

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, June 6, 2019
 9:30 a.m. to 11:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Chair: Nathan Burandt – Florida International University 2. Vice Chair: Desiree Adderley - CareATC 3. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County 4. Nikki Chuck - Miami-Dade County 5. Monica Skoko - Florida Department of Health in Miami-Dade County 6. Amber Graham - Miami Dade County Public Schools 7. Lourdes Castaneda - University of Miami AHEC 8. Lisa Boccia - Arthritis Fund 9. Natouchka Murray - Florida Department of Health in Miami-Dade County 10. Jeannie Cidel - Aetna 11. Charnelle Bacchus-Powers - Aetna 12. Meghan Irving - Aetna 13. Marcia Sapoznik - Sapoznik Counseling <p style="text-align: center;">Teleconference</p> <ol style="list-style-type: none"> 14. Charlese Griffin - Miami-Dade County 15. Jessica Hughes - Miami-Dade County 16. Beatriz Hartman - Consolidated Credit 17. Angel Bosch - Miami-Dade County 	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:40 a.m. Committee members and guests introduced themselves.	

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Minutes	Minutes for the April 4, 2019 committee meeting were reviewed. Nathan Burandt moved to approve the minutes. Marcia Sapoznik seconded that motion.	
Previous Action Items	<ul style="list-style-type: none"> • Nathan Burandt provided a recap of the Florida Worksite Wellness Awards (FWWA) event. <ul style="list-style-type: none"> ○ The FWWA took place on Friday, May 3, 2019 at the Miami Airport Convention Center. ○ Overall the evaluations provided good feedback for the event. • Islamiyat Nancy Adebisi conducted a SWOT Analysis with committee members to identify the FWWA current strengths, weaknesses, opportunities and threats. The takeaways for future FWWA events include focusing on the cost of the event, venue location, the need for sponsorship and participation from committee members. It was also noted that going forward the committee will begin planning the FWWA event earlier (March 2020) and entrusting committee members with additional responsibilities. • Nathan Burandt led the committee in a discussion to plan for upcoming worksite wellness forums. <ul style="list-style-type: none"> ○ The remaining 2019 worksite wellness forums will be held on June 27th, August 8th and November 7th. ○ Committee members decided on forum topics. The August 8th forum will be titled “Reducing Your Bottom Line” which will cover cost reduction and leveraging community-based organizations, health & built environment and specialty drugs. The topic agreed upon for the November 7th forum is “Stress Management in the Workplace” which will focus on resiliency and burnout. 	<ul style="list-style-type: none"> • Jeannie Cidel will assist with securing sponsorship for the June 27th forum. • Lisa Boccia will reach out to CVS for sponsorship for the August 8th forum. • Committee members will begin reaching out to community-based organizations for the August 8th forum. Lisa Boccia will reach out to the Arthritis Foundation, Islamiyat Nancy Adebisi will reach out to American Lung Association, Jeannie Cidel will reach out to the American Cancer Society and Marcia Sapoznik will reach out to Gilda’s Club and Michael Pearson from

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		the Alzheimer's Association.
Executive Board Update	<ul style="list-style-type: none"> • Executive Board Update <ul style="list-style-type: none"> ○ Islamiyat Nancy Adebisi provided updates from the Executive Board meeting. ○ The funding was awarded to Nicklaus Children's Hospital and which will be used to support the Wellness Tracker app. ○ A SWOT Analysis was conducted with the board to identify the Consortium's current strengths, weaknesses, opportunities and threats. ○ Community Health Improvement Plan (CHIP) Community Meeting will be hosted on Thursday, July 18th. Please be on the lookout for an email to RSVP. 	<ul style="list-style-type: none"> • Nathan Burandt will reach out to a speaker for the November 7th forum.
Work Plan Review	<ul style="list-style-type: none"> ○ The committee plans on updating the workplan for the upcoming fiscal year once the Executive Board has completed the Consortium strategic plan. 	
Partner Updates	<ul style="list-style-type: none"> • Marcia Sapoznik will be presenting on stress and aging at the Kendall Library, the date will be provided to committee members once confirmed. 	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, August 1, 2019 from 9:30 am-11:30 am at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.	
Adjournment	Committee Chair, Nathan Burandt, adjourned the meeting at 11:28am and Meghan Irving seconded that motion.	