



CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Health Promotion and Disease Prevention Committee Meeting
Tuesday, April 16th, 2019
2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
<p>Membership Total (21)</p>	<p>Chair: Leyanee Perez, Nicklaus Children’s Hospital Vice-Chair: Teri Arvesu, Miami-Dade County Melissa Maytin, Florida Department of Health Beatriz Severson, HSAG Vanessa De La Rosa, Flipany Mercedes Blanco, Florida Department of Health Clora Adkins, Community for Women Retha Boone-Fye, Miami-Dade County Monica Gonzalez, Epilepsy Florida Mayra Garcia, Florida Department of Health Angelica Urbina, Florida Department of Health Solina Rulfs, UF/IFAS Extension Belissa Rodriguez, Simply Healthcare Plans Mariela Gabaroni, Florida International University Ana Perez, Exclusive Quality Care, Inc. Nina Cruz, AIDS Health Alina Garcia, Office of Jimmy Patronis Christine Del Portillo, Senator Rick Scott’s Office Teleconference Antoinette Anwar, Susan G. Komen Keren Joseph, Florida Department of Health Herman Edwards, Jessie Trice Community Health Center</p>	
<p>Welcome and Introductions</p>	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00 pm. All members were welcomed and introduced themselves.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the March 2019 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Angelica Urbina.</p>	



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Executive Board Updates	<ul style="list-style-type: none"> ▪ Teri Arvesu and Leyanee Perez provided the following updates: ▪ The Executive Board had a presentation about the Walker Tracker app. The board is still exploring various avenues to address physical activity. 	
Presentation	<ul style="list-style-type: none"> ▪ Retha Boone-Fye from Miami-Dade County presented on “Mindfulness.” 	
Previous Action Items/Work Plan Discussion	<ul style="list-style-type: none"> ▪ The committee discussed the details of the June committee meeting which will be held at a different location: <ul style="list-style-type: none"> – The June 18th, 2019 meeting will be hosted at Jessie Trice Community Health System at 5607 NW 27th Ave. Miami, FL 33142 from 2:00-4:00pm. – Parking is available in the lot across the street from the building. 	
Workgroup Updates	<p><u>Journey to Wellness Rx Green Prescription</u></p> <p>Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> ▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. <ul style="list-style-type: none"> – The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center continues to provide free biometric screenings to the community. The Health & Wellness is open every Monday from 9:00am-3:00pm 	
Partner Updates and Upcoming Events	<ul style="list-style-type: none"> ▪ Walk the Talk for Epilepsy 2019 will take place on Saturday, April 27th at Wynwood Marketplace (2250 NW 2nd Ave. Miami, FL 33127). Registration is at 8:00am and the walk begins at 9:00am. ▪ The Mayor’s Initiative on Aging: Aging Mastery Workshop 10-week program will take place on Tuesdays April 30th -July 2nd at the Coral Gables Branch Library from 10:00-11:30am. ▪ Exclusive Quality Care, Inc. is group home dedicated to helping people with physical, intellectual and/or motor disabilities. For more information, contact: anae@exclusivequalitycare.com ▪ The 5th Annual Behavioral Health Conference is on Tuesday May 14th & May 15th, 2019. For more information visit: www.drugfreebroward.org/bhc2019. 	



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Adjournment	▪ The next meeting will be held on Tuesday, May 21st, 2019 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126 . The meeting was adjourned at 3:52 PM	