### Minutes
Tuesday, April 30, 2019

#### Members Present

1. Allan Tavss, Miami-Dade Parks and Recreation*
2. Christine Del Portillo, Senator Rick Scott
3. Cindy Brown, JCS/Lambda Living - Vice-Chair
4. Clora Adkins, Community for Women
5. Corrine Markey, The Seniors’ Answer*
6. Daniela Tamayo, City of Miami Beach*
7. Doreen LoCicero, ReServe South Florida*
8. Gina Gonzalez, Anthem/Amerigroup
9. Isabel Rovira, UHP/Miami-Dade Age-Friendly Initiative*
10. Islara Souto, AvMed Wellness Works Health Coach*
11. Katherine Bolt, Miami-Dade County, Elder Affairs
12. Leonard Spicer, Miami-Dade County, Public Housing & Community Development
13. Luis Mejer, 24/7 Nursing Care, Inc.
14. Marcia Sapoznik, Sapoznik Coaching Services
15. Maria C. Machado, Miami-Dade County
16. Marjorie Aloni, Miami Jewish Health System*
17. Marjorie York, Community Action Agency
18. Mayra Garcia, Florida Department of Health in Miami-Dade County
19. Michael Pearson, Alzheimer’s Association – Chair
20. Miguel Hernandez, ReServe South Florida*
21. Nancy Jackson, Miami-Dade County, District 5-Commissioner E. Higgins
22. Peter Kallestrup, i-Function, Inc.
23. Ralph Rosado, Rosado & Associates – Presenter
24. Solina Rulfs, UF/IFAS Extension Family Nutrition Program
25. Teri Arvesu, Miami-Dade County, Office of the Mayor

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<tr>
<th>TOPIC</th>
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**Welcome and Introductions**

Chair, Michael Pearson welcomed everyone and started the meeting at 2:06 PM. The meeting was held at Stephen P. Clark Government Center, 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. Everyone introduced themselves.

**Review and Approval of Minutes**

The meeting minutes for March 26, 2019 were reviewed by the Committee. A motion was made to approve the minutes by Teri Arvesu and seconded by Marjorie York.

**Previous Action Item(s)**

- Chronic Disease Subcommittee for Dental Care for Elders forum event planned for 2019 (TBA).
  - Esther Felipe, Solstice Benefits, made arrangements for Jorge Vazquez, DMD, with geriatric dentistry experience, to present on recommendations for dental care of elders at EIC meeting on 6/25/2019 to be hosted at United HomeCare in Doral.
  - Will try to record the presentation to use as an educational video on the topic of dental care for elderly which can increase reach after the event; Possible target audience can include hospice and nursing home care providers, actual seniors, especially those at adult day care facilities.
  - Scheduling of a follow-up Subcommittee meeting is pending.
- Reviewed results of evaluations collected at March meeting on 3/26/19

**Action Item:**
- Teri Arvesu to check with Miami-Dade County AV department about possibility of taping dental presentation
- Michael Pearson will check with David Saltman &/or Francis Fernandez (workgroup co-leads) regarding scheduling the next Chronic Disease Subcommittee meeting (TBA)

**Executive Board Update**

Vice-Chair, C. Brown provided the following update(s):
- Meeting was mostly focused on a county-wide walking activity tracker called “Walker Tracker.” With this tracker municipalities or individuals could compete to see who had most steps.

**Legislative Report**

- Chair, M. Pearson provided the following report: Florida legislative session set to close this Friday; There was a proposed 3% cut to Medicaid which is not looking like it is going through; Florida DOH will be asked by governor to apply to be an Alzheimer's Center of Excellence.
- Teri Arvesu shared the following additional reports:
On 4/23/19 Governor Ron DeSantis was joined by AARP CEO Jo Ann Jenkins in Tallahassee to announce that Florida joined the AARP Network of Age-Friendly States and Communities. While more than 350 cities and counties have joined the network, Florida is only the fourth state to do so in the nation. Some 25 Florida cities and counties have joined the network so far.

Legislation was introduced to better protect older workers which would help employees battle age discrimination.

