

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, February 7, 2019
 9:30 a.m. to 11:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Chair: Nathan Burandt - Florida International University 2. Nikki Chuck - Florida Department of Health in Miami-Dade County 3. Ann-Karen Weller- Florida Department of Health in Miami-Dade County 4. Amber Graham - Miami Dade County Public Schools 5. Carmen Perez Padron - Keiser University 6. Caroline Hadeed - Keiser University 7. Lourdes Castaneda - University of Miami AHEC 8. Jennifer Rendfrey - Grady Legal 9. Marcos de Andrade MD, MBA -US Medical Seminars 10. Eduardo Sante - US Medical Seminars 11. Francisco Carey - US Medical Seminars 12. Elizabeth Davis - Empower U Miami 13. Marcia Sapoznik – Sapoznik Counseling <p style="text-align: center;">Teleconference</p> <ol style="list-style-type: none"> 14. Carolina Ruiz Casas - Baptist Health South Florida 15. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County 	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:40 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the November 1, 2018 committee meeting were reviewed. Nikki Chuck moved to approve the minutes. Amber Graham seconded that motion. There was no meeting held in December, members attended the Worksite Wellness Forum.	

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<p>Previous Action Items</p>	<ul style="list-style-type: none"> • Nathan Burandt discussed the December Worksite Wellness Forum with members. <ul style="list-style-type: none"> ○ The forum went well. The speakers were engaging, the venue was fantastic, the AV equipment worked well, and everyone seemed to have enjoyed the chair yoga. ○ The only opportunity for improvement that was noted was the desire to have more people in attendance. • Nikki Chuck provided an update on the Tobacco Free Workplace Summit that is to take place on February 22, 2019. <ul style="list-style-type: none"> ○ Draft Agenda was shared with the committee. ○ The forum is being coordinated with the Tobacco Free Workgroup. 	
<p>Executive Board Update</p>	<ul style="list-style-type: none"> • Executive Board Update <ul style="list-style-type: none"> ○ The Board discussed the ability to develop a plan that involves all committees. The group would like to be more cohesive and develop an overarching theme which would build upon the foundation. ○ The next meeting will be an extended meeting to develop collaboration amongst committees. 	
<p>Work Plan Review</p>	<ul style="list-style-type: none"> • Performance Measures in Need of Improvement - Increase the Number of Social Media Post (Goal 4, Activity 3) <ul style="list-style-type: none"> ○ The committee discussed various ways to increase the number of social media posts. ○ The group also discussed the need to be specific and targeted in its messaging. ○ The group discussed developing a LinkedIn account to reach out to more professional groups. ○ The committee was referred to the Consortium website to obtain information for all Consortium social media accounts. 	<ul style="list-style-type: none"> • Liaison will send our Consortium social media information to committee members.

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	<ul style="list-style-type: none"> ● Recognition of Improved Performance – Review/update existing Worksite Wellness Promotion Program Toolkit by adding as an agenda item (Goal 3, Activity 1) <ul style="list-style-type: none"> ○ The toolkit is in its final revision. Once it is ready and approved it will be ready to be used to reach out to small businesses. ○ The committee leadership was able to obtain a subscription that provides information on all small businesses that are in the county. ○ Committee members will be able to share the toolkit with the small business and then DOH will be able to provide technical assistance for businesses to obtain policies. 	
<p>Topics Selected by the Chair</p>	<ul style="list-style-type: none"> ● The Chair Nathan Burandt discussed the Florida Worksite Awards with members. <ul style="list-style-type: none"> ○ There was discussion over sponsorship and the need to have someone take the lead on this component. ○ Additionally, there was a request to obtain templates that were used with sponsorship from previous years. ○ The group also discussed the tentative agenda and agreed that there would be two breakout sessions with a keynote speaker. ○ Ms. Rendfrey suggested that there be a panel discussion on Health Care and Worksite Wellness. As well as Possibly have another panel with physicians that can speak to prevention. Dr. de Andrade suggested that there be an interactive session that touches on HIV, HPV. It was noted by committee members that all of the topics need to be tied back to worksite wellness. ○ The group also had a discussion on the venue and it appears that the Doubletree Miami Airport and Convention Center will be the venue. ○ The goal is to have a call for nominations this month. A timeline was also discussed. 	<ul style="list-style-type: none"> ● Jennifer Rendfrey agreed to help with the sponsorship. Islamiyat Adebisi will provide information to the committee. ● Jennifer Rendfrey agreed to put panel together for the healthcare forum and Dr. de Andrade agreed to present with his colleague on general prevention topics. ● Carmen Perez Padron and Caroline Hadeed will secure venue at Keiser University.

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	<ul style="list-style-type: none"> • Chair Nathan Burandt asked committee members for Forum Topics for 2019 <ul style="list-style-type: none"> ○ Jennifer Rendfrey shared with the group that she has started a new initiative called Taking Back Healthcare. She suggested that this be a topic for the next forum. Finding a way to put healthcare back and put into the hands of employers. There was conversation as to possibly exploring what North Carolina has done. The group agreed to the topic and that the next forum be held in June. ○ Carmen Perez Padron and Caroline Hadeed volunteered to obtain Keiser University as a possible venue. The group requested that the forum take place on any available Thursday in June from 9-1pm. 	
Partner Updates	<ul style="list-style-type: none"> • Lourdes Castaneda shared cessation services offered by UM AHEC and flyer for community groups open to the public. • Nathan Burandt mentioned shared information on the Art and Science of Health Promotion Conference being held April 1-5, 2019 in Hilton Head. CEUs will be offered. 	
Next Meeting	<p>The next Worksite Wellness Committee meeting will be on Thursday, March 7, 2019 from 9:30 am-11:30 am at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.</p>	
Adjournment	<p>Committee Chair, Nathan Burandt, adjourned the meeting at 11:00 am and Islamiyat Nancy Adebisi seconded that motion.</p>	