## Membership Total
(21)

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Chair:</strong> Leyanee Perez, Nicklaus Children’s Hospital</td>
<td><strong>Vice-Chair:</strong> Teri Arvesu, Miami-Dade County&lt;br&gt;Melissa Maytin, Florida Department of Health&lt;br&gt;Beatriz Severson, HSAG&lt;br&gt;Vanessa De La Rosa, Flipany&lt;br&gt;Mercedes Blanco, Florida Department of Health&lt;br&gt;Clora Adkins, Community for Women&lt;br&gt;Retha Boone-Fye, Miami-Dade County&lt;br&gt;Monica Gonzalez, Epilepsy Florida&lt;br&gt;Mayra Garcia, Florida Department of Health&lt;br&gt;Angelica Urbina, Florida Department of Health&lt;br&gt;Solina Rulfs, UF/IFAS Extension&lt;br&gt;Belissa Rodriguez, Simply Healthcare Plans&lt;br&gt;Mariela Gabaroni, Florida International University&lt;br&gt;Ana Perez, Exclusive Quality Care, Inc.&lt;br&gt;Nina Cruz, AIDS Health&lt;br&gt;Alina Garcia, Office of Jimmy Patronis&lt;br&gt;Christine Del Portillo, Senator Rick Scott’s Office&lt;br&gt;<strong>Teleconference</strong>&lt;br&gt;Antoinette Anwar, Susan G. Komen&lt;br&gt;Keren Joseph, Florida Department of Health&lt;br&gt;Herman Edwards, Jessie Trice Community Health Center</td>
<td></td>
</tr>
</tbody>
</table>

| Welcome and Introductions | The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00 pm. All members were welcomed and introduced themselves. |               |
| Approval of Minutes       | There was a motion to approve the March 2019 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Angelica Urbina. |               |
### Executive Board Updates

- Teri Arvesu and Leyanee Perez provided the following updates:
  - The Executive Board had a presentation about the Walker Tracker app. The board is still exploring various avenues to address physical activity.

### Presentation

- Retha Boone-Fye from Miami-Dade County presented on “Mindfulness.”

### Previous Action Items/Work Plan Discussion

- The committee discussed the details of the June committee meeting which will be held at a different location:
  - The June 18th, 2019 meeting will be hosted at Jessie Trice Community Health System at 5607 NW 27th Ave. Miami, Fl 33142 from 2:00-4:00pm.
  - Parking is available in the lot across the street from the building.

### Workgroup Updates

**Journey to Wellness Rx Green Prescription**

Mayra Garcia (Florida Department of Health) provided the following update:

- Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov.
  - The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center continues to provide free biometric screenings to the community. The Health & Wellness is open every Monday from 9:00am-3:00pm.

### Partner Updates and Upcoming Events

- Walk the Talk for Epilepsy 2019 will take place on Saturday, April 27th at Wynwood Marketplace (2250 NW 2nd Ave. Miami, FL 33127). Registration is at 8:00am and the walk begins at 9:00am.
- The Mayor’s Initiative on Aging: Aging Mastery Workshop 10-week program will take place on Tuesdays April 30th -July 2nd at the Coral Gables Branch Library from 10:00-11:30am.
- Exclusive Quality Care, Inc. is group home dedicated to helping people with physical, intellectual and/or motor disabilities. For more information, contact: anae@exclusivequalitycare.com
<table>
<thead>
<tr>
<th>Adjournment</th>
</tr>
</thead>
<tbody>
<tr>
<td>▪ The next meeting will be held on <strong>Tuesday, May 21st, 2019 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126.</strong> The meeting was adjourned at 3:52 PM</td>
</tr>
</tbody>
</table>