

# Chronic Disease Prevention



- **Increase the percentage of adults and children who are at a healthy weight**
- **Increase access to resources that promote healthy behaviors**
- **Reduce chronic disease morbidity and mortality**
- **Reduce illness, disability and death related to tobacco use and secondhand smoke exposure**

# Strategic Issue Area:



## Increase the percentage of adults and children who are at a healthy weight

**HP2020 Goal:** NWS-5 Increase the proportion of primary care physicians who regularly measure the body mass index of their patients.

**SHIP Strategy:** CD1.2 Promote the use of evidenced-based clinical guidelines to assess overweight and obesity and establish principles of safe and effective weight loss

**SHIP Objective:** CD1.2.1 By Dec. 31, 2014, increase by 10% the number of targeted health care providers who calculate and document body mass index of their patients.

**Local Strategy:** A process will be developed targeted to health care providers to have them document height and weight on all clinical visits.

**Local Objective:** CD1.2.1. By June 30, 2019, increase the number of targeted health care providers who calculate and document body mass index of their patients from 1.0% (2014) to 4.0%.

**Current Year Data:**



Miami-Dade: 2% (DOH-Miami-Dade Clear Impact Scorecard, 2016)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Consortium for a Healthier Miami-Dade, Florida  
Department of Health in Miami-Dade

# Strategic Issue Area:



## Increase the percentage of adults and children who are at a healthy weight

**HP2020 Goal:** NWS-11(Developmental) Prevent inappropriate weight gain in youth and adults

**SHIP Strategy:** CD1.3 Increase the availability of healthful food

**SHIP Objective:** CD1.3.1 By June 30, 2013, DOH will identify and disseminate model policies and practices that increase availability and consumption of healthy foods.

**Local Strategy:** Disseminate model policies and practices about healthy eating and increasing access to healthy food and beverages.

**Local Objective:** CD1.3.1. By June 30, 2019, identify model policies practices that increase availability and consumption of healthy foods.

**Current Year Data:**



Miami-Dade: Evidenced based policies on healthy food consumption identified (DOH-Miami-Dade Clear Impact Scorecard, 2016)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Consortium for a Healthier Miami-Dade, Florida  
Department of Health in Miami-Dade

# Strategic Issue Area:



## Increase the percentage of adults and children who are at a healthy weight

**HP2020 Goal:** NWS-14 Increase the contribution of fruits to the diets of the population aged 2 years and older.

**SHIP Strategy:** CD1.3 Increase the availability of healthful food

**SHIP Objective:** CD1.3.5 By June 30, 2013, DOH will collaborate with the U.S. Dept. of Agriculture’s Women, Infants and Children (WIC) and Supplemental Nutrition Assistance Program (SNAP) to expand opportunities to purchase healthy foods for users of these services.

**Local Strategy:** Expand healthy food purchase options.

**Local Objective:** CD1.3.5. By June 30, 2019, DOH MD will collaborate with the U.S. Dept. of Agriculture’s Women, Infants and Children (WIC) and Supplemental Nutrition Assistance Program (SNAP) to decrease the percentage of WIC children 2 years and older who are overweight or at risk of being overweight from 27.0% (2014) to 25.0%.

**Current Year Data:**



Miami-Dade: 28.5% (DOH-Miami-Dade Clear Impact Scorecard, 2018)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Consortium for a Healthier Miami-Dade, Florida  
Department of Health in Miami-Dade

# Strategic Issue Area:



## Increase access to resources that promote healthy behaviors

**HP2020 Goal:** NWS-8 Increase the proportion of adults who are at a healthy weight Increase the proportion of adults who are at a healthy weight.

**SHIP Strategy:** CD2.1 Collaborate with partner agencies and organizations to implement initiatives that promote healthy behaviors.

**SHIP Objective:** CD2.1.2 By June 30, 2019, decrease the percentage of adults who are overweight from 37.8% to 35.9%.

**Local Strategy:** Collaborate with partners and organizations to promote Healthy behaviors among Miami Dade adults who are overweight.

**Local Objective:** CD2.1.2. By June 30, 2019, decrease the percentage of Miami-Dade adults who are overweight from 38.1% (2010) to lower than 35.9.

**Current Year Data:**



Miami-Dade: 38.7% (FLHEALTHCHARTS, 2016)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

# Strategic Issue Area:



## Increase access to resources that promote healthy behaviors

**HP2020 Goal:** NWS-11(Developmental) Prevent inappropriate weight gain in youth and adults.

**SHIP Strategy:** CD2.1 Collaborate with partner agencies and organizations to implement initiatives that promote healthy behaviors.

