



CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Health Promotion and Disease Prevention Committee Meeting
 Tuesday, January 15th, 2019
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (19)	<p>Chair: Leyanee Perez, Nicklaus Children’s Hospital Vice-Chair: Teri Arvesu, Miami-Dade County Melissa Maytin, Florida Department of Health Mayra Garcia, Florida Department of Health Mercedes Blanco, Florida Department of Health Nadyne Fundora, Florida Department of Health Lenise Banwarie, Florida Department of Health Angelica Urbina, Florida Department of Health Amie Jacobitti, American Cancer Society Amber Graham, Miami-Dade Public Schools Vanessa De La Rosa, Flipany Cristina Brito, United Way Beatriz Severson, HSAG</p> <p>Teleconference Francis Hernandez, Centro Axis Monica Gonzalez, Epilepsy Florida Arielle Ashkenazi, United Way Belissa Rodriguez, Simply Healthcare Plans Vielka Escovar, Wellmed Solina Rulfs, UF/IFAS Extension</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Teri Arvesu at 2:00 pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the December 2018 Health Promotion and Disease Prevention minutes by Mayra Garcia; the motion was seconded by Cristina Brito.	
Executive Board Updates	Teri Arvesu and Leyanee Perez provided the following updates: <ul style="list-style-type: none"> ▪ The Executive Board welcomed the new incoming chairs and co-chairs and updated them on what the Consortium has been doing. 	



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	<ul style="list-style-type: none"> ▪ The Executive Board shared ideas about how the committees could support each other. ▪ The Executive Board discussed various ways of bringing awareness and promoting the Consortium in the community. One idea involved recording committee meetings and posting them on the Consortium’s website. 	
Presentation	<ul style="list-style-type: none"> ▪ Dr. Alberto Sirven from West Kendall Baptist Hospital presented on “Cervical Cancer Awareness”. ▪ Lenise Banwarie from the Florida Department of Health in Miami-Dade County presented on the department’s <i>Breast and Cervical Cancer Program</i>. 	
Work Plan Discussion	<ul style="list-style-type: none"> ▪ Following the presentations, the committee discussed the importance of bringing awareness to the community regarding the importance and availability of vaccinations to help prevent Cervical Cancer. ▪ The committee identified initiative where HPDP can engage in to address chronic disease rates in Miami-Dade County. <ul style="list-style-type: none"> – Leyanee Perez (chair) introduced the “A Billion Steps Challenge” as an initiative opportunity. This initiative is currently taking place in Port St. Lucie. It is an app in which county residents can log their steps through the year. The data can be useful in identifying which areas are more active than others and identifying barriers. – Members shared that a similar initiative is happening in Doral named “Step Up Doral.” – This initiative would help with cardiovascular, diabetes, and obesity indicators as well as increase physical activity. – The app requires a host cost, but more details are to come. – The Executive Board liked the idea since all the committees can participate in the initiative. ▪ The committee identified community activities that can leverage HPDP efforts. <ul style="list-style-type: none"> – Jackson Behavioral Health Hospital is hosting a conference on Friday, January 21st on how to effectively identify suicide and effective measures. – United Way of Broward will be hosting a conference on Mental Health in 	



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Workgroup Updates	<p><u>Journey to Wellness Rx Green Prescription</u></p> <p>Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> ▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. ▪ The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center has been closed temporarily while The Florida Department of Health is conducting Wellbeing Surveys throughout Miami-Dade County. The survey addresses various areas about the quality of life in your neighborhood and takes approximately 15 minutes. The survey can be accessed at: www.surveymonkey.com/r/MDCWellbeing 	
Adjournment	The next meeting will be held on Tuesday, February 19th, 2019 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126 . The meeting was adjourned at 4:03 PM	