THE COMMUNITY HEALTH IMPROVEMENT PLAN SUMMIT

On December 9, 2016, the Florida Department of Health in Miami-Dade County hosted the Community Health Improvement Plan (CHIP) Summit to address strategic public health priorities and develop an action plan to improve community health and quality of life in Miami-Dade County. The Community Health Improvement Plan (CHIP) is Miami-Dade County’s five year collaborative plan that examines the activities of our public health network and how they contribute to community health improvement. The 2013-2018 CHIP focuses on our community’s five strategic health priorities: Access to Care, Chronic Disease Prevention, Community Redevelopment, Health Finance and Infrastructure, and Health Protection. The Summit provided high-level, dynamic breakout sessions that addressed strategic public health priorities such as increasing access to resources to promote healthy behaviors, reducing tobacco use, preventing and controlling infectious diseases, improving access to primary care services, eliminating health disparities, and promoting an efficient and effective public health system that maximizes partnerships and uses information technology to improve health care outcomes. Mr. Javier Hernandez-Lichtl, Chief Executive Officer of West Kendall Baptist Hospital, gave the keynote presentation focused on creating and sustaining a culture of excellence. CHIP Summit attendees represented many sectors and disciplines such as education, technology, public health, business, healthcare, community development and urban planning. Visit healthymiamidade.org to access the CHIP Annual Report, summit presentations, and view photos from the event.

A message from the Worksite Wellness Committee

On behalf of the Worksite Wellness Committee, we would like to thank everyone who participated at the Stress Management forum on Thursday, December 15, 2016. Guest speakers Rosina Altamiranda and Isabel Alfonsin-Vittoria educated on how stress affects the body, mind and general outlook. A variety of stress coping techniques were introduced, along with several stretching exercises that were led by Nathan Burandt, FIU Employee Wellness Coordinator. Guests who participated were able to take useful handout tools back with them to their organization. Our next Worksite Wellness Committee Meeting will be on Thursday, February 2, 2017. We hope to see everyone back after the holiday break!

Please visit the Consortium for a Healthier Miami-Dade to view the newly redesigned website! www.healthymiamidade.org
NEW YEAR NEW YOU  
Location: Baptist Primary Care Center at Galloway, 7400 SW 87 Avenue Miami, FL 33173  
Time: 6:00 PM - 7:00 PM

SLAM FOR HEALTH FAIR  
Location: 604 NW 12th Ave.  
Miami, FL 33136  
Time: 9:00 AM - 1:00 PM

FAD OR FACT  
Location: Baptist Primary Care Center at Galloway, 7400 SW 87 Avenue Miami, FL 33173  
Time: 6:00 PM - 7:00 PM

ABC'S OF HEALTH, WELLNESS AND PLANNING  
Location: 5855 Killian Drive  
Pinecrest, FL 33156  
Time: 9:30 AM - 1:30 PM

COMMUNITY HEALTH FESTIVAL  
Location: 227 Ave.  
22 St. Miami Beach, FL 33139  
Time: 1:00 PM - 5:00 PM

MiamMarathon  
Location: 6601 Biscayne Blvd.  
Miami, FL 33132  
Time: 5:00 AM - 11:00 AM