# Consortium for a Healthier Miami-Dade

Children Issues Committee Meeting  
Friday, April 19, 2019  
10:00am-12:00pm EST

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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| Membership Total (27)  | Alina Soto, DCF (Children Issues Chair)  
Cristina Brito, United Way of Miami-Dade (Children Issues Vice Chair)  
Sandra Arill, South Florida Dental Hygienists Association  
Tenesha Avent, HCSF  
Wil Ayala, iWil  
Natalia Cap, Miami-Dade Family Learning Partnership  
Maria Carrero, Healthy Start Coalition of Miami-Dade  
Helen Figueredo, Providence Healthcare Services  
Jeff Hurst, Department of Children and Families  
Debi Labelle, The Education Fund  
Cheryl Lorie, WIC  
Esther McCant, Metro Mommy Agency  
Maria Montalvan, Epilepsy Florida  
Jeannie Necessary, UF IFAS/Extension  
Carla Sabugo, WIC  
Candice Schottenloher, Florida Department of Health in Miami-Dade  
Andrea Catalina Silva, WIC  
Christina Sudduth, UM  
Silvana Tchorbadjian, Colgate BSBF  
Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade  
**Via Conference Call:**  
Gina Gonzalez, Simply Health Care  
Short Chef  
Nadine Rolle, Our Kids  
Eriko Grover, WIC  
Jeanine Lester, Humana  
Mohnisha Jit, Florida Department of Health in Miami-Dade  
Dr. Rosie Roldan, Liberty Dental Plan |               |
| Welcome and Introductions | The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:05 a.m. All members were welcomed and introduced themselves. |               |
## Approval of Minutes

There was a motion to approve the March 2019 Children Issues minutes by Candice Schottenloher; the motion was seconded by Tenesha Avent.

## Executive Board Update

The Executive Board update was provided by both Alina Soto and Cristina Brito. As the health agenda is being discussed by the Executive Board, it is important to note that the focus of the Consortium’s work should be collective across all committees. Alina Soto and her Co-Chair for Executive Board had visited the Port St. Lucie Health Department. One of Port St. Lucie’s initiatives is the Billion Steps Challenge. The Consortium is considering an activity like the Billion Steps Challenge. The Walker Tracker company presented to the Executive Board at the April meeting. The Consortium is trying to partner with Nicklaus Children’s Hospital. The cost is higher than anticipated; this initiative would have to target a specific population. It is also important to note from Nicklaus Children’s Hospital’s Community Needs Assessment some of the indicators of concern included the increased number of fast food family visits and decrease in families eating together. Overall, these are indicators that are being discussed at the Executive Board level that could be considered for the Children Issues workplan.

Department of Health (DOH) provided an update on the Community Health Improvement Plan (CHIP) meeting with partners is tentatively going to be in June 2019. At this meeting we will review the Community Health Assessment (CHA) and zero in on the indicators that are important to the Miami-Dade community to create the CHIP which helps guide our work for the next 5 years.

## Healthy Baby Taskforce Update

The Healthy Baby Taskforce is a sub-committee of the Children Issues committee. The Healthy Baby Taskforce focuses primarily on positively influencing the social determinants of health. The overall focus of the Healthy Baby Taskforce includes increasing health education in the community, reducing HIV/STD infections among women of child-bearing age, increasing the percentage of women breastfeeding at six months, and eliminating the racial and ethnic disparities. The online brochure will be voted on today and if approved, it will be posted on the Consortium’s webpage. The online resource guide will include resources for working mothers, post-partum mothers, and locations for free-pregnancy testing sites. Lastly, quarterly reporting will be reviewed to make sure indicators are on track.

The Healthy Baby Taskforce meets directly after Children Issues at 12:30 p.m.

## Old Business

The Chair and Co-Chair brought to the attention of the committee to consider the name for the resource guide and survey to not stigmatize or label a group of people. There were two names discussed: Healthy Weight or Healthy Children Taskforce. There was discussion of the title versus Obesity Guide.