**SHIP Objective:** CD2.1.3 By Sept. 30, 2012, the Departments of Health and Education will identify strategies for monitoring childhood markers of well-being including: measuring height and weight (to obtain body mass index) and individual-level physical activity.

**Local Strategy:** Record childhood markers of well-being.

**Local Objective:** CD2.1.3. By June 30, 2019, decrease the percentage of high school students reporting BMI at or above the 95<sup>th</sup> percentile.

**Current Year Data:**



Miami-Dade: 13.9% (DOH Miami-Dade Results Scorecard, 2016)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

## Strategic Issue Area:



### Increase access to resources that promote healthy behaviors

**HP2020 Goal:** NWS-7 (Developmental) Increase the proportion of worksites that offer nutrition or weight management classes or counseling.

**SHIP Strategy:** CD2.2 Support use of evidence-based employee wellness programs to promote healthy behaviors.

**SHIP Objective:** CD2.2.2 By June 30, 2014, increase by 5% the availability of employee wellness programs that address nutrition, weight management and smoking cessation counseling services in workplaces other than state agencies.

**Local Strategy:** Provide technical assistance to organizations to develop wellness programs for worksites other than governmental agencies.

**Local Objective:** CD2.2.2. By June 30, 2019, The Consortium for a Healthier Miami-Dade's Worksite Wellness committee will develop a plan to provide technical assistance to increase by 5% the availability of employee wellness programs in Miami-Dade.

**Current Year Data:**



Miami-Dade: Technical assistance plan developed  
(DOH Miami-Dade Results Scorecard, 2016)

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

## Strategic Issue Area:



### Increase access to resources that promote healthy behaviors

**HP2020 Goal:** NWS-11(Developmental) Prevent inappropriate weight gain in youth and adults.

**SHIP Strategy:** CD2.3 Implement the Alliance for a Healthier Generation’s Healthy Schools Program or USDA’s Healthier US School Challenge.

**SHIP Objective:** CD2.3.4 By June 30, 2019, decrease the percentage of adolescents who are overweight from 13.6% (2010) to 12.9%.

**Local Strategy:** Disseminate evidence-based best practices on adolescent healthy weight.

**Local Objective:** CD2.3.4. By June 30, 2019, decrease the percentage of adolescents who are overweight from 17.4% (2010) to 15.5%.

**Current Year Data:**



Miami-Dade: 27.9% (FLHEALTHCHARTS, 2015)

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade



# Strategic Issue Area:



## Reduce chronic disease morbidity and mortality

**HP2020 Goal:** C-3 Reduce the female breast cancer death rate Reduce the female breast cancer death rate.

**SHIP Strategy:** CD3.2 Promote early detection and screening for chronic diseases such as asthma, cancer, heart disease and diabetes.

**SHIP Objective:** CD3.2.1 By Dec. 30, 2018, increase by 10% the percentage of women who receive a breast cancer screening based on the most recent clinical guidelines from 61.9% (2010) to 71.9%.

**Local Strategy:** Encourage women in Miami-Dade to seek cancer screenings regularly through education.

**Local Objective:** CD3.2.1. By June 30, 2018, increase the percentage of women 40 and older in Miami-Dade who received mammogram in the past year from 62.9% (2007) to 74.2%

By June 30, 2018, increase the percentage of women 18 years of age and older in in Miami-Dade who had a clinical breast exam in the past year from 59.6% (2010) to 71.9%.

**Current Year Data:**



Miami-Dade: 64.2%



Miami-Dade: 55.3%

(FLHEALTHCHARTS, 2010, 2013)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

# Strategic Issue Area:



## Reduce chronic disease morbidity and mortality

**HP2020 Goal:** C-4 Reduce the death rate from cancer of the uterine cervix.  
**SHIP Strategy:** CD3.2 Promote early detection and screening for chronic diseases such as asthma, cancer, heart disease and diabetes.

**SHIP Objective:** CD3.2.2 By Dec. 30, 2018, increase by 10% the percentage of women who receive a cervical cancer screening based on the most recent clinical guidelines from 57.1% (2010) to 67.1%.

