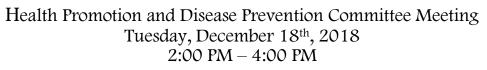
Consortium For A Healthier Miami-Dade

## CONSORTIUM FOR A HEALTHIER MIAMI~DADE





TOPIC	DISCUSSION	ACTION NEEDED
Membership	Chair: Leyanee Perez, Nicklaus Children's Hospital	
Total	Vice-Chair: Teri Arvesu, Miami-Dade County	
(17)	Melissa Maytin, Florida Department of Health	
	Amber Graham, Miami-Dade Public Schools	
	Amie Jacobitti, American Cancer Society	
	Cristina Brito, United Way	
	Lorean Chant, Easterseals	
	Marta Quintana, Easterseals	
	Angela Aracene, Easterseals	
	Vielka Escovar, Preferred Care Partners Medical Group Centers	
	Belissa Rodriguez, Simply Healthcare Plans	
	Elizabeth 'Kitty' Davis, Empower U	
	Mayra Garcia, Florida Department of Health	
	Angelica Urbina, Florida Department of Health	
	Trudy Ann Reed, Simply Healthcare Plans	
	Teleconference	
	Herman Edwards, Jessie Trice Community Health Center	
	Francis Hernandez, Centro Axis	
Welcome and	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention	
Introductions	Committee meeting was brought to order by Leyanee Perez at 2:00 pm. All members were	
	welcomed and introduced themselves.	
Approval of	There was a motion to approve the October 2018 Health Promotion and Disease Prevention	
Minutes	minutes by Teri Arvesu; the motion was seconded by Cristina Brito.	
Executive Board	Leyanee Perez provided the following updates:	
Updates	• The Executive Board welcomed the new incoming chairs and co-chairs.	
epuiles	<ul> <li>Leyanee Perez and Teri Arvesu will continue as chairs of the Health Promotion and</li> </ul>	
	Disease Prevention Committee.	
	<ul> <li>Most of the committees will continue with the same chairs, except for the Marketing &amp;</li> </ul>	



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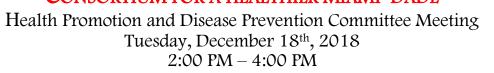
Health Promotion and Disease Prevention Committee Meeting Tuesday, December 18<sup>th</sup>, 2018 2:00 PM – 4:00 PM



	Membership committee and Children's Issues.	
	<ul> <li>The Executive Board brainstormed and shared ideas about what initiatives the committees</li> </ul>	
	could be involved with in the coming year.	
Presentation	<ul> <li>Loreen Chant and Angela Aracena from Easterseals presented on "Relieving Families"</li> </ul>	
	Caregiving Burden and Avoiding ALF/Nursing Home Placements".	
Work Plan	<ul> <li>The committee discussed how to educate key policy makers within the community on the</li> </ul>	
Discussion	benefits of adopting healthy eating, access to physical activity, and clinical linkages	
	policies.	
	<ul> <li>The committee discussed the importance of using the same language when</li> </ul>	
	speaking to key policy makers to keep messages consistent.	
	<ul> <li>The committee is interested in having a presentation on this subject.</li> </ul>	
	<ul> <li>Leyanee Perez (chair) encouraged the committee members to provide information on</li> </ul>	
	behalf of the HPDP committee to be places in the Consortium Connection newsletter	
	<ul> <li>Submissions should be sent to <u>Melissa.Maytin@flhealth.gov</u></li> </ul>	
	<ul> <li>Leyanee Perez (chair) discussed the opportunity of working on a new initiative. She has</li> </ul>	
	an idea as to what the committee could focus on but will have to get approval by the	
	Executive Board before sharing it with the committee.	
	<ul> <li>Leyanee Perez (chair) shared the results of a survey conducted by Nicklaus Children's</li> </ul>	
	Hospital which found that:	
	<ul> <li>The number of children eating fruits and vegetables has increased.</li> </ul>	
	<ul> <li>The number of children who eat fast food 3 or more times a week increased.</li> </ul>	
	<ul> <li>The number of families who eat together had decreased.</li> </ul>	
	- The number of children who are physically active one hour a day decreased.	
	- The number of children watching 3 or more hours of television a day increased.	
	Journey to Wellness Rx Green Prescription	
Workgroup	Mayra Garcia (Florida Department of Health) provided the following update:	
Updates	<ul> <li>Green Prescriptions are a free resource for organizations and are available in three</li> </ul>	
e pouros	languages (English Spanish, Creole). If your organization is interested in partnering and	
	distributing Green Prescriptions, please contact Melissa Maytin at	

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	Melissa.Maytin@flhealth.gov.	
	<ul> <li>The Health &amp; Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann</li> </ul>	
	Health Center has been closed temporarily while The Florida Department of Health is	
	conducting Wellbeing Surveys throughout Miami-Dade County. The survey addresses	
	various areas about the quality of life in your neighborhood and takes approximately 15	
	minutes. The survey can be accessed at: www.surveymonkey.com/r/MDCWellbeing	
Partner Updates	<ul> <li>Teri Arvesu (Co-Chair) met with the director of the libraries to bring more senior</li> </ul>	
and Upcoming	programming to the centers. They are very interested in having a curriculum in their 5	
Events	regional libraries on a variety of health topics. If your organization is interested in being a	
	part of this initiative, contact Teri Arvesu.	
	<ul> <li>United Way will be reviewing applications for funding and is needing volunteer reviewers</li> </ul>	
	to help. There will a training on January 14th and there is a time commitment of	
	approximately 20 hours between January and June.	
	<ul> <li>The American Cancer Society is trying to bring awareness to all types of cancer and</li> </ul>	
	offers a variety of services to the community. Call 1-800-227-2345 for any questions or	
	help accessing resources.	
	<ul> <li>The Florida Department of Health in Miami-Dade County, Women's Health Program</li> </ul>	
	offers free mammograms to uninsured women who are 50-64 years of age. If interested,	
	please contact: 305-470-5634.	
Adjournment	The next meeting will be held on Tuesday, January 15th, 2018 at Beacon Center – 8323 NW	
	12st Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at 4:06 PM	