

**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON AGING**
Minutes
Tuesday, June 26, 2018

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Alicia Suarez, Papa 2. Alina Becker, Alliance for Aging 3. Angeles Losada, The Prem Rawat Foundation (TPRF.org) 4. Angie Fernandez, Miami-Dade State Attorney Office 5. Belkis Shah, The Prem Rawat Foundation (TPRF.org)-Peace Education Program 6. Blanca Ceballos, United HomeCare 7. Bryant Acevedo, Miami-Dade County, Office of Consumer Protection 8. Cindy Brown, JCS/Lambda Living- <i>Vice-Chair</i> 9. David Saltman, Florida International University 10. Gina Gonzalez, Anthem 11. Graciela Giraldo, Staywell/WellCare 12. Javier Franco, Advocate Home Care Services 13. Jenny Patrizia, Chen Medical 14. Luis Mejer, 24/7 Nursing Care, Inc. 15. Marcia Sapoznik, Sapoznik Psychotherapy 16. Marjorie York, Community Action Agency 17. Mayra Garcia, Florida Department of Health in Miami-Dade County 18. Melody Velez, United Healthcare 19. Michael Pearson Alzheimer's Association- <i>Chair</i> 20. Solina Rulfs, UF/IFAS Extension Family Nutrition Program 21. Susan Holtzman, Miami-Dade, District 8-Commissioner Daniela Levine-Cava 22. Teri Arvesu, Miami-Dade County, Office of the Mayor 23. Yeileen Jacome, Miami-Dade State Attorney Office 	
Welcome and Introductions	At 2:00 PM, Vice-Chair, Cindy Brown welcomed everyone and invited them to enjoy light refreshments and snacks sponsored by Chen Medical. At 2:05 PM, Chair, Michael Pearson started the meeting which was held at host site Lambda Living/Jewish	

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	Community Services of South Florida located at 7275 NE 4 Avenue, Miami, FL 33138. Everyone introduced themselves.	
Review and Approval of Minutes	The meeting minutes for May 29, 2018 were reviewed by the Committee. A motion was made to approve the minutes by Marjorie York and seconded by Marcia Sapoznik.	
Executive Board Update	Chair, Michael P. provided the following updates: <ul style="list-style-type: none"> • Consortium for a Healthier Miami-Dade Program Sustainability Plan (draft) • Annual Consortium event on Friday, Sept. 14, 2018 at Rusty Pelican. Breakfast included and sponsorship information is available. EIC members are encouraged to attend. 	
Legislative Report	WASHINGTON, D.C., June 26, 2018 —Today, the Senate Appropriations Labor, Health and Human Services, Education and Related Agencies Subcommittee proposed a \$425 million increase for Alzheimer's and dementia research funding at the National Institutes of Health (NIH). If signed into law, Alzheimer's and related dementia research funding at the NIH would reach \$2.3 billion. The hope is to find a cure for Alzheimer's by 2025.	
Previous Action Items	<ul style="list-style-type: none"> • Second host site for Oct. or Nov. meeting has yet to be determined. Potential sites include: <ul style="list-style-type: none"> ○ Jewish Community Services of S. FL Center in South Beach (Eddie Sierra) ○ United HomeCare in Doral or near WK Baptist Hospital (Blanca Ceballos) ○ AARP in Doral (Ivonne Hernandez) ○ Centro Axis Behavioral Health Adult Day Care (Francis Fernandez) • Chronic Disease Subcommittee for Dental Care for Elders <ul style="list-style-type: none"> ○ Volunteers for planning subcommittee include: David Saltman, Nick Brunzell, and Sabrina Taldone, MD. ○ David S. said they will be meeting sometime in July to plan future event. 	<p>Action Item:</p> <ul style="list-style-type: none"> • Chairs need to decide on future host site. <p>Action Item:</p> <ul style="list-style-type: none"> • David Saltman will organize a follow-up meeting date for the chronic disease subcommittee to meet to begin planning a Dental Care for Elders event.