**Local Strategy:** Encourage women in Miami-Dade to seek cervical cancer screenings regularly through education.

**Local Objective:** CD3.2.2. By June 30, 2019, increase by 10% the number of women 18 years of age and older who received a Pap test in the past year 56.9% (2010) to 66.9%

**Current Year Data:**



Miami-Dade: 53.8% (FLHEALTHCHARTS, 2013)

**Priority Area Key**

Access to Care      Chronic Disease Prevention  
Key Health Disparity      HIV, STD & Infectious Diseases

**Collaborative Agencies:**

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

# Strategic Issue Area:



## Reduce chronic disease morbidity and mortality

**HP2020 Goal:** Promote health and reduce chronic disease risk through the consumption of healthful diets and achievement and maintenance of healthy body weights.

**SHIP Strategy:** CD3.2 Promote early detection and screening for chronic diseases such as asthma, cancer, heart disease and diabetes.

**SHIP Objective:** CD3.2.4 By Dec. 30, 2018, increase the percentage of adults who had their cholesterol checked in the past two years from 73.3% (2010) to 76.3%.

**Local Strategy:** Encourage Miami-Dade residents to get screening for chronic diseases through an educational campaign.

**Local Objective:** CD3.2.4. By June 30, 2019, increase the percentage of Miami-Dade adults who had a cholesterol screening in the past two years from 61.5% (2007) to 70.5%.

**Current Year Data:**



Miami-Dade: 69.0% (FLHEALTHCHARTS, 2013)

### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

# Strategic Issue Area:



## Reduce chronic disease morbidity and mortality

**HP2020 Goal:** Use health communication strategies and health information technology (IT) to improve population health outcomes and health care quality, and to achieve health equity.

**SHIP Strategy:** CD3.3 Promote use of evidence-based clinical guidelines to manage chronic diseases

**SHIP Objective:** CD3.3.3 By Dec. 31, 2013, assess and implement at least three effective strategies for promoting clinical practice guidelines through partner networks.

**Local Strategy:** Assess evidence-based clinical guidelines in the management of chronic diseases.

**Local Objective:** CD3.3.3 By June 30, 2019, implement a minimum of three effective strategies for promoting clinical practice guidelines through partner networks.

**Current Year Data:**



Miami-Dade: 3 strategies implemented for promoting clinical practice guidelines (DOH Miami-Dade Results Scorecard, 2015)

**Priority Area Key**

Access to Care      Chronic Disease Prevention  
Key Health Disparity      HIV, STD & Infectious Diseases

**Collaborative Agencies:**

Miami-Dade Health Action Network,  
Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** TU-3 Reduce the initiation of tobacco use among children, adolescents, and young adults.

**SHIP Strategy:** CD4.1 Prevent Florida's youth and young adults from initiating tobacco use.

**SHIP Objective:** CD4.1.1 By June 30, 2019, increase the number of committed never smokers among Florida's youth, ages 11–17 from 62.6 % (2010) to 68.9 %.

**Local Strategy:** Prevent initiation of tobacco use among youth and young adults through educational campaigns.

**Local Objective:** CD4.1.1. By June 30, 2019, increase the number of committed non- smokers among Miami-Dade's youth, ages 11–17 from 64% (2012) to 68.9%.

**Current Year Data:**



Miami-Dade: 79.4% (Florida Youth Tobacco Survey (FYTS), 2016)

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** TU-1 Reduce tobacco use by adults.

**SHIP Strategy:** CD4.2 Promote quitting among Florida's youth and adults.

**SHIP Objective:** CD4.2.1: By Dec. 31, 2014, reduce current smoking rates among Florida adults from 17.1% (2010) to 14.5%.

**Local Strategy:** Promote increased use of cessation services throughout Miami-Dade.

**Local Objective:** CD.4.2.1. By June 30, 2019, reduce current smoking rates among Miami-Dade adults from 10.6% (2010) to 8.0%

**Current Year Data:**



Miami-Dade: 12.3% (Behavioral Risk Factor Surveillance System (BRFSS), 2016)

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade



## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** TU-1 Reduce tobacco use by adults.

TU-3 Reduce the initiation of tobacco use among children, adolescents, and young adults.

**SHIP Strategy:** CD4.2 Promote quitting among Florida’s youth and adults.

**SHIP Objective:** CD4.2.2 By June 30, 2019, reduce the use of other tobacco products—smokeless tobacco, snus (pouched smokeless tobacco) and cigars—among Florida adults from 5.6% (2010) to 4.76%.

