



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, August 21st, 2018
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (18)	<p>Chair: Leyanee Perez, Nicklaus Children’s Hospital Vice-Chair: Teri Arvesu, Miami-Dade County Melissa Maytin, Florida Department of Health Maria Del Carmen Ortega, Social Security Administration Mayra Garcia, Florida Department of Health Mercedes Blanco, Florida Department of Health Angelica Urbina, Florida Department of Health Maria E. Toruno, Prime Health Priscilla Martin, Prime Health Cristina Brito, United Way Marcia Sapoznik, Sapoznik Coaching Services (SCS) Francis Fernandez, Axis Adult Day Care Alina Garcia, CFO Jimmy Patronis</p> <p>Teleconference Valerie Turner, Florida Department of Health Belissa Rodriguez, Simply Healthcare Plans Robert Hill, American Heart Association Herman Edwards, Jessie Trice Community Health Center Rachelle Theodore, University of Miami/Sylvester Comprehensive Cancer Center</p>	
Welcome and Introductions	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:04 pm. All members were welcomed and introduced themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the July 2018 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Angelica Urbina</p>	
Executive Board Updates	<p>Leyanee Perez (Miami-Dade County) provided the following updates:</p> <ul style="list-style-type: none"> ▪ The Executive Board had a presentation by Karen Weller from the Florida Department of Health about the Consortiums Speaker’s Bureau, <ul style="list-style-type: none"> – The Speaker’s Bureau is platform for members that are interested in sharing their 	



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	<p>expertise or presenting on a topic on behalf of the Consortium. A registration form is available online through the Consortium’s website. The registration must go through an approval process to make sure that it will not be a sales pitch for a specific organization, but that it will be educational to the community on different resources or services of interest.</p> <ul style="list-style-type: none"> ▪ The Consortium Annual Event will be happening on Friday, September 14th at the Rusty Pelican. This is the first time that Consortium members are planning the event. The registration has been sent several times and space is limited. It is \$45.00 to register. Sponsorship packages are still available, please contact Leyanee Perez at: lp7777@msn.com if you are interested. ▪ The committee also reviewed the sustainability plan and the membership toolkit. 	
Presentation	<ul style="list-style-type: none"> ▪ Marcia Sapoznik from Sapoznik Coaching Services presented on “Improving Self-Worth and Confidence.” 	
Previous Action Items	<ul style="list-style-type: none"> ▪ The committee identified an initiative where HPDP can engage in to address chronic disease rates in Miami-Dade County. <ul style="list-style-type: none"> – The committee continued their previous discussion regarding their upcoming “Resource Fair” at Stephen P. Clark Government Center on Wednesday, October 17th, 2018. – Most vendors have confirmed, but some have yet to send their logo for the flyer. Melissa Maytin (Liaison) will contact these vendors for their logo and finalize the flyer. – The committee will still meet for their regular meeting on Tuesday, October 16th since a presentation from the Epilepsy Florida has already been confirmed. 	
Work Plan Discussion	<ul style="list-style-type: none"> ▪ The committee discussed the indicator of educating key policy makers within the community on the benefits of adopting healthy eating, access to physical activity, and clinical linkages. <ul style="list-style-type: none"> – Members are to report these meetings or events to Melissa Maytin (liaison) at Melissa.Maytin@flhealth.gov ▪ The committee identified community activities that can leverage HPDP efforts. 	

	<ul style="list-style-type: none"> - On Saturday, August 25th there will be a wellness fair hosted by three commissioners in Little Haiti. - On Saturday August 25th there will be a health fair at Amelia Earhart Park from 9-12pm presented by Representative Brian Avila, Representative Manny Diaz Jr. Senator Rene Garcia, and Commissioner Esteban Bovo. - On September 19th there is a fair in Coconut Grove. - The committee discussed how the Consortium could be represented at these events so that it is reportable. Members were interested in Consortium business cards or flyers which they could use to promote the committee. 	
<p>Workgroup Updates</p>	<p><u>Journey to Wellness Rx Green Prescription</u> Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> ▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. ▪ The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center continues to provide free biometric screenings to the community. The Health & Wellness is open every Monday from 9:00am-3:00pm and the first and third Saturday of the month from 8:30am-2:00pm. 	
<p>Partner Updates and Upcoming Events</p>	<ul style="list-style-type: none"> ▪ The Florida Department of Health in Miami-Dade County is conducting a Wellbeing Survey and is asking Miami-Dade County residents to participate. The survey addresses various areas about the quality of life in your neighborhood and takes approximately 15 minutes. The survey can be accessed at: www.surveymonkey.com/r/MDCWellbeing ▪ The Florida Department of Health is having its “2018 Community Partner Fair” on Friday, October 19th. Approximately 1,500 employees are expected. If your organization is interested in participating, please contact: DOHMiamiDadeOutreach@flhealth.gov ▪ Last Saturday, Leyanee Perez (chair) participated at a Back to School event in Little Havana and had a great turn out. The committee discussed that this is an area in need and that it could benefit from health fairs and services. 	



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Adjournment	<p>September’s meeting is canceled in lieu of the Consortium Annual Event. The next meeting will be held on Tuesday, October, 16th, 2018 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at 4:00 PM</p>	