

CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Executive Board
 Monday, April 8, 2019

TOPIC	DISCUSSION	ACTION NEEDED
Members present (18)	<p> Alina Soto, Department of Children and Families (Executive Board Chair) Leyanee Perez, Nicklaus Children’s Hospital (Executive Board Chair) Cristina Brito, United Way of Miami-Dade Cindy Brown, Lambda Living Ana Teri Busse-Arvesu, Miami Dade County Office of the Mayor Sandra Castellanos, Nicklaus Children’s Hospital Pietro Bonacossa, Nicklaus Children’s Hospital Foundation Joanna Lombard, UM Nicole Marriott, Health Council of South Florida Edwin O’Dell Candice Schottenloher, Florida Department of Health in Miami-Dade Dr. Richard Thurer, University of Miami Valerie Turner, Florida Department of Health in Miami-Dade Ann-Karen Weller, Florida Department of Health in Miami-Dade </p> <p> Teleconference: Desiree Adderley, CareATC Nathan Burandt, Florida International University Michael Pearson, Alzheimer’s Association Taylor Welsh, Walker Tracker </p>	
Welcome and Introductions	<p> The Executive Board of the Consortium for a Healthier Miami-Dade was brought to order by Alina Soto at 10:06 A.M. </p> <p> All members of the committees introduced themselves at the beginning of the meeting. </p>	
Approval of Minutes	<p> The committee approved the March Meeting minutes with a motion from Cindy Brown and a second from Cristina Brito. </p>	
Welcome from Nicklaus Children’s Hospital	<p> Leyanee Perez welcomed the Executive Board to Nicklaus Children’s Hospital with Sandra Castellanos, Director of the Food and Nutrition Department at Nicklaus Children’s Hospital. Sandra Castellanos mentioned that Nicklaus Children’s Hospital is excited to collaborate with the Consortium on some of the initiatives mentioned in the GiveMe5 Presentation. </p>	



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<p>Nicklaus GiveMe5 Presentation</p>	<p>The Nicklaus GiveMe5 Presentation was presented by Leyanee Perez. The presentation was based on the Community Health Needs Assessment that was conducted by Nicklaus Children’s Hospital. From the needs assessment it helps prioritize areas of needs that could focus the work of Nicklaus Children’s Hospital. There was a comparison from 2015 compared to 2018. The number one concern of the total service areas included nutrition, physical activity, and weight. Some of the alarming numbers for these indicators included increased fast-food visits, difficulty accessing fresh food, and a decrease in families eating together.</p> <p>Nicklaus Children stepped in to create the GiveMe5 program for the community due to the results of the alarming numbers from the needs assessment. They had an opportunity to apply for a grant with Kohl’s to increase number of children in Miami-Dade County that consume fruits and vegetables everyday by eight percent. Pietro Bonacossa mentioned that Nicklaus Children’s is in its tenth year of partnership with Kohls. The focus of the grant has shifted from bike safety to the needs assessment priorities that include food and nutrition. The four pillars of the GiveMe5 program include 1.) nutrition education 2.) increasing access by providing farmers markets 3.) community events and 4) physical activity (later added). From this program the needs assessment results from 2018 showed there was a significant increase in the consumption of fruits and vegetables per day. To highlight there was a question that asked if it was difficult to buy fresh produce and the number decreased which is much better now than the entire country. It was mentioned this success was in part of a collaborative work and all efforts from all organizations in Miami-Dade. The 2018 Nicklaus Children’s Needs Assessment results showed that the number of children in Miami-Dade who were overweight and obese increased and were higher than the nation. Nicklaus was invited to apply for the Kohl’s grant in which they propose to extend the GiveMe5 program to add a physical activity component by increasing physical activity one hour per day by ten percent. The Consortium and its partners were invited to join in and collaborate to advocate for increased physical activity to increase cardiovascular and mental health by advocating with a unified message.</p>	<p>Send Nicklaus Children’s Needs Assessment Impact follow up</p>
<p>Overview of the Consortium for a Healthier Miami-Dade Presentation</p>	<p>Mrs. Weller provided an overview of the Consortium for a Healthier Miami-Dade. It was created in 2003 due to the increased chronic disease rate and the high number of uninsured rates in Miami-Dade. The Consortium follows a holistic approach to health and is made up of 7 committees across all life-spans. The Consortium follows the RWJF where all partners come together to collaborate to make sure that we are moving in the right direction for a common goal.</p>	<p>Early August response from Kohl’s grant</p> <p>Align with Miami-Dade Parks & Recs</p>

