at Grand Court Lakes Independent Living for $1,500/month. They have added activities and transportation to local shopping centers.  
  • Contact: Martine Charles, charlesm@allianceforaging.org  
  • Contact: Alina Becker, beckera@allianceforaging.org |
### Elder Issues Committee / Mayor’s Initiative on Aging

**Minutes**

**Tuesday, June 25, 2019**

<table>
<thead>
<tr>
<th>Item</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teri A. announced:</td>
<td>○ World Elder Abuse Awareness Day event was held at SPC Government Center in lobby on Wed., June 12th, 2019 from 10AM-2PM.</td>
</tr>
<tr>
<td></td>
<td>○ Elder Abuse event was held at JCS Miami Beach Senior Center on Wed., June 19th, 2019.</td>
</tr>
<tr>
<td>Alex Trinchet spoke about MDFR mental health programming and use of K9 therapy dogs.</td>
<td></td>
</tr>
<tr>
<td>Carmen C. encouraged visiting <a href="http://www.MDPLS.org">www.MDPLS.org</a> for Older American programming and homebound book, video, music lending program.</td>
<td></td>
</tr>
</tbody>
</table>

**Adjournment**

Michael Pearson adjourned the meeting at 4:01 PM.

**Next Meeting**

The next Elder Issues Committee meeting will be held on Tuesday, July 30, 2019, 2:00-4:00 PM at the Stephen P. Clark Government Center located at 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. **Note:** on the same day and location from 1:00-2:00 p.m. (prior to the Elder Issues Committee meeting), the **Alliance for Aging** will be leading a special focus group to discuss unmet needs and other issues affecting elders in the county. Everyone is welcome to join the conversation.