



Families First offers **FREE** parenting groups for parents of children ages birth through 6 years. This opportunity, funded by **The Children's Trust**, will enable parents and caregivers to learn from University of Miami parenting specialists at **NO COST!**

Baby & Me (bring your babies)

For Parents of babies **birth to 6 months**

Classes meet once a week for 10 Weeks

Discuss & learn ways to:

- Understand your baby's language
- Help your baby grow & develop

Take home **FREE** baby items

Create a **FREE** scrapbook for your baby

Meet other parents at a library near you!



Kendall Branch Library 9101 SW 97 Avenue, 33176 Fridays 10–12 noon	West Kendall Regional 10201 Hammocks Blvd. 33196 Thursdays 10–12 noon
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The Incredible Years

For Parents of children **1-3 years**

Classes meet once a week for 14 Weeks

Discuss & learn ways to:

- Build a positive relationship with your child
- Promote your child's social-emotional development
- Use positive discipline to set limits effectively
- Manage separations and reunions

Receive free **ITEMS** related to course material!

Bethune Head Start 2900 NW 43 Terrace, 33142
Wednesdays 9:00am-11:00am

The Incredible Years

For Parents of children **3-6 years**

Classes meet once a week for 14 Weeks

Discuss & learn ways to:

- Support your child's social-emotional development
- Strengthen school readiness skills
- Use positive discipline to set limits effectively
- Use praise to encourage cooperative behavior

Receive free **ITEMS** related to course material!

Centro Mater West (Spanish) 8298 NW 103rd Street, 33016 Wednesdays 9:30am-11:30am	KIDCO II (Spanish) 2720 W 1st Ave, 33010 Thursdays 10–12 noon
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Concordia Lutheran
8701 SW 124th Street, 33176
Monday 9:00am-11:00am

Registration is required

Please call (305) 243-8425 or e-mail us at FamiliesFirst@miami.edu

Find us on FB at [@umfamiliesfirst](https://www.facebook.com/umfamiliesfirst)