Presentation: Age-Friendly Housing Policies in Miami-Dade County-Challenges and Opportunities for Aging in Place

Ralph Rosado, PhD, AICP, President of Rosado & Associates gave an informative presentation about the Housing Policy Scan research findings. Presentation highlights include:

- The challenges associated with affording and maintaining quality housing with particularly challenging burdens for older adults.
- The Housing Policy Scan was aimed at capturing the housing conditions for older adults in Miami-Dade County.
- The Scan findings also showcases a series of best practices in age-friendly housing policies that are particularly promising for addressing older adults’ housing needs.
- The Scan was conducted on Miami-Dade County and its five entitlement cities (Miami, Hialeah, Miami Beach, Miami Gardens, and North Miami.
- Advocacy strategies that local proponents of age-friendly housing policies can pursue to promote adoption of such policies.

Performance Measures in Need of Improvement

- Plan community events tailored to networking professionals, elder community, and caregivers (2/year)

Resources available online:
- United States Census Bureau
  https://www.census.gov/
- To Partner with the Bureau:
  https://www.census.gov/partners
**Recognition of Improved Performance**
- Evaluations were collected at March meeting for two partner presentations.
- 11 new members joined since last meeting.

**Partner Updates**
- Isabel R. announced the Miami-Dade Age-Friendly Summit 2019, Miami Dadeland Marriott, 8:30AM-2PM. RSVP required @AgeFriendlyMiami.org.
- Marjorie Y. announced the following events:
  - Wed. 5/22/19, Sunflower Society’s art exhibit at Overtown Youth Center 5:00PM-call Winsome Bolt at 305-305-9141 for more information.
  - Wed. 5/29/19, Sunflower Society’s art exhibit at Feinberg-Fisher K-8 Center 6:00-8:00PM-call Winsome Bolt at 305-305-9141 for more information.
- Marcia S. announced her presentation “Stress & Aging: What You Need to Know” on Mon. 5/20/19 at North-Dade Regional Library 10:30AM-12:30PM-call 305-931-5512.
- Michael P. announced “Discoveries in Alzheimer’s Research” on Tues. 5/28/19 at FIU 6:00-8:30PM-call 800-272-3900 to RSVP.
- Mayra G. announced Congratulations to our EIC member Teri Arvesu, Senior Advocate, Office of the Mayor, Miami-Dade County, winner of the Annual Claude Pepper Award for Advocacy to be presented by United HomeCare on Thurs. 5/16/19 at their Awards Dinner-call 305-716-0736 for more info.
- Teri A. announced the following events:
  - Mayor’s Initiative on Aging Older Americans Month Celebration & Resource Fair to kick-off the partnership with MDPL for health series programming at various library locations; the celebration will be held at the Main Library on Wednesday, May 1st, 2019 10:00AM-1:00PM.
**Elder Issues Committee/Mayor’s Initiative on Aging**  
Minutes  
Tuesday, April 30, 2019

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<td>Social Security Insecurities-Get in the Know About Your Future at the United Way of Miami-Dade (Ryder Room) on Wed. 5/15/19 at 6PM-call Milagros Cobos at 305-646-7278 to RSVP.</td>
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<td>Older Americans Month Resource Fair at SPC Government Center in lobby on Wednesday, 5/22/19 10:00AM-2:00PM.</td>
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<td>Mayor’s Initiative on Aging: Aging Mastery Workshop (10-weeks long) at the Coral Gables Branch Library, Tuesdays, 4/30-7/2/19 10:00-11:30AM.</td>
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<td>Greater Miami Jewish Federation’s 24th Annual “Ministering to the Elderly Conference-In Search of a Good Death” on Thurs. 5/30/19 8:00AM-1:30PM-call 786-866-8621 to register.</td>
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<td>Elder Abuse Resource Fair at SPC Government Center in lobby on Wednesday, June 12th, 2019.</td>
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Adjournment  
Michael Pearson adjourned the meeting at 3:48 PM.

Next Meeting  
The next Elder Issues Committee meeting will be held on Tuesday, May 28, 2019, 2:00-4:00 PM at the Stephen P. Clark Government Center located at 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128.