



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, June 21, 2016
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (13)	<p><u>Chair:</u> Leyanee Perez, American Healthy Weight Alliance Cristina Brito, United Way Natouchka Murray, Florida Department of Health in Miami–Dade County Lisseth Guerra, Florida Department of Health in Miami-Dade County Andrea Sparano, Health Council of South Florida Yasmin Dias Guichot, Health Foundation of South Florida Lucette Talmas, Baptist Health South Florida Rodrigo Lozano, Borinquen Health Centers</p> <p><u>Teleconference:</u> Angelica Urbina, Florida Department of Health in Miami-Dade County Karina Villalba, American Healthy Weight Alliance Monica Dawkins, University of Florida Expanded Food and Nutrition Education Program Krystal Gopaul, University of Florida Family Nutrition Program Ashely Moncrieft, University of Miami</p>	
Welcome and Introductions	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00pm. All members were welcomed and introduced themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the May 2016 Health Promotion and Disease Prevention minutes by Yasmin Dias Guichot; the motion was seconded by Andrea Sparano.</p>	



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<p>Executive Board Updates</p>	<p>Leyanee Perez mentioned that the Executive board members reviewed all the contracts and providers under the PICH Grant. Additionally, the CDC site visit will take place on Thursday, June 23, in which they will be performing an onsite visit of the restaurant initiative. Leyanee will be taking the CDC to the second visit of “Macondo Coffee Roasters”, to a sensory evaluation at “La Fresa Francesa”, and to Sergio’s restaurant.</p> <ul style="list-style-type: none"> ▪ Restaurant Initiative Process <ul style="list-style-type: none"> - First Visit – Meet with restaurant owner and select a healthy menu, where they can either send the recipe or one is made for them - Second Visit - Review what the owner provided and what must be changed, education takes place. <p>It was mentioned that the CDC will also be meeting with the Health Council of South Florida.</p>	
<p>Workgroup/ PICH Updates</p>	<p><u>Healthy Happens Here Restaurant:</u> Update provided by Leyanee Perez.</p> <ul style="list-style-type: none"> ▪ By August, the goal was to have 75 restaurants, and to date there are 72 restaurants enrolled. <ul style="list-style-type: none"> - Implemented Restaurants: Pizza D’ Light, Sergio’s, Green Apple Juice Lounge, Jam Rock Cuisine, Cuban Guys (4 locations), Sabores Chilenos, Fresh Juice King, Siam Rice, Asador 5 Jotas, China Express - Not fully implemented: Pinecrest Bakery - Ready to be implemented (waiting on menu printing): Mi Pueblo and El Rinconcito Latino - Sensory Evaluation coming up for La Fresa Francesa - Since last meeting, May 17, the following have been enrolled: Divino Ceviche (2 locations), Macondo Coffee Roasters, Prontissimo, Soriano’ Brothers, La Parrilla Latina, Dr. Limon, Embarcadero 41, Chicken Experts, Lario’s on the Beach, El Floridita Fish Restaurant - Initiated contact with La Carreta and Versailles 	

Leyanee brought to attention that there needs to be a consistent update of restaurants on the consortium website

Andrea Sparano (Health Council of South Florida) suggested a potential comparison between non-participating restaurants vs. participating restaurants.

Green Apple Juice Lounge – Possibly submitting a Success Story pertaining to their Healthy Menu demand.

NEMS Report:

Karina Villalba (American Healthy Weight Alliance) provided an update.

- Between May and early June – 13 new restaurants were enrolled
- NEMS Survey: a total of 40 restaurants have completed it
 - Healthy vs. Unhealthy display options: 23% encouraged healthy eating, 17% encouraged low carb promotion, 20% unhealthy eating
 - Chips (regular vs. baked): 60% only chips, 22% offered both options
 - Bread (white vs. 100% wheat bread): 83% only white, 43% both
 - 60% of restaurants provided 100% fruit juice
 - 83% of restaurants offered non-fried vegetables
 - 50% offered at least one healthy entrée, 50% offered at least one healthy salad (not based on the current guidelines, based on the observation of the dietitians)
 - Facilitators: reduced portion size were offered the most
 - Barriers: No restaurants offered an all you can eat, portion size options were offered at 18% of restaurants, based on the current analysis price was not a major barrier
 - 63% of restaurants offered a kids menu, 23% of restaurants offered a healthy option for the kids menu

The 6 month evaluations are going to be taking place for all enrolled restaurants.



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	<p><u>Health and Wellness Center (Liberty City Clinic):</u> Natouchka Murray (Florida Department of Health) provided the following update on the Health and Wellness Clinic at Liberty City:</p> <ul style="list-style-type: none"> - In the month of May, 31 people were seen, 3 referrals were given due to high blood pressure, and 9 committed to follow-up in three months - Currently, in the process of creating ways to target underserved populations that are in need of these free services (screenings) 	
Presentation	Natouchka Murray (Florida Department of Health) provided committee members with a short video: “The Culture of Health”.	
Committee Partner Updates and Upcoming Events	<p>Committee members provided individual updates:</p> <ul style="list-style-type: none"> - South Miami Hospital Annual Health Fair (will be taking place in October) - Family Field Day – June 25th, 2016 - Business Round Table for Kid Care – July 8th, 2016 - RFT currently open until July 1st - Golden Wishes Application (deadline June 24th, 2016) 	
Adjournment	The next meeting will be held on Tuesday, July 19, 2016 at Beacon Center, 8323 NW 12st, Suite 212 Conference Room Miami, FL 33126 . The meeting was adjourned at 4:00 PM.	