Taskforce meeting: April 24th at 9 a.m.
### New Business

**Overview of Committee Work Plan**

The committee had a conversation about the direction of the committee by identifying emerging themes that continue to come up in our conversation like diabetes, food insecurity, mental health, and housing. It was noted to consider outcomes that are measurable and attainable. Two articles that encourage kids to read were shared with the committee: Literacy at the Laundromat and Kiwanis Club Partners with Barbershops. Miami-Dade Family Learning Partnerships provided insight about how low-income families spend a lot of time at the laundromat not having the resources at home. A national program was discussed called The Clinton Foundation. They have two laundromats in Miami-Dade located in Hialeah and North Miami. Other partners like Simply Health Care have laundry day events, Short Chef conducts cooking demonstrations in the laundromat, and WIC participates with the Read 2 Learn Books program. The committee identified and voted on health literacy to be a part of the next workplan. Another topic discussed was possibly merging Telehealth services into the workplan. There was discussion about different Telehealth approaches from Humana, TeleWic California, and Nicklaus Children’s Hospital.

### Partner Updates

Committee members were able to briefly announce their current work/initiatives/projects.

- **Tobacco-Free Workgroup:** This year’s Tobacco Free Florida Week, April 22-28, 2019, theme: E-Epidemic: Vaping and Youth. Please reach out to Nancy Adebisi for resources for parents or students. Nancy Adebisi updated the committee about Students Working Against Tobacco (S.W.A.T) it is a state-wide initiative; each county has a chapter that includes clubs in both schools and community organizations. They advocate for policy change and educate peers.
- **Worksite Wellness Awards** will be held on May 3, 2019.
- **Candice Schottenloher** attended the North Shore Medical Health & Wellness Fair which was a great opportunity to promote the Consortium and invite new partners to our meetings.
- **Health Council of South Florida:** Disaster preparedness training dates on Consortium calendar. The 9th Annual Community Health Workers Symposium (2-day event) will take place on April 26th at the West Palm Beach South Campus & April 30th at the Hialeah Campus. (CEUs provided)
- **Mommy, Daddy and Me Event** sponsored by Metro Mommy Agency partnering with Sunshine Health on Thursday, June 13, 2019 from 6 p.m. to 8 p.m. at Christ Community Church.
- **Epilepsy Florida:** Annual Epilepsy Walk will be on April 27, 2019 at the Wynwood
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<th>Marketplace. Registration will begin at 8 a.m. and 9 a.m. begins the walk. This year there are awards giveaway and fundraising. This week first team raise $500 Bush Gardens for family of four may Disneyland tip</th>
<th>South Florida Dental Hygienists Association: Oral health screening in preschools: screened 43 children and only 1 had decay. In June Human Trafficking flyers at next meeting (for all health professionals) looking for sponsors</th>
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<td>• The Education Fund: 51 edible gardens, 25 food forests (all edible)</td>
<td>• Miami-Dade Family Learning Partnerships: Provides parenting classes and coming up with creative places for these classes.</td>
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<td>• Healthy Start Coalition of Miami-Dade: Provided folders with Healthy Start information and copies of the new Connect brochure and the referral intake form.</td>
<td>• Providence Home Care: Joined Powerhouse Rally for May 30th, 2019. The Health &amp; Wellness Resource Festival will be in October. Save the Date will be sent next month.</td>
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<td>• WIC: National Public Health Week was last week and partnered with FIU and campaign was shared with the Consortium. The WIC caseload has decreased which impacts health outcomes for mothers. From this trying to research and trying to provide a campaign of the importance of WIC.</td>
<td>• DCF: This April should be signing at your childcare’s center signing the distracted adult document and in September too.</td>
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<td>• OurKids: Looking for quality foster homes in Miami-Dade County for children up to 17 years old.</td>
<td>• iWil Fitbox Studios 365: Opened in February, a non-profit which will have an afterschool program for children 8-13 years old; there is a boxing studio gym and a meeting space provided for partners.</td>
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<td>• UF/IFAS Extension: Jeanine Necessary shared with the committee that she will be moving to Gainesville and has accepted the position with the Family Nutrition Program (FNP) as the State Food Systems Specialist.</td>
<td><strong>Adjournment</strong> The meeting adjourned at 12:00 p.m. The next meeting is scheduled for Friday, May 17, 2019 from 10:00 a.m. to 12:00 p.m. at the United Way of Miami-Dade Center for Excellence, 3250 SW 3rd Avenue, Miami, FL 33129.</td>
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