

Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, March 7, 2019  
 9:30 a.m. to 11:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. <b>Chair:</b> Nathan Burandt - Florida International University</li> <li>2. <b>Vice Chair:</b> Desiree Adderley - CareATC</li> <li>3. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County</li> <li>4. Nikki Chuck - Florida Department of Health in Miami-Dade County</li> <li>5. Jeannie Cidel - Aetna</li> <li>6. Amber Graham - Miami Dade County Public Schools</li> <li>7. Charnelle Bacchus-Powers - Aetna</li> <li>8. Lourdes Castaneda - University of Miami AHEC</li> <li>9. Jennifer Rendfrey - Grady Legal</li> <li>10. Marcos de Andrade - US Medical Seminars</li> <li>11. Eduardo Sante - US Medical Seminars</li> <li>12. Francisco Carey - US Medical Seminars</li> <li>13. Marcia Sapoznik – Sapoznik Counseling</li> </ol> <p style="text-align: center;"><b>Teleconference</b></p> <ol style="list-style-type: none"> <li>14. Lisa Boccia – Arthritis Foundation</li> </ol>	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:37 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the February 7, 2019 committee meeting were reviewed. Nathan Burandt moved to approve the minutes. Jennifer Rendfrey seconded that motion.	

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<p>Previous Action Items</p>	<ul style="list-style-type: none"> <li>• Nathan Burandt discussed the Florida Worksite Wellness Awards (FWWA) event with members.             <ul style="list-style-type: none"> <li>○ The nomination period is open, members were encouraged to share the nomination forms with colleagues and organizations that have a worksite wellness program.</li> <li>○ There is a need for FWWA sponsorship to be finalized.</li> <li>○ The registration portal will be available soon. Once available emails will be sent out to committee members.</li> </ul> </li> <li>• Nathan Burandt discussed forum topics for 2019             <ul style="list-style-type: none"> <li>○ FWWA will be considered a forum and will be held on May 3, 2019.</li> <li>○ A forum will be held on June 6<sup>th</sup> and will have a panel led by Jennifer Rendfrey. The forum will be held at Keiser University in Doral.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Nancy Adebisi will reach out to Keiser University to reserve the room for the forum.</li> </ul>
<p>Executive Board Update</p>	<ul style="list-style-type: none"> <li>• Executive Board Update             <ul style="list-style-type: none"> <li>○ The Board discussed coordinating marketing strategies that will provide a greater emphasis on informing the community of the Consortium’s mission and accomplishments.</li> <li>○ The Board discussed how to move forward on hosting future FWWA and Annual Consortium Events. The Board discussed potentially merging the two events or alternating the years that the separate events can be held. The committee members voted on merging the two events. Nathan Burandt will report back to the Board with the committee’s suggestion.</li> </ul> </li> </ul>	
<p>Work Plan Review</p>	<ul style="list-style-type: none"> <li>• Performance Measures in Need of Improvement - Increase the number of organizations nominated for the annual Worksite Wellness Awards Ceremony (Goal 3, Activity 5)</li> </ul>	

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	<ul style="list-style-type: none"> <li>○ Nathan Burandt encouraged members to reach out to organizations in the State of Florida. Committee members can forward the nomination form to their perspective contacts. The goal is for each member to reach out to at least 2 organizations.</li> <li>● Recognition of Improved Performance – Conduct quarterly Worksite Wellness Forums (Goal 3, Activity 2)             <ul style="list-style-type: none"> <li>○ Nikki Chuck shared evaluations from the 2019 Tobacco-Free Workplace Summit, that took place on February 22, 2019. There were 55 attendees at the Summit. A total of 47 evaluations were completed with 88% of participants strongly agreeing that the presenters did a great job and were well prepared, 10% agreed that they thoroughly enjoyed the summit and 2% of attendees felt the duration of the event was too long. Overall participants enjoyed learning about the tobacco policies and the legal perspectives on electronic cigarettes. Participants also noted they would like for future tobacco summits to cover more topics including e-cigarettes and medical marijuana.</li> <li>○ The committee noted it would be nice to collaborate with the Florida Department of Health in Broward County on hosting future forums.</li> </ul> </li> </ul>	
<p>Topics Selected by the Chair</p>	<ul style="list-style-type: none"> <li>● Nathan Burandt discussed the toolkit with members.             <ul style="list-style-type: none"> <li>○ Staff members are currently making edits to the toolkit. The document will also be scanned by a plagiarizing tool to ensure all materials and images within the toolkit are properly sourced/referenced. The appendices will have to also be revised. Nathan Burandt and Nikki Chuck will assist Nancy Adebisi with the appendices along with the references/sources within the toolkit.</li> </ul> </li> </ul>	

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<p>Partner Updates</p>	<ul style="list-style-type: none"> <li>• Nathan Burandt shared with members that Florida International University will be hosting a Health &amp; Wealth forum on April 23, 2019 from 9am to 2pm. The forum will focus on health and finance topics. There is still a need for additional vendors and presenters.</li> <li>• Desiree Adderley noted Miami Dade County is having a Spring into Wellness Fair on May 11, 2019. The health fair is open to employees of Miami Dade County and community members.</li> <li>• Marcia Sapoznik will be presenting on stress and aging at the Aventura Library on April 25, 2019 from 10am-12pm as a part of the Mayor’s Initiative on Aging.</li> </ul>	
<p>Next Meeting</p>	<p>The next Worksite Wellness Committee meeting will be on Thursday, April 4, 2019 from 9:30 am-11:30 am at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.</p>	
<p>Adjournment</p>	<p>Committee Chair, Nathan Burandt, adjourned the meeting at 10:21 am and Desiree Adderley seconded that motion.</p>	