

October 2018

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**Attention:**  
We are currently accepting submissions for our next Newsletter!

For more info email: [Johanne.PetitJeune@flhealth.gov](mailto:Johanne.PetitJeune@flhealth.gov)

The Consortium Annual Event Celebration  
15 Years In and Our Work Continues



From left to right: Dr. Valerie Turner, Dr. Lillian Rivera, Helen Figueredo, Karen Weller, Ana "Teri" Busse-Arvesu

The Consortium Annual Event was held last month and this year's theme was "The Award Show." Longstanding members were honored for their service and dedication to the Consortium for a Healthier Miami-Dade. The Consortium recognized the Administrator for the Florida Department of Health in Miami-Dade County, Dr. Lillian Rivera, as she led the annual meeting for the last time. Dr. Rivera announced her retirement after years of service to our community.

We are still collecting responses for the Wellbeing Survey: The Kendall Cluster is Complete  
Click the image below to take the Survey

The #BeHappyBeHealthy Challenge is under way!

(Winner receives a gift card to the Fish House Seafood Grill and Raw Bar)

Fall Fun

## October is National Dental Hygiene Month

The University of Florida, Hialeah Dental Center began serving the community in 1997. As one of the college-owned satellite dental clinics in the Statewide Network for Community Oral Health, the organization stands in commitment to provide the highest degree of patient care and services. Using state of the art equipment and technology with oversight from experts, UF faculty provide all phases of dentistry and treatment plan options by dental residents.

Through numerous outreach programs we educate our community about oral health and overall health impact. UF serves uninsured patients, managed medical assistance recipients, Ryan White through Citrus Health, The Arc of Florida, and Veterans Affairs Choice Program Providers. The spacious dental facility has twenty-two dedicated dental operatories making it accessible and convenient for patients to schedule appointments. UF is honored to serve the community.



The UF-Hialeah Dental Center

**UF-Hialeah Dental Center**  
305-694-5400  
750 East 25St  
Hialeah, FL 33013

## The Consortim Has Your Back

October is national chiropractic health month. Spinal issues are often overlooked and can affect individuals at any stage of life. The positioning of the spine can affect health factors such as organ functioning, inflammation and blood pressure. It is important to make sure your back is properly aligned to avoid future health complications. For tips on how to maintain the health of your spine, [click here](#).



Source: [spine.org](#)

## Disability Employment

Whether visible or not, thousands of residents in Miami-Dade live with a disability that affects their overall functioning and mobility. The disabled population represents approximately 10% of the overall population in Miami-Dade County. Nationally, individuals with disabilities are unemployed at nearly twice the rate of individuals without disabilities. Despite the many misconceptions, individuals with different capabilities can be an asset to the community by providing valuable insight and skills. If you need assistance with linking to services, please [click here](#).

Sources: [miamidade.gov](#), [americanbar.org](#), [census.gov](#)

## Events Calendar

### October 2018

- 10/04- Worksite Wellness & Alternative Medicine Forum | 9am-12pm | United Way Center for Excellence- 3250 SW 3rd Ave Main Stage (Second Floor) Miami, FL 33129
- 10/06- Miami Beach Seniors Expo at Shore Park and Youth Center | 10:00am-2:00pm | 501 72nd Street, Miami Beach, FL 33141
- 10/13- Health and Wellness Fair Festival | 8:00am-6:00pm | 12220 Griffing Boulevard, North Miami, FL 33161
- 10/17- The Health Resource Fair Hosted by the Health Promotion and Disease Prevention Committee | 10:00am-2:00pm | Stephen P. Clarke Government Center Lobby- 111 NW 1st St Miami, FL 33128

***For a complete list of Consortium Events [click here!](#)***

## Join the Consortium For A Healthier Miami-Dade!

*Healthy Environment, Healthy Lifestyles, Healthy Community*

The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:

- Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.

Membership is free and open to all individuals who support the vision, mission and goals of the Consortium. To become a member and learn more visit our website [www.healthymiamidade.org](http://www.healthymiamidade.org)



Sponsored by the Florida Department of Health in Miami-Dade County