The Consortium Annual Event Celebration
15 Years In and Our Work Continues

The Consortium Annual Event was held last month and this year’s theme was “The Award Show.” Longstanding members were honored for their service and dedication to the Consortium for a Healthier Miami-Dade. The Consortium recognized the Administrator for the Florida Department of Health in Miami-Dade County, Dr. Lillian Rivera, as she led the annual meeting for the last time. Dr. Rivera announced her retirement after years of service to our community.

We are still collecting responses for the Wellbeing Survey: The Kendall Cluster is Complete
Click the image below to take the Survey

The #BeHappyBeHealthy Challenge is under way!
(Winner receives a gift card to the Fish House Seafood Grill and Raw Bar)

Fall Fun

2nd Annual Health and Wellness Resource Festival
SAVE THE DATE!
New Location, Tropical Park

Attention:
We are currently accepting submissions for our next Newsletter!
For more info email: Johanne.PetitJeune@flhealth.gov

From left to right: Dr. Valerie Turner, Dr. Lillian Rivera, Helen Figueredo, Karen Weller, Ana “Teri” Busse-Arvesu
Healthy Miami Dade.org
The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:

• Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
• Increase the percentage of adults and children who are at a healthy weight.
• Build and revitalize communities so people can live healthy lives.
• Increase access to resources that promote healthy behaviors.

Membership is free and open to all individuals who support the vision, mission and goals of the Consortium. To become a member and learn more visit our website www.healthymiamidade.org

October is National Dental Hygiene Month
The University of Florida, Hialeah Dental Center began serving the community in 1997. As one of the college-owned satellite dental clinics in the Statewide Network for Community Oral Health, the organization stands in commitment to provide the highest degree of patient care and services. Using state of the art equipment and technology with oversight from experts, UF faculty provide all phases of dentistry and treatment plan options by dental residents.

Through numerous outreach programs we educate our community about oral health and overall health impact. UF serves uninsured patients, managed medical assistance recipients, Ryan White through Citrus Health, The Arc of Florida, and Veterans Affairs Choice Program Providers. The spacious dental facility has twenty-two dedicated dental operatories making it accessible and convenient for patients to schedule appointments. UF is honored to serve the community.

UF-Hialeah Dental Center
305-694-5400
750 East 25St
Hialeah, FL 33013

The Consortium Has Your Back
October is national chiropractic health month. Spinal issues are often overlooked and can affect individuals at any stage of life. The positioning of the spine can affect health factors such as organ functioning, inflammation and blood pressure. It is important to make sure your back is properly aligned to avoid future health complications. For tips on how to maintain the health of your spine, click here.

Disability Employment
Whether visible or not, thousands of residents in Miami-Dade live with a disability that affects their overall functioning and mobility. The disabled population represents approximately 10% of the overall population in Miami-Dade County. Nationally, individuals with disabilities are unemployed at nearly twice the rate of individuals without disabilities. Despite the many misconceptions, individuals with different capabilities can be an asset to the community by providing valuable insight and skills. If you need assistance with linking to services, please click here.

Sources: miamidade.gov, americanbar.org, census.gov

Events Calendar
October 2018
10/04- Worksite Wellness & Alternative Medicine Forum | 9am-12pm | United Way Center for Excellence- 3250 SW 3rd Ave Main Stage (Second Floor) Miami, FL 33129
10/06- Miami Beach Seniors Expo at Shore Park and Youth Center | 10:00am-2:00pm | 501 72nd Street, Miami Beach, FL 33141
10/13- Health and Wellness Fair Festival | 8:00am-6:00pm | 12220 Griffing Boulevard, North Miami, FL 33161
10/17- The Health Resource Fair Hosted by the Health Promotion and Disease Prevention Committee | 10:00am-2:00pm | Stephen P. Clarke Government Center Lobby- 111 NW 1st St Miami, FL 33128
For a complete list of Consortium Events click here!

Healthy Environment, Healthy Lifestyles, Healthy Community

Join the Consortium For A Healthier Miami-Dade!

The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:

• Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
• Increase the percentage of adults and children who are at a healthy weight.
• Build and revitalize communities so people can live healthy lives.
• Increase access to resources that promote healthy behaviors.

Membership is free and open to all individuals who support the vision, mission and goals of the Consortium. To become a member and learn more visit our website www.healthymiamidade.org