**Local Strategy:** Promote increased use of cessation services throughout Miami-Dade.

**Local Objective:** CD4.2.2. By June 30, 2019, reduce the use of other tobacco products—smokeless tobacco, snus (pouched smokeless tobacco) and cigars—among Miami-Dade County adults.

**Current Year Data:**



Miami-Dade: 2.0% (BRFSS, 2014)

**Priority Area Key**

Access to Care      Chronic Disease Prevention

Key Health Disparity      HIV, STD & Infectious Diseases

**Collaborative Agencies:**

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** TU-2 Reduce tobacco use by adolescents.

**SHIP Strategy:** CD4.2 Promote quitting among Florida's youth and adults.

**SHIP Objective:** CD4.2.3: By June 30, 2019, reduce current cigarette use among Florida's youth, ages 11–17 from 8.3% (2010) to 7.5%.

**Local Strategy:** Develop an educational campaign on the dangers of youth tobacco use.

**Local Objective:** CD4.2.3. By June 30, 2019, reduce current cigarette use among Miami-Dade's youth, ages 11–17 from 4.7% (2010) to 3.5%

**Current Year Data:**



Miami-Dade: 1.9% (FYTS, 2016)

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade





## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** TU-2 Reduce tobacco use by adolescents.

**SHIP Strategy:** CD4.2 Promote quitting among Florida’s youth and adults.

**SHIP Objective:** CD4.2.4 By June 30, 2019, reduce the use of tobacco products other than cigarettes by youth, ages 11–17, from 14.1% (2010) to 12.7%. Tobacco products include: smokeless tobacco, snus, cigars, flavored cigars, bidis, kreteks, pipe tobacco, flavored tobacco.

**Local Strategy:** Promote increased use of cessation services throughout Miami-Dade.

**Local Objective:** CD4.2.4. By June 30, 2019, decrease the percentage of Miami-Dade teens (11-17) who have used smokeless tobacco in the last 30 days from 3.7% (2011) to 1.7%.  
By June 30, 2019, decrease the percentage of Miami-Dade teens (11-17) who have smoked a cigar in the last 30 days from 8.7% (2011) to 3.8%

**Current Year Data:**



Miami-Dade: 1.3%  
(FYTS, 2016, 2013)



Miami-Dade: 2.5%

**Priority Area Key**

- Access to Care
- Chronic Disease Prevention
- Key Health Disparity
- HIV, STD & Infectious Diseases

**Collaborative Agencies:**

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade



## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** Reduce illness, disability, and death related to tobacco use and secondhand smoke exposure.

**SHIP Strategy:** CD4.3 Eliminate Floridians' exposure to secondhand tobacco smoke.

**SHIP Objective:** CD4.3.1 By June 30, 2019, reduce the percentage of Florida adults who were exposed to secondhand smoke at home during the past 7 days from 8.6% (2010) to 7.7%.

**Local Strategy:** Develop an educational campaign on the dangers of secondhand smoke exposure at home.

**Local Objective:** CD4.3.1. By June 30, 2019, decrease the percentage of non-smokers who report that someone smokes at home from 6.4% (2013) to 5.1%.

By June 30, 2019, decrease the percentage of households with children that report someone smokes at home from 11.4% (2013) to 7.2%

**Current Year Data:**



Miami-Dade: 6.8%



Miami-Dade: 9.7%

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade

## Strategic Issue Area:



### Reduce illness, disability and death related to tobacco use and secondhand smoke exposure

**HP2020 Goal:** Reduce illness, disability, and death related to tobacco use and secondhand smoke exposure.

**SHIP Strategy:** CD4.3 Eliminate Floridians' exposure to secondhand tobacco smoke.

**SHIP Objective:** CD4.3.2 By June 30, 2019, reduce the percentage of Florida youth, ages 11–17 who were exposed to secondhand smoke in a room or car during the past 7 days from 50.3% (2010) to 45.3%.

**Local Strategy:** Develop an educational campaign on the dangers of youth being exposed to secondhand smoke in a room or car.

**Local Objective:** CD4.3.2. By June 30, 2019, reduce the percentage of Miami-Dade teens (11-17) who have been exposed to second-hand smoke in the last 30 days from 31.9% (2014) to 29.8%.

**Current Year Data:**



Miami-Dade: 40.2% (FYTS, 2016)

#### Priority Area Key



Access to Care



Chronic Disease Prevention



Key Health Disparity



HIV, STD & Infectious Diseases

#### Collaborative Agencies:

Florida Department of Health in Miami-Dade,  
Consortium for a Healthier Miami-Dade