<p>Presentation 1: <i>LGBT Seniors & Lambda Living (JCS of South Florida)</i></p>	<p>EIC Vice-Chair, Cindy Brown, Program Manager for Lambda Living, gave an oral presentation on this Jewish Community Services (JCS) of South Florida program for LGBT Seniors. Lambda Living offers programming, counseling, case management and assistance for LGBT persons aged 55 and older.</p>	
<p>Presentation 2: <i>Don't Fall for That! Top scams targeting consumers in 2018 & how to avoid them</i></p>	<p>Bryant Acevedo, Miami-Dade County, Office of Consumer Protection, Dept. of Regulatory & Economic Resources, Business Affairs Division presented on the top consumer scams in 2018 and how to avoid them. The number of scams aimed towards the elderly continue to grow. In Miami-Dade County, the most common scams targeting senior citizens are related to health care. Florida is one of the top states with number of citizens reporting some form of fraud (e.g., scams, cons, schemes, and fakes) to the Federal Trade Commission. Health care scams use television ads, phone calls, and internet ads to get your social security number, financial information, etc. With "You've Won!" scams you receive a card, call or email that states you won some sort of prize, but then they tell you there's a fee, tax or custom duties to pay; they ask for your credit card info, bank info, and/or ask you to wire money or information. Never share financial information with someone who contacts you and claims to need it, and never wire money to anyone who asks you to. Charity fraud prevention tips include:</p> <ul style="list-style-type: none"> ○ Ask as many questions about a donation & research the charity (e.g., call 703-276-0100 or go to Give.org). ○ Never give cash! Contribute by check and make it out to the organization. ○ Request a copy of a charity's financial report before donating. <p>Guardianship/grandparent/imposter scams are also popular; revolves around family and or "family emergencies." Imposter scams can come from calls or an email and they claim to be either a government official, grandchild, relative or friend and they request money to pay taxes or fees, or to help someone you care about. No government agency asks you to wire money. Tech Support & Cyber scammers scare consumers into giving their computer control and/or privacy</p>	

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Tuesday, June 26, 2018

	<p>info with threats of computer infections-STOP! Don't click that link! Just HANG UP! Never give control of your computer or credit card info to third party who calls you out of the blue. Do not rely on caller ID alone to authenticate a caller. To get rid of malware, update or download legitimate security software and scan your computer. Delete anything identified as a problem. Report mass marketing/telemarketing fraud complaints to the FTC at www.ftc.gov/complaint. Scammers send unsolicited emails (e.g., from your "bank") asking you to "verify your information" and/or click on a link. Even if the link to "your bank" in the email looks legitimate, you shouldn't click it as it could be a phishing link in disguise. ALWAYS go to your bank's website by entering their address directly into your browser or via a bookmark you made yourself. Never trust links in e-mails, text messages, pop-ups, etc. Without clicking, hover your mouse over the link to help reveal a fake one. The FBI says that "confidence/romance fraud" was the second most reported crime in 2017. An example is someone you met online requests you send or wire them money. Financial Advisor scams include the following: Ponzi scheme, affinity fraud, misrepresentation of credentials. Do not give a financial advisor Power of Attorney or the ability to make trades without first consulting you. Don't act too quickly. Always take time to think about a financial decision. Report cybercrime to FBI's Internet Crime Complaint Center at www.IC3.gov. Locally, the Miami-Dade County Department of Regulatory and Economic Resources' Office of Consumer Protection receives, processes and investigates consumer complaints; call 786-469-2333 or go online www.Consumer@MiamiDade.gov for assistance. (The presentation was later emailed to EIC members on 6/29/18.)</p>	
Performance Measures in need of improvement	<ul style="list-style-type: none"> Formulate recommended measure(s) for Community Health Improvement Plan (CHIP) for the elderly by December 31, 2018. Based on few responses to an email for availability for a follow-up meeting, Michael P. proposed that he will simply select a future date on which to host a phone meeting for the EIC members who 	

