



HEALTH PROMOTION AND DISEASE PREVENTION

Tuesday, March 15, 2016



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Leyanee Perez (LP)- American Healthy Weight Alliance (AHWA) 2. Cristina Brito (CB)- United Way 3. Melissa Maytin (MM)-Florida Department of Health in Miami-Dade County (FDOH-MD) 4. Orlando Rivero (OR)- Scribe Solutions 5. Andrea Sparano (AS)- Health Council of South Florida 6. Natouchka Murray (NM)- (FDOH) 7. Lawren Boykin (LB)- The Miami Times 8. Angelica Urbina (AU)- FDOH-MD 9. Maria Bourabishuili (MB)-University of Miami 10. Thao Tran (Dr. Tran)- Consultant <p><u>Via conference call:</u></p> <ol style="list-style-type: none"> 11. Melvin Taylor (MT)- American Heart Association 12. Monica Dawkins (MD)-University of Florida 13. Karina Villalba (KV)-AHWA 14. Katiana Diaz (JD)-YWCA 	
Welcome and Introductions	<ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order at 2:00pm by LP. <ul style="list-style-type: none"> ○ All members introduced themselves. 	
Review and Approval of Minutes	<ul style="list-style-type: none"> • The minutes from the February’s Health Promotion and Disease Prevention Committee meeting were reviewed. <ul style="list-style-type: none"> ○ A motion to approve the minutes was initiated by OR and seconded by AU. 	
Executive Board Updates	<ul style="list-style-type: none"> • LP - provided February’s Executive Board meeting updates: <ul style="list-style-type: none"> ○ The Florida Department of Health in Miami-Dade County recognized Sergio’s Restaurant for their outstanding support and leadership in the Healthy Happens Here restaurant initiative. ○ The Annual Consortium Event is scheduled to take place on Friday, April 15, 2016. This year each 	

	<p>committees will have an opportunity to discuss each of their initiatives though table session segments.</p>	
<p>Workgroup / PICH Updates</p>	<ul style="list-style-type: none"> • LP- provided the restaurant initiative: <ul style="list-style-type: none"> ○ Pinecrest Bakery- has 9 locations that are enrolled, they are still in the process phases. ○ Los Ranchos Steak House- has 4 locations are enrolled. Their recipes have been created and delivered. ○ Siam Rice Thai & Sushi are in the process and have been enrolled. With the assistance of LP and her staff, healthier versions of sushi rolls and rice bowls are being created. ○ Asador 5 Jotas- are in the process and have been enrolled. With the assistance of LP and her staff, healthier versions of tapas, garbanzo soup, and a meal are being created. ○ Jamonikos - is a fast food Spanish food restaurant that has enrolled and with the assistance of LP and her staff, healthier versions of sandwiches are being created. ○ T&W Subs & BBQ – have been enrolled. ○ Total of 38 restaurants enrolled but many of them are not fully implemented and are in the various process stages. ○ English and Spanish evaluation cards have been completed, the Haitian Creole language cards are still being reviewed. ○ Green Apple Juice Lounge and Jam Rock Cuisine’s Healthy Happens Here menus were passed around for committee members to view. • KV- provided the NEMS Reviewer Report: <ul style="list-style-type: none"> ○ 22 restaurants were assessed. ○ Evaluations will be based on four factors: <ul style="list-style-type: none"> ➢ The number of meals ordered at participating restaurants. 	<ul style="list-style-type: none"> • Evaluation cards will be given to KD for review.

	<ul style="list-style-type: none"> ➤ The number of healthy meals ordered at participating restaurants. ➤ The NEMS assessment at baseline at 6 and 12 months. ➤ Evaluations of the healthy meals by consumers through the evaluation cards. ○ 11 restaurants are fully implemented. ○ 30% of healthy promotions were displayed in menus out of the 22 restaurants that were assessed. ○ 30% of the restaurants also show unhealthy menu options. ○ 50% of the restaurants offer fat free milk as an option. ○ 80% of the restaurants only offer white bread and 30% offer whole wheat bread as an additional option. ○ 75% offered non-fried vegetables ○ 40% offer healthy entrees and salads, however menu items that were assessed did not match the current guidelines of the healthy Happens Here program. ○ Barriers included 19% of the restaurants encouraged healthy eating. 60% of the restaurants offered reduced portions but the price was not changed. ● Dr. Tran- provided the Healthy Hub updates on behalf of GP: <ul style="list-style-type: none"> ○ 270 clients visited in the month of February. Out of the 270 clients 15% were returning clients coming back for their 3 month follow up appointments. Average age was 51 years old, gender was 60% female, 40% male, 89% of the clients are insured, 86% have primary care and have visited their doctor within the past 12 months, 11% referrals were given out for primary care to follow up, 79% have high cholesterol, 25% have high blood pressure, 12 have high blood sugar, and 40% received the Green Rx. ● NM- provided Health & Wellness Center in Liberty City updates: <ul style="list-style-type: none"> ○ 31 clients were seen, 31 Journey to Wellness RX were 	
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	<p>given out, and 4 referral were given out. The wellness center will now be open Monday through Thursday in hopes of screening more clients.</p> <ul style="list-style-type: none"> • Dr. Tran- provided the Green Rx updates: <ul style="list-style-type: none"> ○ The Green Rx is being modified so that there is more uniformity with DOH and West Kendall's Green Rx's. 	
<p>Partner Updates and Upcoming Events</p>	<ul style="list-style-type: none"> • LP- Annual Consortium Event scheduled to take place on Friday, April 15, 2016. 	
<p>Closing/Adjourn</p>	<ul style="list-style-type: none"> • The meeting was adjourned 4:00p.m. Next meeting will be Tuesday, April 19, 2016 	