

August 2017



# CONSORTIUM CONNECTION

"Healthy Environment, Healthy Lifestyles, Healthy Community"

## Safari Ltd® receives GOLD for being a Tobacco-Free Worksite!

MIAMI DADE – Congratulations to Safari Ltd®, a toy making company located in Miami Lakes, Florida! They are the first organization in Miami-Dade County to receive the Gold Level Florida Tobacco Cessation Alliance (FTCA) Worksite Wellness Award for providing Comprehensive Tobacco Cessation Benefits to their employees. On July 7, Tobacco Prevention Specialist, Islamiyat Nancy Adebisi, and Senior Health Educator, Nikki Chuck, attended the FTCA Award ceremony. Andrew Cuddihy, Director of Health Promotions at American Lung Association, presented the award to Safari Ltd's Owner and CEO, Alexandre Pariente, and President, Christina Pariente, on behalf of the FTCA. Safari Ltd's dedication to excellence and promoting a healthy tobacco-free lifestyle among their workforce is a great example of their commitment and devotion to their employees! Special thanks to Renee Hicks, Director of Human Resources at Safari Ltd®, and Tobacco Free Florida grantees for collaborating with the FTCA and promoting the Worksite Wellness Award.




The Marketing and Membership Committee has been relentlessly working to increase the awareness of the Consortium in the community, as well as increasing the Consortium membership. One of the major accomplishments is the total reconstruction of the Consortium web site. In addition, we have redesigned and standardized the Speaker's Bureau presentation and soon will be relaunching this program. We are committed to being the voice of the Consortium and collaborate with all committees to achieve the Consortium's ultimate goal, which is to MAKE HEALTHY HAPPEN in Miami.

## Choosing the right repellent

Use Environmental Protection Agency (EPA)-registered insect repellents with one of the active ingredients listed on the chart.

When used as directed, EPA registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

For more information [click here!](#)

Active ingredient	 <p>Find the insect repellent that's right for you by using EPA's search tool*.</p>
DEET	
Picaridin (known as KBR 3023 and icaridin outside the US)	
IR3535	
Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)	
2-undecanone	

Higher percentages of active ingredient provide longer protection

Source: <https://www.epa.gov/insect-repellents> | <https://www.cdc.gov/zika/prevention/prevent-mosquito-bites.html>

## CDC: Antibiotic Resistance, Food, and Food-Producing Animals

More than 400,000 Americans get sick every year from infections caused by antibiotic-resistant foodborne bacteria, according to CDC estimates. Antibiotic resistance is the ability of bacteria to resist the effects of an antibiotic. This means that bacteria are not killed by the antibiotic and can continue to grow. About one in five resistant infections are caused by germs, such as Salmonella and Campylobacter, from food and animals. People can get resistant infections by handling or eating raw or undercooked meat or produce contaminated with resistant bacteria. They can also get sick from contact with animal poop, either through contact with animals and animal environments, or through contaminated drinking or swimming water.

To learn more please [click here](#) to access the CDC article.



Source: Centers for Disease Control and Prevention  
- <https://www.cdc.gov/features/antibiotic-resistance-food/index.html>

### Featured Programs

Click on the images below to learn more about the featured programs.



HealthiestWeight

### Events Calendar

August 2017

- 4 Kelly Tractor Health Fair  
8255 NW 58th Street, Miami, FL 33166 • 10:00 AM - 2:00 PM
- 5 6th Annual Breastfeeding Awareness Walk  
401 E 65th Street Hialeah, FL 33013 • 9:00 AM – 2:00 PM
- 12 Commissioner Audrey Edmonson-District 3 Annual Back to School Fun Day/Health Fair  
Olinda Park  
2101 NW 51 Street, Miami, FL 33142 • 10:00 AM - 2:00 PM
- 19 Haitian American Community Resource Fair  
150 NW 79th Street, Miami, FL 33150 • 10:00 AM – 2:00 PM
- 24 Local Public Health System Assessment Day 1  
United Way Center for Excellence Building  
3250 SW 3rd Avenue Miami, FL 33129 • 8:00 AM – 4:00 PM
- 25 Local Public Health System Assessment Day 2  
United Way Center for Excellence Building  
3250 SW 3rd Avenue Miami, FL 33129 • 8:00 AM - 1:00 PM

Join the Consortium For  
A Healthier Miami-Dade

Healthy Environment, Healthy Lifestyles, Healthy Community

The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:

- Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.

Membership is free and open to all individuals who support the vision, mission and goals of the Consortium. To become a member and learn more visit our website [www.healthymiamidade.org](http://www.healthymiamidade.org)

CONSORTIUM  
FOR A  
HEALTHIER  
MIAMI-DADE



Sponsored by the Florida Department of Health in Miami-Dade County