<p>New Business</p> <p>Walker Tracker Presentation</p>	<p>The Walker Tracker Presentation was presented by Taylor Welsh. Walker Tracker has been around for about 10 years and has a holistic approach. The program includes low barriers to entry, analytics and reporting, and supports community movements. Annual program prices were presented.</p> <p>There was a discussion that followed the presentation that we need a clear intervention and a specific target population. From this, it was determined that baseline data would need to be gathered and the future of the intervention will need to be monitored to maintain sustainability. The Executive Boards agrees the needs will need to be identified to better target the program and the launch of the intervention.</p>	<p>Follow up discussion for Walker Tracker intervention</p>
<p>DOH Updates</p>	<p>Mrs. Weller provided an update on the status of the Community Health Assessment which is in the final stages. It will be posted on the website. The Wellbeing Survey is currently being analyzed by the Health Council of South Florida and should be ready for June to present the results and begin the process of developing strategies.</p>	
<p>Partner Updates</p>	<p>Elder Issues updates were provided by both Michael Pearson and Cindy Brown. She discussed the focus on increasing numbers for the CHIP and will adjust the goals. For example, a lot of the goals have overlapping potential and match with other committees like the Walking Tour that was attended with the Health & Built Environment.</p> <p>Ana Teri Busse-Arvesu provided an update on the successful job fair on April 5th, 2019. There were 250 job seekers and 40 companies present. The Library Series Mayor Initiative Kick-off will be May 1st, 2019 at the Main Library.</p> <p>Children Issues update was provided by Cristina Brito and Alina Soto. They informed the Executive Board the committee has provided many partner updates and recommendations suggested from the members of Children Issues the that could be possible initiatives for the Consortium's health agenda.</p> <p>Health and Built Environment updates were provided by Joanna Lombard. She shared that Fit City was a well-attended event that focused on mobility. Parks and Recreation (Maria Nardy) presented and discussed the goal that every child and resident of Miami-Dade be within 5 minutes to have access to a park.</p>	<p>Discuss church health fair</p>

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	<p>Health Promotion and Disease Prevention will have an upcoming presentation on Mindfulness. Last meeting there was a presentation by Leyanee Perez on Healthy Heart. In July there will be a presentation for the Elder Issues committee presented by Leyanee Perez.</p> <p>Marketing and Membership update was provided by Valerie Turner and Ed O'Dell. The success of the Chronic Disease forum at Univision was shared with the Board. Another forum is upcoming in the next quarter. Also, looking at the evaluation of once a member attends an event, what happens next?</p> <p>Tobacco-Free Workgroup updates were provided by Dr. Thurer. He shared the success of the meeting two weeks back with guests from United Way-Broward presented a program to tackle E-cigarettes among teens. Another presentation discussed a smoking-cessation program with a 90% success rate. Trying to increase meeting participation rate from S.W.A.T members.</p> <p>Worksite Wellness will have the Worksite Wellness Awards ceremony will on May 3, 2019.</p>	
Adjournment	The meeting adjourned at 12:05 p.m. The next meeting is scheduled for Monday, May 13, 2019 from 10:00 a.m. to 12:00 p.m. at Health Council of South Florida, 7875 NW 12 th Street (Suite #118), Doral, FL 33126.	