**Consortium for a Healthier Miami-Dade**  
**Worksite Wellness Committee**  
**Meeting Minutes**  
**Thursday, May 3, 2018**  
**12:30 p.m. to 2:30 p.m.**

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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</thead>
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| Members Present            | 1. **Chair**: Nathan Burandt - Benefits and Wellness Program Manager at Florida International University  
2. **Vice Chair**: Desiree Adderley - Miami Dade County  
3. Amber Graham - Miami Dade County Public Schools  
4. Mara Barrios-Malabad - Children's Home Society of Florida  
5. Nikki Chuck - Florida Department of Health in Miami-Dade County  
6. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County  
7. Natouchka Murray - Florida Department of Health in Miami-Dade County  
8. Rosa Nova - Miami Dade County Public Schools  
9. Johanne Petit Jeune - Florida Department of Health in Miami-Dade County  
10. Takyah Smith - Florida Department of Health in Miami-Dade County  
11. Patricia Sherrill - Florida Department of Health in Miami-Dade County  
12. Marcia Sapoznik - Broward Coalition on Aging  
13. Jeannie Cidel – Aetna  
**Teleconference**  
14. Jasmine Reid - Marsh & McLennan Agency |                                                                                                                                             |               |
| Welcome and Introductions  | The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 12:35 p.m. Committee members and guests introduced themselves.                                                                 |               |
| Minutes                    | Minutes for the April 5th, 2018 committee meeting were reviewed. A change was noted to edit the minute’s section to change February to March. Nathan Burandt moved to approve the minutes with the said change. Patricia Sherrill seconded that motion. |               |
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<th>Previous Action Items</th>
<th>Executive Board Update</th>
<th>Work Plan Review</th>
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| • Nathan Burandt provided brief updates on the toolkit.  
  o Chapters one through three have been completed.  
  o A Google document was created for the toolkit for subcommittee members to update their sections.  
  o Committee members were encouraged to join the toolkit subcommittee group.  
  • Nathan Burandt updated the committee about the next worksite wellness forum.  
  o Cigna will sponsor the forum by providing breakfast.  
  o Mental health is the chosen topic for the forum.  
  o In need of speakers.  
  o The forum is scheduled on Thursday, June 7th.  
  • Nathan Burandt reminded the committee that there is a need for committee members to join the Florida Worksite Wellness Awards (FWWA) subcommittee.  
  o The following committee members volunteered to join the FWWA subcommittee: Amber Graham, Jasmine Reid, Rosa Novo, and Jeannie Cidel. | • Executive Board Update  
  o The third sustainability planning session took place last month in which the executive board finalized the plan and will begin reporting on activities for the plan starting July 1, 2018.  
  o The Executive Board is currently exploring grant opportunities. | • Performance Measures in Need of Improvement -Networking Plan (Goal 3, Activity 3)  
  o Committee members discussed ideas for the networking plan, some ideas included:  
  • Natouchka Murray will begin bringing the consortium cards to the committee meetings. |
### Topics Selected by the Chair

Nathan Burandt spoke about the American Foundation for Suicide Prevention walk/event scheduled for May 19th from 10am-12pm that will be held on the campus of Florida International University.

### Partner Updates

- Desiree Adderley spoke about the County’s Spring into Wellness Fair scheduled for May 11th from 10am-3pm at the Stephen P. Clark Government Center. Members were invited to attend.
- Nancy Adebisi shared information on World No Tobacco Day which will be held on May 31st and encouraged committee members to contact herself or Nikki Chuck for any tobacco cessation materials.

### Next Meeting

The next Worksite Wellness Committee meeting will be on Thursday, August 2, 2018 from 9:30 am-11:30 am along with the next toolkit subcommittee meeting taking place right after the Worksite Wellness Committee meeting from 11:30 am-12:30 pm at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.

### Adjournment

Committee Chair, Nathan Burandt, adjourned the meeting at 1:33pm and Rosa Nova seconded that motion. The toolkit subcommittee meeting began at 1:40pm and adjourned at 2:30pm.