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	<p>expressed interest in forming an ad hoc subcommittee for this purpose. The EIC members present agreed. At last month's meeting on 5/29/18, the following EIC members volunteered to work on finalizing the recommendations for CHIP measure(s) for elders:</p> <ol style="list-style-type: none"> 1. Blanca Ceballos, United HomeCare, bceballos@unitedhomecare.com 2. Ivonne Fernandez, AARP, ifernandez@aarp.org 3. Raquel Diaz (Guest of Teri Arvesu 5/29/18), raque21@icloud.com 4. Teri Arvesu, M-D Office of the Mayor, Ana.Busse-Arvesu@MiamiDade.gov 5. Maria Hidalgo, VITAS, Maria.Hidalgo@vitas.com 6. Marcia Sapoznik, Sapoznik Coaching Services, sapoznikpsychotherapy@aol.com 7. Alina Becker, Alliance for Aging, beckera@allianceforaging.org 8. Francis Fernandez, Centro Axis Behavioral Health Adult Day Care, therain.in.spain@icloud.org 9. Alicia Suarez, Join Papa, alicia@joinpapa.com or aliciamariasuarez@gmail.com 10. Mayra Garcia, FDOH-MD, Mayra.garcia@flhealth.gov 11. Michael Pearson, EIC Chair, mpearson@alz.org 12. Cindy Brown, EIC Vice-Chair, cbrown@jcsfl.org <p>Some of the measures semi-formulated at the EIC meeting were as follows:</p> <ul style="list-style-type: none"> ○ Refer to Miami Matters for already collected health data related to elders in our community (e.g., flu vaccination rates, various disease rates in Medicare population) ○ # of presentations given on dementias ○ # of first responder agencies providing training in mental health awareness (including dementia/Alzheimer's) ○ # of persons on low-cost housing waiting list ○ # of compliance with preventive medication therapy for Alzheimer's ● Increase representation from long-term care community/facilities. Chair, Michael P. confirmed that this measure has been met. 	<p>Action Item:</p> <ul style="list-style-type: none"> ● Michael Pearson to send out a follow-up meeting date to the ad hoc subcommittee members to finalize the recommendations for CHIP measure(s) for elders.
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Recognition of Improved Performance	Began discussions about possible CHIP measures to be recommended and ad hoc subcommittee led by Michael to set follow-up meeting date.	
Partners Updates	<ul style="list-style-type: none"> • The Florida Department of Health in Miami-Dade County is conducting a <i>Wellbeing Survey</i> and is asking Miami-Dade County residents to participate. It addresses various areas about the quality of life in your neighborhood and takes approximately 15 minutes. The survey link is: www.surveymonkey.com/r/MDCWellbeing. Michael P. encouraged EIC members to share the survey link emailed 6/21/18 to their individual contacts. Copies of <i>Community Resources</i> list made available. • The Florida Department of Health in Miami-Dade County, <i>Health & Wellness Center</i>, located at the F. Wilson and J. Mann Health Center in Liberty City offers free biometric health screenings and individualized healthy lifestyle counseling and education on Mondays and select Saturdays. Call 305-278-0442 for more info. • The 7th Annual Breastfeeding Awareness Walk is taking place on August 4th at Tropical Park. For more information, visit: www.7thannualbfwalk.eventbrite.com • Alina Becker announced <i>The Aging Mastery Program</i> beginning in July which will feature a free series of presentation topics, such as, "Sleep" by David Saltman. Flyer to be shared via email for distribution to EIC members (done 6/29/18). • Teri Arvesu announced: <i>Commissioner Joe A. Martinez 2018 Health & Safety Expo</i> on August 4, 2018, at Miami-Dade County Fair Expo Center-let Teri know if you want to be a vendor. • Graciela Giraldo announced: WellCare has grant information available for housing. • Alicia Suarez announced: Papa app which connects seniors with college students. • Melody Velez announced: <i>Free Back-to-School Health Fair</i> on July 28, 2018 in North Miami-copies of event flyer were provided. Let Melody know if you want to be a vendor. 	

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	<ul style="list-style-type: none"> • Michael Pearson announced: <i>2018 Walk to End Alzheimer's</i> in Miami-Dade at Museum Park on November 3, 2018. Let Michael know if you want to form a team. • Guest, Belkis Shah, showed 4-minute video "Light Up the World" about the <i>Prem Rawat Foundation's</i> (TPRF.org) Peace Education Program. She mentioned that the Prem Rawat will be speaking at the Arsht Center on July 7, 2018. • David Saltman mentioned that he would like EIC to keep discussing and working on "End of Life" issues in the future. 	
Adjournment	Michael P. adjourned the meeting at 4:00 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, July 31, 2018, 2:00-4:00 PM the Stephen P. Clark Government Center located at 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128.	